

DESIGN INTENT PACKAGE | V9.1

Last Updated: March 30, 2024

Important Note: Photo images throughout this DIP should only be used for reference. The images are not up to date and do not show the finalized plans, layout or design as outlined in the elevations of this guide.

ADDENDUM FROM V8

- Pg 6&7 Updated Responsibility Matrix
- Pg 8 Changed Custom Wallpaper Vendor
- Pg 18 Updated LT/AV Specs/Requirements
- Pg 19 NEW PAGE, Added in IT/AV placement
- Pg 23 Clarify cove detail is just for showers in treatment rooms
- Pg 24 NEW PAGE, Added in additional waterproofing detail for wet rooms
- Pg 26 Updated spec for LT-2 & LT-7 and called out X1 & X2 color should match ceiling and walls
- Pg 29 Added in blue grout for CT-1B bathroom wall tile and corrected PT 4 paint spec. Changed spec of wallpaper, removed upgrade blue limewash paint option for Cryo room
- Pg 30 Added upgraded lobby tile & grout as an option (12x24 Star Vulcan tile)
- Pg 33 Door schedule update
- Pg 34&35 Updated shower & bathroom hardware
- Pg 36 Updated spec for washer (riser)
- Pg 37 NEW PAGE, added in drain trough installation if needed
- Pg 64,68,83,84 Renderings show incorrect hook quantity and placement. Added clear direction in a note
- Pg 66 NEW PAGE, sprinkler detail for sauna if needed
- Pg 75 NEW PAGE, instructions for installing Pause Glass Plaque in Sauna
- Pg 79 NEW PAGE, instructions for installing iPad wall mount near cold plunge
- Pg 83&84- Rendering is incorrect. Called out that all walls should be PT-1
- Pg 95 Indicated bathroom vanity wall sconces need to be installed 3" from the edge of the mirror
- Pg 98&99 Updated reception desk
- Pg 101 Changed the length of the retail shelf behind lobby to 48" and squared off edge
- Pg 105 Added note to remove the bottom shelving from the Nurse Room Millwork Display
- Pg 113 Updated interior signage package to include "OFFICE" as an available option and corrected service room signage for LED room to be LIGHT THERAPY



ADDENDUM FROM V9

- Pg 6/7/NEW PAGE 8 Updated Responsibility Matrix
- PG 12 Updated general layout requirements
- Pg 13 Updated floor plan to show new nurse room requirements
- Pg 15 Updated floor plan to show new nurse room requirements
- Pg 17 Updated utility plan
- Pg 18 Updated utility requirements
- Pg 24 Updated elevations with notes
- Pg 26 Added Shower Drain Detail
- Pg 27 updated lighting in Nurse room LT3
- Pg 28 Updated spec LT-3
- Pg 30 Updated interior finish in bathroom and removed tile upgrade option
- Pg 32 Added epoxy wall finish to Nurse Room ONLY
- Pg 33 Updated millwork finishes
- Pg 34 Updated door hardware, added new spec and called out which rooms get which handle
- Pg 38 Added purchasing details for washer/dryer, removed nurse room faucet with handle (needs to be touchless)
- Pg 47 Updated Fume Hood spec and ordering details. Added in link to purchase Nurse Room fridge
- Pg 51 Updated Cryo west elevation
- Pg 69 Updated interior elevations for the Sauna/Cold Plunge Room
- Pg 84 Updated paint schedule on LED NORTH wall to WC-1 wallpaper
- Pg 95 Updated paint schedule in bathroom to PT-1
- Pg 101/102 Updated millwork elevations retail
- Pg 103 Updated float shelf wood finish to PL-1
- Pg 104 Updated millwork vanity wood finish to PL-1 and backing to WD-1
- Pg 113/114 NEW PAGES Added required Cryotherapy In Room Signage
- Pg 115 NEW PAGE Added optional additional in studio signage



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DESIGN PROCESS

INTRODUCTION

WELCOME TO PAUSE. WE ARE INCREDIBLY PLEASED THAT YOU HAVE ELECTED TO BE A PART OF A UNIQUE EXPERIENCE AND WISH TO INTERACT WITH A CUSTOMER BASE INTERESTED IN IMPROVING THEIR LIVES THROUGH EXERCISE.

THE PAUSE FACILITY PLAYS A CRUCIAL ROLE IN THE SUCCESS OF PAUSE. WITH THAT IN MIND, IT IS IMPORTANT THAT OUR FRANCHISEES ADHERE TO EVERY ASPECT OF THIS MANUAL. THE INFORMATION PROVIDED HEREIN ALONG WITH THE DESIGN INTENT PACKAGE (DIP), IT SPECIFICATIONS, SIGNAGE PACKAGE AND FFE PACKAGE ARE IMPORTANT TOOLS NECESSARY TO ENSURE THE BRAND REMAINS STRONG AND CONSISTENT THROUGHOUT ALL OUR COMMUNITIES. THE BRANDED ENVIRONMENT ESTABLISHES THE QUALITY OF PAUSE DESIGN; IT PAVES THE WAY FOR A CONSTRUCTIVE AND COLLABORATIVE RELATIONSHIP WITH THE MEMBER, AND IT SETS THE STAGE FOR SALES SUCCESS AND FOR CREATING MEASURABLE MARKET SHARE.

CREATING A NEW OR REMODELED FACILITY FOR THE PAUSE BRAND REQUIRES COOPERATION, COORDINATION, AND COMMITMENT. FRANCHISEES ARE REQUIRED TO FOLLOW ALL PAUSE GUIDELINES AND CANNOT DEVIATE FROM THIS DESIGN INTENT PACKAGE. PLEASE CAREFULLY REVIEW THE ENCLOSED CRITERIA AND FEEL FREE TO CONTACT US IF YOU HAVE ANY QUESTIONS OR NEED ANY FURTHER ASSISTANCE.

FRANCHISEES ARE REQUIRED TO SHARE THIS DESIGN INTENT PACKAGE WITH YOUR DESIGN AND CONSTRUCTION PROFESSIONALS (I.E., ARCHITECT AND GENERAL CONTRACTOR). DOING SO IS THE ONLY WAY FOR YOUR HIRED PROFESSIONALS TO HAVE ALL THE INFORMATION THEY NEED TO DO THEIR JOBS COMPLETELY AND CORRECTLY. THE PAUSE DESIGN AND CONSTRUCTION DEPARTMENT WILL ALSO BE INVOLVED IN YOUR DEVELOPMENT, GUIDING YOU THROUGH THE PROCESS AND REVIEWING AND APPROVING YOUR DOCUMENTS. THE FOLLOWING APPROVALS ARE NEEDED FROM THE PAUSE DESIGN AND CONSTRUCTION DEPARTMENT BEFORE MOVING ON TO THE NEXT DEVELOPMENT PROCESS: SITE PLAN APPROVAL, FLOOR PLAN APPROVAL, CONSTRUCTION DOCUMENT APPROVAL, INTERIOR SIGNAGE APPROVAL. THIS FRANCHISEE-FRIENDLY ENVIRONMENT WILL HELP TO MINIMIZE CONSTRUCTION SCHEDULES, COST OVERRUNS AND COMMUNICATION CONFLICTS. PLEASE FORWARD ALL QUESTIONS TO THE DESIGN & CONSTRUCTION MANAGEMENT TEAM:

PLEASE FORWARD ALL QUESTIONS TO THE DESIGN & CONSTRUCTION MANAGEMENT TEAM.

THANK YOU FOR ELECTING TO BE A PAUSE FRANCHISEE. WE ARE READY TO BEGIN THE PROCESS NECESSARY TO HELP YOU ESTABLISH A FACILITY THAT EMBODIES THE BRAND AND SPIRIT OF THE PAUSE EXPERIENCE. WE LOOK FORWARD TO WORKING WITH YOU.

SINCERELY,

YOUR PAUSE DESIGN AND CONSTRUCTION MANAGEMENT TEAM



CREATING YOUR STUDIOS FLOOR PLAN

AS A FRANCHISEE WITHIN THE PAUSE FAMILY, IT IS CRITICAL TO FOLLOW THE STEPS BELOW TO ENSURE YOUR STUDIO'S SUCCESS.



STEP 1: THE ARCHITECT PROPOSAL

ONCE A DESIRABLE LOCATION HAS BEEN IDENTIFIED...

- WITHIN 24 HOURS OF AN EXECUTED LOI, BUILD'M TO NOTIFY THE ARCHITECT
- ARCHITECT TO SEND A PROPOSAL TO THE FRANCHISEE
- FRANCHISEE TO SIGN THE PROPOSAL AND SEND IN THE DEPOSIT REQUIRED



STEP 2: SITE ASSESSMENT

WHEN YOUR ARCHITECT IS ON BOARD...

- ALLOW 4 WEEKS FOR THE SITE ASSESSMENT TO BE COMPLETE
- THE SITE ASSESSMENTS ARE ORDERED AS SOON AS THE ARCHITECTURAL PROPOSAL IS SIGNED AND THE DEPOSIT PAID
- THE SITE ASSESSMENT IS NECESSARY TO VERIFY THAT NO MAJOR ISSUES MIGHT AFFECT THE DESIGN
- TO HELP SPEED UP THE PROCESS, THE ARCHITECT MAY BEGIN WORKING ON THE TEST FIT PRIOR TO THE SITE ASSESSMENT <u>IF</u> THE LANDLORD HAS PROVIDED AN ACCURATE FLOORPLAN OF THE LOCATION, HOWEVER...
- THE FINAL TEST FIT APPROVAL SHOULD ALWAYS WAIT UNTIL THE SITE ASSESSMENT IS COMPLETE.



STEP 3: THE TEST FIT

- ALLOW 3 WEEKS FOR THE TEST FIT TO BE COMPLETE
- BUILD'M DESIGN MANAGER REVIEWS THE TEST FIT THAT THE ARCHITECT HAS COMPLETED.
- BUILD'M DESIGN MANAGER WILL SEND THE TEST FIT TO THE BRAND FOR APPROVAL
- IF THE BRAND DOES NOT APPROVE:
- BUILD'M DESIGN MANAGER WILL WORK ON REVISING THE PLANS WITH THE CHANGES THE BRAND HAS SPECIFIED.
- ONCE THOSE CHANGES ARE MADE THE PLANS GO BACK TO THE ARCHITECT TO DRAW UP A REVISED TEST FIT
- ONCE THE DRAWINGS ARE REVISED BUILD'M DESIGN MANAGER WILL REVIEW THEM AGAIN AND SEND THEM TO CORPORATE FOR APPROVAL
- ONCE WE HAVE THE BRANDS APPROVAL THE TEST FIT IS SENT TO THE FRANCHISEE FOR FINAL APPROVAL

TEST FIT PROCESS - PLEASE NOTE THAT A LEASE CAN NOT BE SIGNED BEFORE A TEST FIT IS COMPLETED.

TIME FROM PROPOSAL TO TEST FIT COMPLETION WILL TAKE APPROXIMATELY 8 WEEKS TO COMPLETE

ONCE THE TEST FIT IS APPROVED AND THE FINAL LEASE IS SIGNED, YOUR ARCHITECT MAY BEGIN CONSTRUCTION DOCUMENTS FOR THE SPECIFIC LOCATION



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2. Hollow Metal Frames • •						
	. Interior Doors			•	•	
3. Door Hardware	2. Hollow Metal Frames			•	•	
	3. Door Hardware			•	•	
4. Entrances and Storefront (If required)	4. Entrances and Storefront (If required)			•	•	



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	Supplied By:				
1	FRCHS G.C.		C.		
	Fumish Install Fumish Install		=		
San tall	E	nstall	E	ısta	Remarks
Description FINISHES (DIVISION 9)	ᄑᆝᆮᆙ			=	Remarks
1. Non-Structural Metal Framing		_	•	•	
2. Gypsum Board			٠	•	
3. Concrete Floor Polishing & Sealing	\vdash		•	•	
4. Epoxy Flooring			•	•	
5. Wall Tile			•		G.C. MUST ORDER THROUGH OWNER'S VENDOR
6. Wall Base	_		•	•	
7. Paint			•	•	
8. Custom Wallpaper			•		G.C. MUST ORDER THROUGH OWNER'S VENDOR
9. Custom IV Curtain & Track	_		•		G.C. MUST ORDER THROUGH OWNER'S VENDOR
10. FRP			•	•	
SPECIALTIES (DIVISION 10)					
1. Grab Bars	\vdash	\vdash	•	•	
2. Hand Towel & Waste Dispensers in Restrooms			•	•	
3. Toilet Paper Dispensers	\vdash	\vdash	٠	•	
4. Seat Cover Dispenser			•	•	
5. Soap Dispenser			•	•	
6. Restroom & Therapy Room Mirrors	•			•	
7. Restroom Coat Hook	•			•	
7. Fire Extinguishers			•	•	
All Specialty Signage Per Code			•	•	
EQUIPMENT (DIVISION 11)					
4 Labbu Chaaliam					
1. Lobby Speakers	•	•			THIRD PARTY VENDOR TO PROVIDE AND INSTALL
1. Loody Speakers	•	•			THIRD PARTY VENDOR TO PROVIDE AND INSTALL
I. Loody Speakers	•	•			
I. Loody Speakers	•	•			CRYO CHAMBER, BRAIN AND CONDENSER TO BE PROVIDED
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Lobby Speakers 2A. Cryo Equipment (Chamber, Brain & Condenser)	•	•		•	CRYO CHAMBER, BRAIN AND CONDENSER TO BE PROVIDED & INSTALLED BY VENDOR; GC TO COORDINATE; G.C. TO PROVIDE & INSTALL CONDENSER SUPPORT FRAME, ELEC. DISCONNECTS AND POWER ROUGH-INS FOR CRYO CHAMBER, BRAIN AND CONDENSER, ELEC. POWER WIRING/CONDUIT BETWEEN CRYO UNIT & CONDENSER AND COORDINATE WITH CRYO AT THE START OF CONSTRUCTION
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	Supplied By: FRCHS G.C.							
	umish	nstall	Fumish	nstall				
Description	ΙĒ	lus	Ē	lns	Remarks			
FURNISHINGS (DIVISION 12)								
1. Signage								
··gg-					SIGNAGE VENDOR WILL INSTALL SIGNAGE. GC TO PROVIDE			
A. Exterior Signage		١.			CONNECTIONS			
<u></u>					SIGNAGE VENDOR WILL INSTALL SIGNAGE, GC TO PROVIDE			
B. Lobby Signage		١.			CONNECTIONS			
					SIGNAGE VENDOR WILL INSTALL SIGNAGE, GC TO PROVIDE			
C. Cryo Room Signage		١.			CONNECTIONS			
D. Therapy Room Signage	•	•						
E. BOH Signage	•	•						
F. ADA Restroom Signage	•			•				
2. Benches	•			•	GC to assemble 1 stool for each Therapy Rooms			
3. Lobby Furniture	•	•	Г	X	To the state of th			
4. IV Area Lounge Chair & Ottoman	•	ě		$\stackrel{\smile}{\times}$				
5. BOH/Employee Table & Chairs	١.	•						
6. Lobby Plants/Pots/Pillows/Rugs/Accessories	•	•						
7. IV Area Pillows/Blankets/Accessories	•	•						
B. Therapy Room stools & hampers	٠.	.						
9. Wall Hooks in Therapy Rooms	+:	Ť		•				
PLUMBING (DIVISION 22)		_		•				
1. Water Closet & Lavatory			•	•				
2. Shower/ADA Shower	+		·	•				
3. Mop sink (W/ Back Flow Preventer)	+	\vdash	÷	•				
4. Water Heater	+		•	•				
5. Washer/Dryer	•		·	×				
6. Hose Bibbs	٠	_		•				
7. Drinking Fountains, if noted on plans	+	\vdash	·	•				
8. Nurse's Room Sink/Faucet	+		÷	÷				
HEATING, VENTILATING, AND AIR CONDITIONING - HVAC (DIVISION 2	3)		•	•				
Thermostats and Remote Sensors)			•				
2. HVAC Equipment	+	\vdash	•	•				
3. HVAC Equipment & Change at Const. Turnover To Franchisee	+	\vdash	÷	÷				
ELECTRICAL (DIVISION 26)	_		•	•				
Light Fixtures (including emergency lighting and exit signs)			•	•				
	+	<u> </u>	_	•				
2. Light Fixture Light Bulbs (Lamps) 3. Lighting Controls	+	\vdash	•	·				
	+	\vdash	_		WHEN APPLICABLE			
3. Electrical Panels	+	\vdash	•		WHEN APPLICABLE WHEN APPLICABLE			
4. Fire Alarm System (If required) COMMUNICATION (DIVISION 27)	_		•	•	WILLIALLEIOABLE			
	_				THIRD DART/ VENDOR TO DROWER AND WATER			
1. Telephone Equipment Installation	•	•	\vdash		THIRD PARTY VENDOR TO PROVIDE AND INSTALL			
2. IT Rack Backer Board	+	\vdash	•	•				
		l			REQUIRED VENDOR. AV WILL BE THIRD PARTY VENDOR			
		l			PROCURE AND INSTALL, GC TO COORDINATE INTIAL DATA			
3. Audio Visual System	•	•	\vdash		DROPS PRIOR TO WALL CLOSE.			
4. Rough-In For Audio Visual & IT Systems	₩	_	•	•				
5. A/V Equipment	•	•	\vdash	H	THIRD PARTY VENDOR TO PROVIDE AND INSTALL			
7. Camera	\vdash	_	\vdash	H	NOT REQUIRED			
8. Security					NOT REQUIRED			



FIXTURES & FINISHES (CONSTRUCTION RESOURCES):

LIGHTING

TBD

PLUMBING

KOHLER
CAROLINE JOHNSON – SR. SALES EXECUTIVE
970.699.8398
caroline.johnson@kohler.com

TILE

DAL TILE
ERIN JOHNSON – A&D REPRESENTATIVE
303.513.3461
erin johnson@daltile.com

CUSTOM WALLPAPER

FEATHR
hello@feathr.com
+44 (0) 203-808-1023
https://www.feathr.com

Jen Scheffler-Johnson
National Account
Manager | Dal-Tile
Corporation
7834 C. F. Hawn
Freeway | Dallas, Texas
75217
Mobile: 952-412-8331
E-Mail:
jen.scheffler@daltile.com
Darren Pechariah
877-556-5728
national.accounts@daltile.com

Purchased and installed by Franchisee

FURNITURE & DECOR

WILLIAM SONOMA INC. & VARIOUS SUPPLIERS Order Furniture & Decor items via Pause HQ Kayleigh Davis – Franchise Operations Manager Kayleigh.davis@pausestudio.com

CUSTOM CURTAIN & TRACK AT IV AREA

EAGLE CONTRACT RESOURCES
LORI MCCLENDON – NATIONAL ACCOUNTS MANAGER
817.427.4854
support@eaglecontract.com

SIGNAGE

TBD

Purchased and installed by Franchisee

NURSE FUME HOOD

USP 797 COMPLIANT FUME HOOD. MODEL #AC632LFCPI. PAUSE HQ HAS PREFERRED PRICING THROUGH VENDOR. EMAIL KAYLEIGH.DAVIS@PAUSESTUDIO.COM TO ORDER



EQUIPMENT (TREATMENT ROOMS):

EQUIPMENT INSTALL AND ACCEPTANCE IS THE GENERAL CONTRACTORS' RESPONSIBILITY. THIS INCLUDES COORDINATING WHAT IS REQUIRED TO RECEIVE THE EQUIPMENT (I.E. FLOATS NEED A FORKLIFT and STORAGE MAINLY FOR THE SAUNAS). **ALL EQUIPMENT HAS APPROX. 16 WEEK LEAD TIME**.

Cold Tubs

SUPERIOR FLOAT

GENERAL INQUIRIES & OPS SUPPORT & TROUBLESHOOTING - 757.500.4875

NEW SALES – JORDAN COTTON SALES@SUPERIORFLOATTANKS.COM

RENU COLD PLUNGE

GENERAL INQUIRIES & WARRANTY

714.617.2007

NEW SALES – STEVE MIDGLEY STEVE@RENUTHERAPY.COM

CLEARLIGHT SAUNA

GENERAL INQUIRIES & WARRANTY 1.800.798.1779 X2

NEW SALES – SHEILA COLLINS 1.800.798.1779 X865

*Please indicate in email order to add 1 Pause Glass Plague per sauna and 1 Sauna parts kit to entire order.

NEOLIGHT

GENERAL INQUIRIES & WARRANTY
HTTPS://NEOSCIENCE.COM/CONTACT-US/

NEW SALES – ROBIN KUEHNE ROBIN@BEEMANGROUP.COM

CRYOBUILT

WARRANTY & SUPPORT 1.800.633.1400

NEW SALES:

PRE-INSTALL@CRYOBUILT.COM

ASHISH@CRYOBUILT.COM

MARCUS@CRYOBUILT.COM

MARCUS WILSON IS THE CEO. PLEASE EMAIL ALL 3

CONTACTS UNDER NEW SALES.

Equipment Ordering will be facilitated by Build'M

Purchased and installed by Franchisee

CONTRACTORS SHOULD NOT CONTACT THE EQUIPMENT VENDORS DURING BIDDING



GENERAL LAYOUT REQUIREMENTS:

ALL STUDIOS MUST INCLUDE:

LOBBY/RETAIL:

- SEATING FOR 4-6 IN WAITING AREA
- FIXED 12'-3" LINEAR FEET OF RETAIL
- CLEAR LINE OF SIGN FROM RECEPTION DESK TO ENTRY DOOR

CORRIDOR:

- MINIMUM CORRIDOR WIDTH IS 4'-6" TO ENSURE EQUIPMENT (PARTICULARLY FLOAT TANK) WILL FIT
- GUESTS WILL OFTEN RECEIVE MORE THAN ONE SERVICE AND TRAVEL FROM ROOM TO ROOM IN A TOWEL/ROBE. TO INCREASE PRIVACY AND MAKE THEM FEEL MORE COMFORTABLE, STRIVE TO BLOCK THE LINE OF SIGHT DOWN THE CORRIDOR FROM THE FRONT LOBBY/MAIN ENTRANCE. IF THIS ISN'T POSSIBLE, A SHEER CURTAIN CAN BE HUNG ON THE CORRIDOR SIDE OF THE LOBBY.

IV LOUNGE & NURSES ROOM:

- 3-4 CHAIRS IN IV AREA, CONNECTED TO LOBBY/RETAIL
- LOCATE ADJACENT TO NURSES ROOM FOR EASE OF ACCESS

1 CRYO THERAPY ROOM:

LOCATE CLOSE TO LOBBY/AS FAR AWAY FROM FLOAT ROOMS AS POSSIBLE. BECAUSE OF THE USE OF THIS ROOM, GUESTS HAVE A
TENDENCY TO SCREAM/SHOUT DURING THEIR SERVICE. AS IT IS IMPERATIVE THAT THE FLOAT ROOMS RETAIN A SENSORY
DERIVATIVE EXPERIENCE,

4 SAUNA & COLD PLUNGE ROOMS:

• CLUSTER ROOMS IN GROUPS OF 2 AND 2 ACROSS THE HALL FROM EACH OTHER, <u>NOT</u> IN ONE LINE DOWN THE CORRIDOR. GROUP SESSIONS ARE COMMON AND IT MAKES MOVEMENT BETWEEN ROOMS EASIER ON STAFF AND GUESTS.

1 LIGHT THERAPY ROOM

2 FLOAT ROOMS:

- WITH ADJACENT CORRIDOR FOR SOUND/PRIVACY AND MECHANICAL ROOM FOR FILTRATION
- FLOAT ROOMS MUST BE AS CLOSE TO SILENT AS POSSIBLE. LOCATE AS FAR AWAY FROM CRYO THERAPY AS POSSIBLE. CANNOT BE ADJACENT TO A CONTRAST SUITE.

RESTROOM

LAUNDRY/STORAGE/EMPLOYEE BREAK ROOM

SEPARATE STORAGE

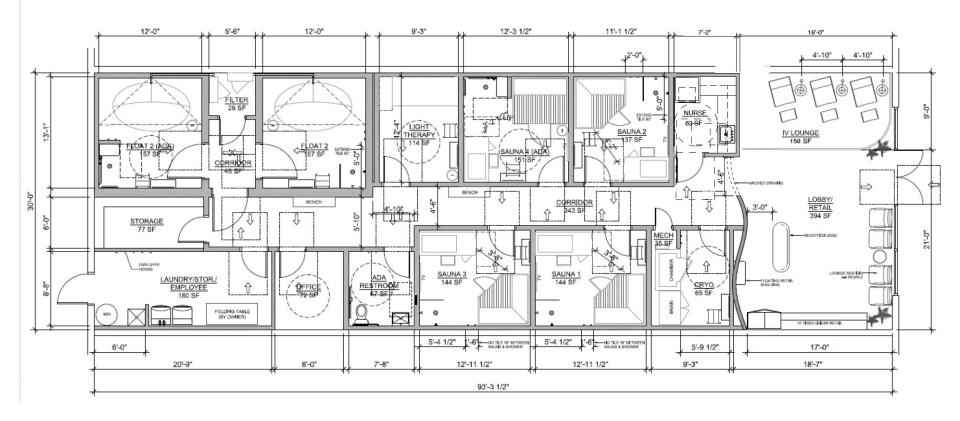
OFFICE (OPTIONAL)

DRYWALL TO BE LEVEL 5 SMOOTH FINISH IN ALL TREATMENT ROOMS. LEVEL 4 FOR CEILINGS.



FLOOR PLAN EXAMPLE

RECTANGLE - 2,800 SF





OCCUPANT LOAD AND PLUMBING REQUIREMENTS (CALIFORNIA)

OCCUPANT LOAD (CBC TABLE 1004.5)

OCCUPANCY: B - BUSINESS PER CBC 304.1

GROSS AREA: 2,800 SQ. FT.

394 SF / 150 = LOBBY/RETAIL: 3 SAUNA ROOMS: 568 SF / 150 = IV LOUNGE: 182 SF / 150 = 2 FLOAT ROOMS: 314 SF / 150 = 3 114 SF / 150 = LIGHT THERAPY: 1 65 SF / 150 = CRYO THERAPY: 1 72 SF / 150 = OFFICE: 279 SF / 300 = STORAGE AREAS: 1 346 SF / 0 = 0 CORRIDOR: 75 SF / 0 = **RESTROOM: TOTAL OCCUPANTS: 16 OCCUPANTS**

EXITS REQUIREMENTS: TOTAL NUMBER OF EXITS REQUIRED = 1

TOTAL NUMBER OF EXITS PROVIDED = 2

PLUMBING FIXTURE LOAD (CPC 422.0)

PLUMBING OCCUPANT LOAD (CPC TABLE 4-1):

2,800 SF = 14

REQUIRED: 1 ACCESSIBLE ALL-GENDER RESTROOM PER CBC 422.2

EXCEPTION 3

PROVIDED: 1 ACCESSIBLE ALL-GENDER RESTROOM

OCCUPANT LOAD AND PLUMBING REQUIREMENTS (IBC)

OCCUPANT LOAD (IBC TABLE 1004.5)

OCCUPANCY: B – BUSINESS PER IBC 304.1

GROSS AREA: 2,800 SQ. FT.

LOBBY/RETAIL: 394 SF / 150 = 3 SAUNA ROOMS: 568 SF / 150 = 4 IV LOUNGE: 182 SF / 150 = 2 FLOAT ROOMS: 314 SF / 150 = 3 114 SF / 150 = LIGHT THERAPY: 1 CRYO THERAPY: 65 SF / 150 = 1 72 SF / 150 = OFFICE: 1 STORAGE AREAS: 279 SF / 300 = 1 346 SF / 0 = 0 CORRIDOR: 75 SF / 0 = 0 **RESTROOM: TOTAL OCCUPANTS: 16 OCCUPANTS**

EXITS REQUIREMENTS: TOTAL NUMBER OF EXITS REQUIRED = 1

TOTAL NUMBER OF EXITS PROVIDED = 2

PLUMBING FIXTURE LOAD REQUIREMENTS:

PER IBC 29 02.2 EXCEPTION 4, SEPARATE FACILITIES SHALL NOT BE REQUIRED IN BUSINESS OCCUPANCIES IN WHICH THE MAXIMUM OCCUPANT LOAD IS 25 OR FEWER. MAXIMUM OCCUPANT LOAD = 16 < 25.

THEREFORE 1 ALL-GENDER RESTROOM IS REQUIRED.

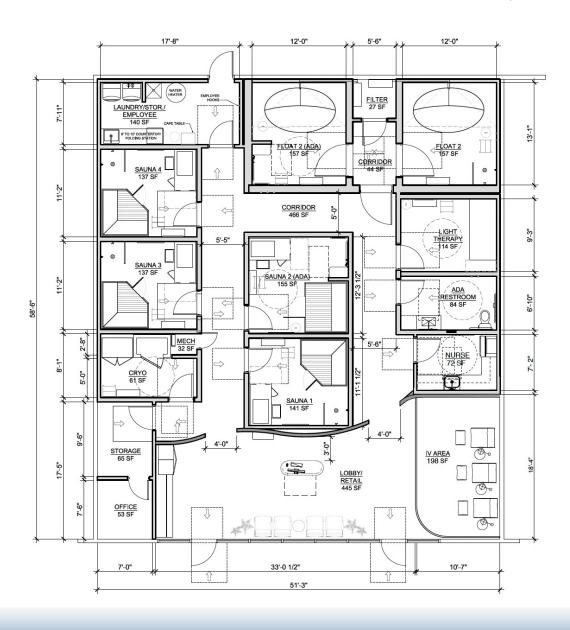
REQUIRED: 1 ACCESSIBLE ALL-GENDER RESTROOM PER CBC 422.2

EXCEPTION 3

PROVIDED: 1 ACCESSIBLE ALL-GENDER RESTROOM

FLOOR PLAN EXAMPLE

SQUARE – 3,000 SF



OCCUPANT LOAD AND PLUMBING REQUIREMENTS (CALIFORNIA)

OCCUPANT LOAD (CBC TABLE 1004.5)

OCCUPANCY: B - BUSINESS PER CBC 304.1

GROSS AREA: 3,000 SQ. FT.

445 SF / 150 = LOBBY/RETAIL: 3 SAUNA ROOMS: 573 SF / 150 = IV LOUNGE: 211 SF / 150 = 2 FLOAT ROOMS: 314 SF / 150 = 3 114 SF / 150 = LIGHT THERAPY: 1 61 SF / 150 = CRYO THERAPY: 1 53 SF / 150 = OFFICE: 264 SF / 300 = STORAGE AREAS: 1 510 SF / 0 = 0 CORRIDOR: 84 SF / 0 = **RESTROOM: TOTAL OCCUPANTS: 16 OCCUPANTS**

EXITS REQUIREMENTS: TOTAL NUMBER OF EXITS REQUIRED = 1

TOTAL NUMBER OF EXITS PROVIDED = 3

PLUMBING FIXTURE LOAD (CPC 422.0)

PLUMBING OCCUPANT LOAD (CPC TABLE 4-1):

3,000 SF = 14

REQUIRED: 1 ACCESSIBLE ALL-GENDER RESTROOM PER CBC 422.2

EXCEPTION 3

PROVIDED: 1 ACCESSIBLE ALL-GENDER RESTROOM

OCCUPANT LOAD AND PLUMBING REQUIREMENTS (IBC)

OCCUPANT LOAD (IBC TABLE 1004.5)

OCCUPANCY: B – BUSINESS PER IBC 304.1

GROSS AREA: 3,000 SQ. FT.

LOBBY/RETAIL: 445 SF / 150 = SAUNA ROOMS: 573 SF / 150 = 4 IV LOUNGE: 211 SF / 150 = 2 FLOAT ROOMS: 314 SF / 150 = 3 114 SF / 150 = LIGHT THERAPY: 1 CRYO THERAPY: 61 SF / 150 = 1 53 SF / 150 = OFFICE: 1 STORAGE AREAS: 264 SF / 300 = 1 510 SF / 0 = 0 CORRIDOR: 84 SF / 0 = 0 **RESTROOM: TOTAL OCCUPANTS: 16 OCCUPANTS**

EXITS REQUIREMENTS: TOTAL NUMBER OF EXITS REQUIRED = 1

TOTAL NUMBER OF EXITS PROVIDED = 3

PLUMBING FIXTURE LOAD REQUIREMENTS:

PER IBC 29 02.2 EXCEPTION 4, SEPARATE FACILITIES SHALL NOT BE REQUIRED IN BUSINESS OCCUPANCIES IN WHICH THE MAXIMUM OCCUPANT LOAD IS 25 OR FEWER. MAXIMUM OCCUPANT LOAD = 16 < 25.

THEREFORE 1 ALL-GENDER RESTROOM IS REQUIRED.

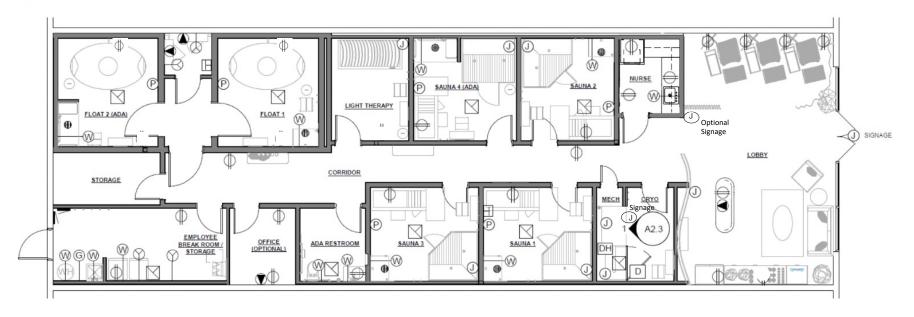
REQUIRED: 1 ACCESSIBLE ALL-GENDER RESTROOM PER CBC 422.2

EXCEPTION 3

PROVIDED: 1 ACCESSIBLE ALL-GENDER RESTROOM



UTILITY PLAN



UTLITY LEGEND:



HVAC COMMENTS: 3 SEPARATE ZONES, ONE FOR SAUNA ROOMS, ONE FOR LOBBY, ONE FOR FLOATS/BATHROOMS/BOH. NEED TO REFERENCE A SEPARATE EXHAUST SYSTEM

NOTE: 2nd recessed hose bib to be placed in mechanical room of Cryotherapy.

UTILITY REQUIREMENTS

**REFER TO EQUIPMENT VENDOR MANUAL FOR ALL ELECTRICAL REQUIREMENTS

GENERAL MEP REQUIREMENTS:

- ELECTRICAL 200 AMPS 277V / 480V 3 PHASE OR 400 AMPS 120V / 208V 3 **PHASE**
- HVAC IN GENERAL 1 TON PER 250 S.F.
- DOMESTIC WATER 2" CW AT MINIMUM
- SANITARY SEWER STANDARD 4" LINE

Most elec. services are 208V. Clearlight says their std. 240V units will work on 208V power HOT WATER - 50 GAL @ 18KW OR NATURAL GAS EQUIV but just not as efficiently. 208V saunas are special order like the floor less ADA models

SAUNA/COLD PLUNGE ROOMS:

- 120V DUPLEX OUTLET @ COLD PLUNGE, 120V/ 3-5 AMPS (**INSTALL OUTLET PROTECTORS AT ALL OUTLETS FOR COLD PLUNGE**)
- J-BOX @ SAUNA, 240V/15.1 AMPS LOCATE NEAR FRONT ON EITHER SIDE OF SAUNA SO, THE POWER CORD CAN BE ACCESSED/UNPLUGGED IF NEEDED
- H/CWATER @ SHOWERS
- SUPPLY AIR @ 1 CFM/SQFT MIN 200 CFM
- EXHAUST FAN @ 1 CFM/SQFT MIN. 200 CFM
- INCLUDE ONE(1) PHONE JACK AT 48" AFF NEAR COLD PLUNGE

TREATMENT ROOM REQUIREMENTS:

LOBBY / IV:

- 120V DUPLEX OUTLET @ +16" A.F.F. @ EA. IV STATION.
- 120V DUPLEX OUTLET + DATA OUTLET @ DESK (FLOOR BOX) DEDICATED
- 120V DUPLEX OUTLET FOR SIGNAGE @ RECEPTION DESK (@ SIGN HT) **DEDICATED CIRCUIT**
- 120V DUPLEX OUTLET
- J-BOX FOR EXTERIOR BUILDING SIGNAGE

NURSE'S STATION:

- 120V DUPLEX OUTLET @ 6" ABOVE COUNTER
- H/C WATER
- 115V/2 AMP CIRCUIT @ FUME HOOD
- CONVENIENCE OUTLET FOR MEDICAL REQUIREMENTS

FLOAT ROOMS:

- 120V DUPLEX CONVENIENCE OUTLET @ FLOAT TANK
- H/C WATER @ SHOWERS
- SUPPLY AIR @ 1 CFM/SQFT MIN 200 CFM
- EXHAUST FAN @ 1 CFM/SQFT MIN. 200 CFM
- INCLUDE ONE(1) PHONE JACK AT 48" AFF NEAR FLOAT TANK

FLOAT FILTER ROOM

- (2) 240V OUTLETS & (2) DATA OUTLETS @ FILTER ROOM, DEDICATED CIRCUIT
- INCLUDE ONE(1) HOSE BIB

LED LIGHT ROOM:

J-BOX @ LED BED, 220V/ 16.5 AMPS

CRYO THERAPY:

- J-BOX @ CRYO BRAIN. 110V/30 AMPS
- J-BOX @ CRYO CHAMBER, 280V 3PHASE. 70 AMP BREAKER
- EXHAUST FAN @ CRYO CHAMBER AT 100-150 CFM/SQFT
- DEHUMIDIFIER @ CRYO CHAMBER 1 AT 70 PINTS, 40% RH-
- 120V DUPLEX OUTLET & DATA OUTLET @ CRYO, DEDICATED CIRCUIT
- SUPPLY AIR @ CRYO CHAMBER 100-150 CFM/SQFT
- VERIFY IF CHILLED WATER LOOP IS AVAILABLE. SEE NOTES ON CRYO PAGE(S).

OFFICE:

- 120V DUPLEX OUTLET & DATA OUTLET @ DESK, DEDICATED CIRCUIT
- 120V DUPLEX OUTLET CONVENIENCE OUTLET

RESTROOM:

- H/C WATER @ SINK
- C WATER @ WATER CLOSET
- EXHAUST FAN @ 75 CFM PER FIXTURE
- 120V DUPLEX OUTLET (GFCI)

LAUNDRY / EMPLOYEE:

- SPECIALTY OUTLETS @ W/D, DEDICATED CIRCUIT
- **OUTLET @ WATER HEATER**
- GAS LINE @ WATER HEATER
- H/C WATER @ UTILITY SINK
- H/C WATER @ WASHER
- WATER TO WATER HEATER
- RECIRCULATION PUMP @ WATER HEATER
- EXHAUST FAN @ W/D @ 75 CFM
- WASHER: INTELI CONTROL, 208-240/60/2 VOLTAGE
- DRYER: VERIFY DRYER SPEC (HIGH VS. LOW VOLTAGE) BASED ON SITE SPECIFIC ELECTRICAL REQUIREMENTS/AVAILABILITY.



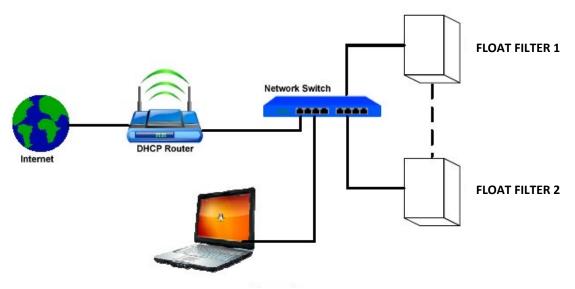
WIRELESS NETWORK SET UP REQUIREMENTS

- ENSURE BOTH 5GHZ AND 2.4GHZ ARE AVAILABLE
- 2.4GHZ IS HIDDEN AND ONLY USED FOR THE SAUNAS AND CRYOTHERAPY MACHINE HIDDEN NETWORK
- 5G CAN BE OPEN TO STAFF AND OTHER ITEMS THAT REQUIRE A WIRELESS CONNECTION

UNITY FLOAT CONTROLLER – SET UP AND NETWORKING GUIDE

THE NETWORK CONFIGURATION BELOW IS THE MOST ROBUST AND FLEXIBLE NETWORK TOPOLOGY FOR INTERFACING WITH THE UNITY FLOAT CONTROLLER. THE NETWORK SWITCH ALLOWS PASSING OF THE UDP MESSAGING CRITICAL TO THE OPERATION OF THE UNITY FLOAT CONTROLLER. THE SWITCH ALLOWS USERS WITH LEGACY ROUTERS THAT DO NOT SUPPORT MULTICASTING TO OBTAIN A DYNAMIC IP ADDRESS AND STILL COMMUNICATE WITH THE UTILITY CONTROLLERS.

**UNITS COME PRECONFIGURED FROM THE FACTORY WITH DHCP ENABLED. A DHCP ROUTER MUST BE CONNECTED TO THE NETWORK TO ASSIGN THE APPROPRIATE IP ADDRESS.





LOW VOLTAGE & AV REQUIREMENTS

FRANCHISEES ARE ADVISED TO CONSULT A LOCAL VENDOR FOR ALL LV/AV NEEDS.

TYPICAL LV SCOPE INCLUDES LABOR AND MATERIAL TO INSTALL THE FOLLOWING:

DATA AND VOIP

2 X FILTER ROOM

1 X CRYO

3 X FRONT DESK (2 x DATA, 1 x VOIP)

3 X Access Point (1 X LOBBY, 2 X CORRIDOR AREA) 1 x Cable: CAT6 CMR UTP 550 MHz

MATERIAL

1 X 12U Rack Enclosure Server Cabinet Wall Mount

3 x U1 Single Space Rack Shelf

1 x 12 Ports CAT6 Patch Panel

1 x Rack Mount Power Strip Conditioner | 8 Outlets

1 x Ubiquity UDMPRO UNIFI DREAM MACHINE PRO ALL IN 1 8 PORT SWITCH

1 x UNIFI 16-PORT 60W MANAGED POE GB SWITCH

3 x U6LRUS UNIFI WIFI 6 LONG RANGE ACCESS POINT

10 x 1' Cat6 Patch cord

3 x Separated Wi-Fi

One for Sauna (2.4 GHz)

One for Staff use (5.0Ghz)

One for Guest 2.4GHz.

Note: LOCATE SERVER RACK AT BACK OF HOUSE -

Employee Break Room, Storage, Laundry or Office.

Well Ventilated / Cooled Closet

SOUND SYSTEM

LOCATIONS: TOTAL (2)

THE GENERAL CONCEPT BEHIND PAUSE IS A "TRANQUIL OASIS"

ACOUSTICS AND SOUND CONTROL ARE VITAL TO THE SUCCESS OF

THE FRANCHISE.

THE ONLY AUDIBLE MUSIC WILL BE IN THE LOBBY RECEPTION AREA.

MATERIAL

1 X Sonos Wireless Amplifier 125 Watt Black Amplified Streaming

Music System AMPG1US1BLK

2 x All-Weather Surface Mount 6" speaker (White)

1 x Cable: Speaker Cable 16AWG 2 CON 65 STRAND

Surveillance Camera (CCTV) - OPTIONAL

MATERIAL

1 X NVR Systems 4 CH Real time 4K with 6TB HDD

2 x 4MP IR Turret Network IP Camera

1 x Cable: CAT6 CMR UTP 550 MHz

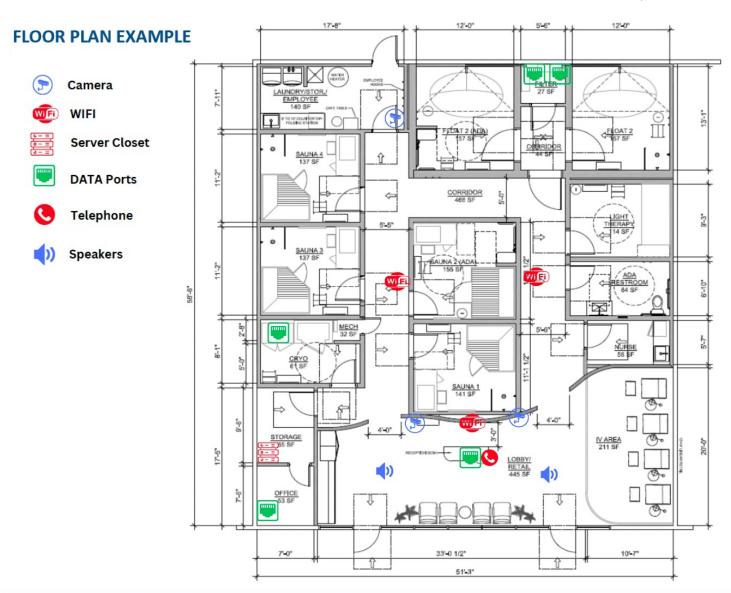
APPLICATION: Magic Viewer or DMSS

LOCATION

1x Lobby

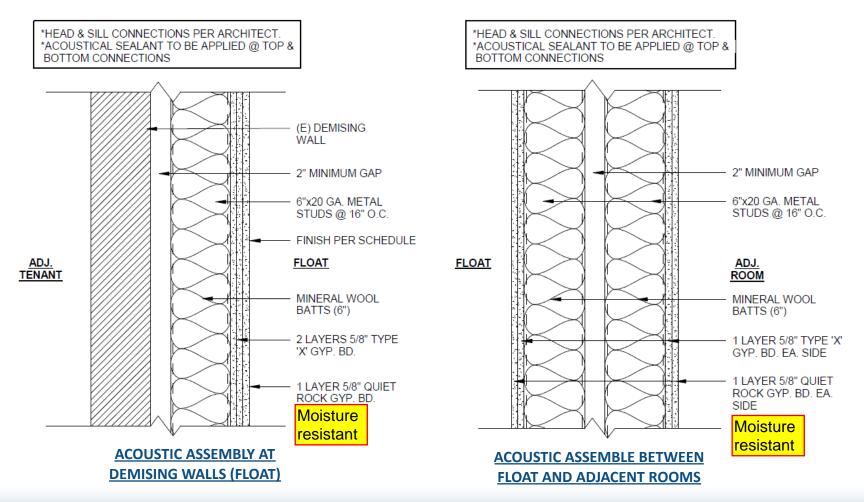
1 x Back Door or Office





SOUND ATTENUATION & DETAILS

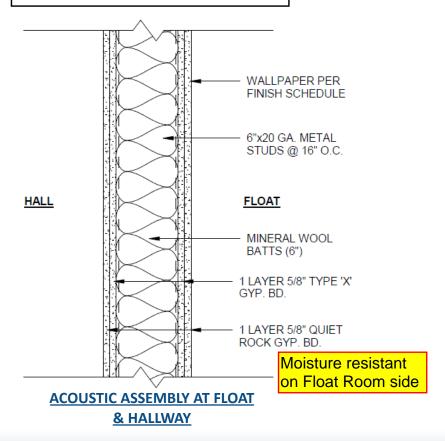
ALL STUDIOS WITH NEIGHBORING TENANTS, OR IN MULTI-STORY BUILDINGS ARE REQUIRED TO HIRE A SOUND CONSULTANT TO ADDRESS APPROPRIATE SOUND ATTENUATION MEASURES. IT IS THE FRANCHISE OWNERS' RESPONSIBILITY TO ENSURE THE ARCHITECT, SOUND CONSULTANT AND GC ADDRESS APPROPRIATE MEASURES FOR SOUND ATTENUATION. THE OPTIONS BELOW ARE PROVIDED STRICTLY FOR REFERENCE PURPOSES ONLY AND SHOULD NOT BE ASSUMED ADEQUATE FOR EACH UNIQUE SPACE. SOUND WALL ASSEMBLY OPTIONS – FOR EXAMPLE – REFERENCE ONLY PURPOSES



SOUND ATTENUATION & DETAILS (CONTINUED)

ALL STUDIOS WITH NEIGHBORING TENANTS, OR IN MULTI-STORY BUILDINGS ARE REQUIRED TO HIRE A SOUND CONSULTANT TO ADDRESS APPROPRIATE SOUND ATTENUATION MEASURES. IT IS THE FRANCHISE OWNERS RESPONSIBILITY TO ENSURE THE ARCHITECT, SOUND CONSULTANT AND GC ADDRESS APPROPRIATE MEASURES FOR SOUND ATTENUATION. THE OPTIONS BELOW ARE PROVIDED STRICTLY FOR REFERENCE PURPOSES ONLY AND SHOULD NOT BE ASSUMED ADEQUATE FOR EACH UNIQUE SPACE. SOUND WALL ASSEMBLY OPTIONS – FOR EXAMPLE – REFERENCE ONLY PURPOSES

*HEAD & SILL CONNECTIONS PER ARCHITECT.
*ACOUSTICAL SEALANT TO BE APPLIED @ TOP & BOTTOM CONNECTIONS

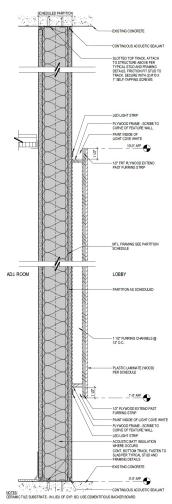


WALL DETAILS & MILLWORK – LIGHT COVE AT LOBBY FEATURE WALL

WALL ASSEMBLY EXAMPLE – REFERENCE ONLY PURPOSES

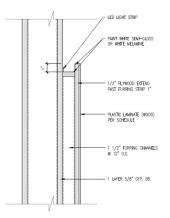
FEATURE WALL TO BE FRAMED ONSITE BY GC. ONCE FRAMING OF CURVED WALL IS COMPETE, MILLWORK VENDOR TO FIELD VERIFY LENGTH AND DIMENSIONS. WALL FINISH TO BE PL-1, PLASTIC LAMINATE, ADHERED TO 1/2" PLYWOOD, MECHANICALLY ATTACHED TO FRAMING. BEND PLYWOOD/LAMINATE TO MATCH CURVE IN FIELD.

LENGTH, DEPTH & NUMBER OF OPENINGS IN CURVE WILL VARY BY LOCATION.

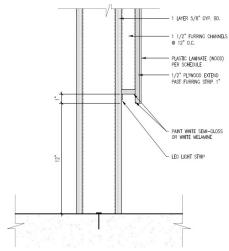


WALL SECTION

NOTE: PROVIDE BACKING BELOW GYP. BD. FACE LAYERS AS REQUIRED AT ALL WALL MOUNTED FIXTURES



WALL SECTION (TOP)

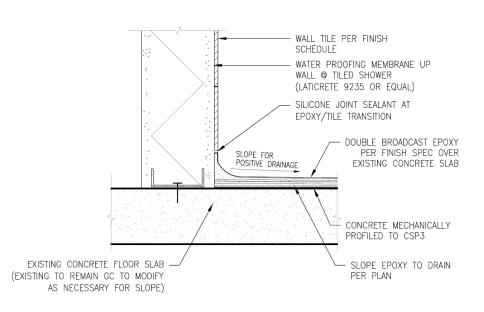


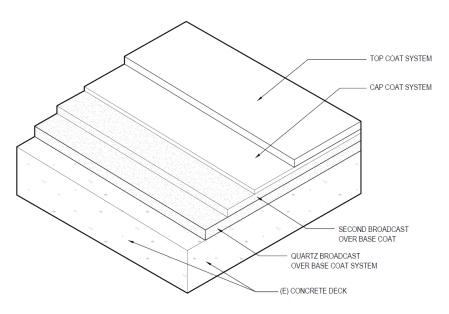
*NOTE: No wall base included at feature wall

WALL SECTION (BOTTOM)



INCLUDE WATERPROOF DETAILS IN ALL TREATMENT ROOMS WITH PLUMBING:



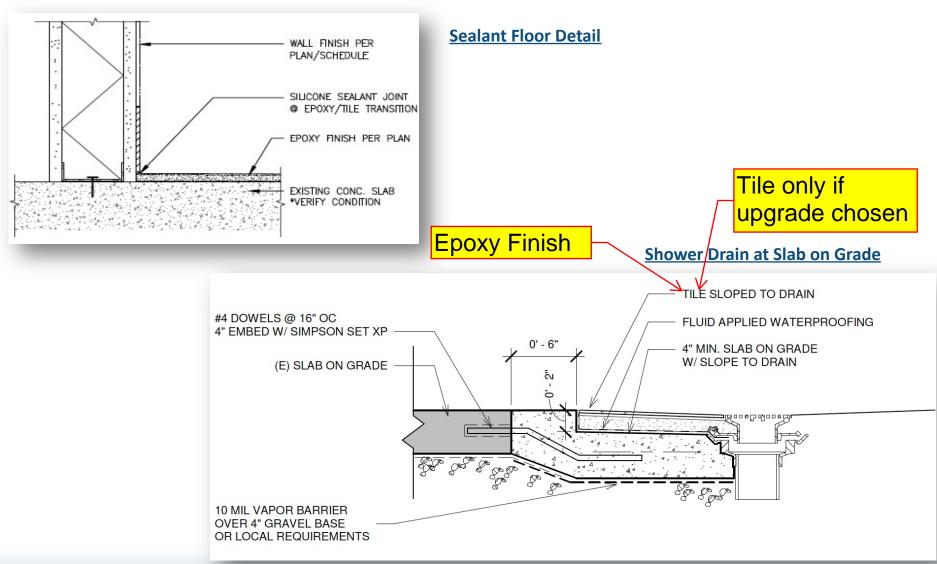


TREATMENT SHOWER ROOM FLOOR DETAIL

TREATMENT ROOM FLOORS:

KRETUS DOUBLE BROADCAST EPOXY LAYERS

INCLUDE WATERPROOF DETAILS IN ALL TREATMENT ROOMS WITH PLUMBING:



REFLECTED CEILING PLAN

- · ALL LIGHTING MUST BE ON DIMMERS.
- LIGHTING CONTROLS IN FLOAT ROOMS MUST USE MOTIONS SENSORS SET TO A 3-MINUTE TIMMER.
- ALL LIGHTING CONTROLS TO BE LUTRON BRAND OR APPROVED EQUAL.

LT-9 (DIRECTIONAL TRACK HEAD) PLACEMENT IN CORRIDOR IS USED IF <u>TIER 1</u> OR <u>TIER 2</u> ARTWORK PACKAGE IS USED. IF TIER 3 IS SELECTED (NO ARTWORK), DO NOT INCLUDE LT-9 IN CORRIDOR. SEE ARTWORK PACKAGE OPTIONS.



LT-2

BULB

THERAPY ROOMS

TALA VORONOI I

VANITY PENDANT LIGHT

BULB + BRASS HOUSING

USE WITH TALA VORONOI I

THE SPECIFICATIONS BELOW ARE THE MINIMUM STUDIO STANDARDS FOR DESIGN AND SPACE PLANNING. ADDITIONAL CRITERIA MAY BE REQUIRED BY LOCAL OR STATE JURISDICTION.



3.5" Fixed 4" RECESSED LED CAN LITELINE 3.5" LUNA LED ROUND RECESSED FIXTURE RCDA35-12F-30K-90WH

RA35-12F-30K-C-90WH (3000 K Color Temperature) (120-347V, 0-10V Dimming)



LT-5

RECESSED LED STRIP LIGHT ALCON 12100-10-PR LINEAR RECESSED WALL WASH PERIMETER LED LIGHT **SKU** 12100-10-PR

ALW Lightplane+ 2P Recessed Perimeter LPX2PMDFN-S#(Length)-053090ARV01-SW-N-UNV-DC



LT-9

LOBBY/RETAIL LED TRACK LIGHTING LITELINE FLEX SERIES LL-FLX15-30T-WH

Liteline A-FLX15-3040T-WH Heads Liteline ATKXX-WH Tracks ("XX" = Length of track)



LT-6

RETAIL WALL SCONCE TUDO&CO, LONGLEAF WOODEN PLATE SIMPLE AND **ELEGANT WALL LIGHT**

Natural wood underlay with washed white finish



LT-10

MECHANICAL ROOM WALL **SCONCE** SATCO TUBE SQUARE **OUTDOOR WALL SCONCE,** WHITE SF77-530

Satco Nuvo 1 Light Utility Wall Mount - #SF77-136



LT-3 **BOH SUSPENDED LED** 4' LED DIRECT SUSPENDED LINEAR FIXTURE, 65 WATT, 120-277V, WHITE FINISH BEAMLED4-ADJ-DID-60W-

Halco ProLED Select Linear Strip Series LS#(4' or 8' length)-WS-CS-U

4CT-DMV-WH



LT-7

BULB

BATHROOM VANITY SCONCE TALA LOCHAN WALL LIGHT **IN BRASS USE WITH TALA VORONOI I**



LT-11

LED TAPE LIGHT **KELVIX – PERFORMANCE 500** (INDOOR) PQ-SERIES PQ30K-24V

3000k / 530 LN/FT



X1

EXIT SIGNAGE/EMERGENCY LIGHTING SIGNIFY 120/277V LED GREEN EXIT SIGN COMBO W/ **BATTERY BACKUP - WHITE**



LT-4 CORRIDOR/TREATMENT **ROOM SCONCE** A19 ARTISAN CERAMIC "212 TILOS SCONCE", HALF CYLINDER UP/DOWN WALL LIGHT, BARE BISQUE FINISH, **ENERGY STAR LED**



LT-8 **BATHROOM SURFACE** MOUNT JUSTICE DESIGN, CERAMIC HOURGLASS FLUSH MOUNT BLUE FINISH, LED **CER-6190-MID**



X2

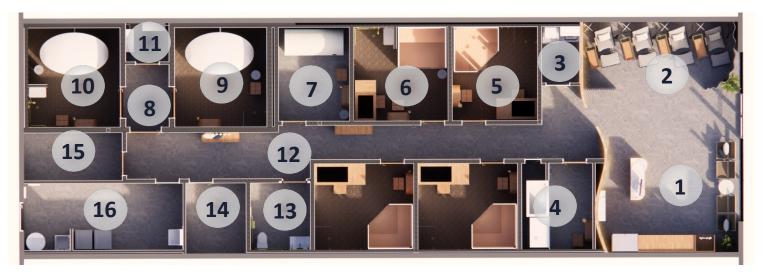
EMERGENCY LIGHTING SIGNIFY EM FIXTURE VLLU LED EMERGENCY UNIT

NOTE: X1 & X2 color to match ceiling and walls



LT-12 Bathroom over Mirror: Tala Kilter Wall Light - #KLT-WL-SB-01-US and T30-640-6W-700K S14D-FR-120V Lamp

INTERIOR FINISH PLAN



LOBBY/RECEPTION

FLOOR = CONC-1 WALL BASE = WB-1 WALLS = PT-1 CEILING = PT-1 *CUSTOM CURVED WOOD WALL SEPARATING LOBBY FROM THERAPY ROOMS, PL-1

*PT-1ALT Upgrade option on walls

SAUNA & COLD PLUNGE (ADA)

FLOOR = EPX-1 WALL BASE/WAINSCOT = CT-2 *USE WITH SS-1 & GT-1 WALLS = PT-1 CFILING = PT-1 DOOR - WOOD FINISH *CT-1A (OR UPGRADE OPTIONS) **AT SHOWER**

2 **IV AREA**

WALL BASE = WB-1 WALLS = PT-1 CFILING = PT-1 *INSTALL CUSTOM DRAPERY & TRACK FOR PRIVACY/ SEPARATION FROM LOBBY

PT-1ALT Upgrade option on walls

LIGHT THERAPY

FLOOR = CONC-1

FLOOR = CONC-1 WALL BASE = WB-1 WALLS = PT-1 CEILING = PT-1 DOOR - WOOD FINISH *ACCENT WALL BEHIND LED BED TO BE WC-1 CUSTOM WALL COVERING

NURSE'S ROOM

FLOOR = CONC-1 WALL BASE = WB-1 WALLS = PT-1 CEILING = PT-1 **DOOR - WOOD FINISH**

8 FLOAT CORRIDOR

FLOOR = CONC-1 WALL BASE = WB-1 WALLS = PT-1 CEILING = PT-1 DOOR - WOOD FINISH *GATEWAY TO FLOAT ROOMS TO PROVIDE ADDITIONAL LEVEL OF SOUND DAMPENING BETWEEN **DOORS**

CRYO THERAPY

FLOOR = CONC-1 WALL BASE = WB-1 WALLS = PT-2 (BLUE) CEILING = PT-2 (BLUE) DOOR - WOOD FINISH *PL 1 APPLIED TO WALL AS PART OF MILLWORK PACKAGE

TO CONCEAL EQUIPMENT

FLOAT

FLOOR = EPX-1 WALL BASE/WAINSCOT = CT-2 *USE WITH SS-1 & GT-1 WALLS = PT-1 CEILING = PT-1 DOOR - WOOD FINISH *CT-1A (OR UPGRADE

OPTIONS) AT SHOWER

SAUNA & COLD PLUNGE

FLOOR = EPX-1 WALL BASE/WAINSCOT = CT-2 *USE WITH SS-1 & GT-1 WALLS = PT-1 CEILING = PT-1 DOOR - WOOD FINISH *CT-1A (OR UPGRADE OPTIONS)

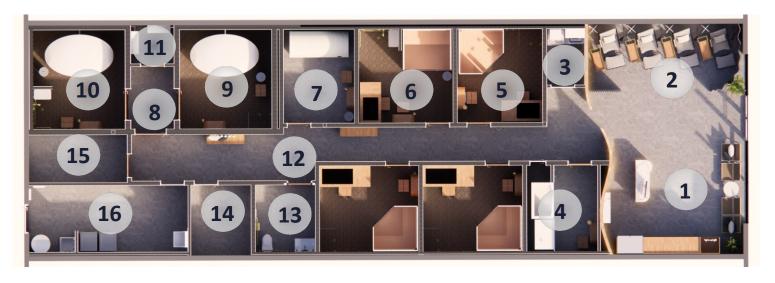
AT SHOWER

10 FLOAT (ADA)

FLOOR = EPX-1 WALL BASE/WAINSCOT = CT-2 *USE WITH SS-1 & GT-1 WALLS = PT-1 CEILING = PT-1 DOOR - WOOD FINISH *CT-1A (OR UPGRADE **OPTIONS) AT SHOWER**



INTERIOR FINISH PLAN, CONTINUED.



11 FLOAT FILTER

FLOOR = CONC-1 WALL BASE = NA WALLS = PT-3 (WHITE) CEILING = PT-3 (WHITE-EXPOSED) DOOR = PAINTED

12 CORRIDOR

FLOOR = CONC-1
WALL BASE = WB-1
WALLS = PT-1
CEILING = PT-4 (EXPOSED)
*INCLUDES CORRIDOR
WALLS ABOVE 10'-0" AFF

13 BATHROOM

FLOOR = CONC-1
WALL TILE = CT-1B
WALLS = PT-2
CEILING = PT-2
DOOR - WOOD FINISH

NOTE: ALL ELECTRICAL OUTLETS, DATA OUTLETS, SWITCHES, PLATES, ETC. THAT ARE ON PAINTED & TILED WALLS ARE TO BE WHITE.

NOTE: ALL WALL & CEILING GRILLES MUST BE PAINTED TO MATCH THE COLOR OF THE SURFACE THEY ARE ON.

NOTE: PAINTED DOORS ARE TO BE FINISHED TO MATCH THE COLOR WALL THEY ARE ON. IN CASES WHERE THE WALL COLOR IS DIFFERENT ON EACH SIDE OF THE DOOR, BOTH SIDES ARE TO BE PAINTED DIFFERENT COLORS TO MATCH THE WALL

14 OFFICE

FLOOR = CONC-1 WALL BASE = WB-1 WALLS = PT-3 (WHITE) CEILING = PT-3 (WHITE) DOOR = PAINTED

15 STORAGE

FLOOR = CONC-1 WALL BASE = WB-1 WALLS = PT-3 (WHITE) CEILING = PT-3 (WHITE) DOOR = PAINTED

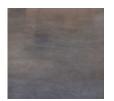
16 EMPLOYEE BREAK ROOM/LAUNDRY/STORAGE

FLOOR = CONC-1 WALL BASE = WB-1 WALLS = PT-3 (WHITE) CEILING = PT-3 (WHITE) DOOR = PAINTED

*INSTALL FRP-1 AT (2) WALL AROUND MOP SINK FROM FLOOR TO 48" A.F.F.

WB-1

EPX-1



CONC-1 POLISHED CONCRETE **FLOORS WESTCOAT GRIND & SEAL** SYSTEM



EPOXY FLOOR – WET THERAPY FLOORS (FLOAT & SAUNA) **KRETUS 92 LOW ODER EZ** POLYASPARTIC AND A CAST-**RESIN MVR-FC EPOXY** SUNDAN QUARTZ WITH CLEAR BASE (Double Broadcast)

WALL BASE, 1X5 MDF WALL

TO MATCH WALL COLOR

* See note below

WC-1

FEATHR

BASE, SQUARE PROFILE PAINTED

CUSTOM WALLCOVERING

INDIGO - DEEP BLUE WALL

MURAL IN HEAVY VINYL



CT-1A **CERAMIC TILE, 4X4** DAL TILE. ZELLIGE GLAZED CFRAMIC TILF **ZL11 GESSO**



CT-1B **CERAMIC TILE, 4X4** DAL TILE, ZELLIGE GLAZED **CERAMIC TILE** ZL06 CHINA



CT-2 DAL TILE, SANTINO



PORCELAIN TILE, 12X24 **BIANCO PURO SN13**



GT-1 **GROUT, SPEC CERAMIC** WARM GRAY, #643 (CT-1A)





GT-2 **GROUT, SPEC CERAMIC** STEEL BLUE, #645 (CT-1B)



SS-1 **SCHLUTER SYSTEMS** JOLLY PROFILE POLISHED BRASS (Applicable to CT-1A & CT-1B ONLY) and CT-3A





PAINT - GENERAL WALL **PAINT THROUGHOUT BENJAMIN MOORE** WIND'S BREATH, OC-24 MATTE FINISH



Suntan

PT-2

PAINT – ACCENT PAINT – CRYO BENJAMIN MOORE BRITANNIA BLUE, 1623 MATTE FINISH

SW 7602 - Indigo Batik

PT-3

PT-4

PAINT - BACK OF HOUSE **BENJAMIN MOORE DECORATORS WHITE, OC-20** MATTE FINISH

PAINT - CORRIDOR CEILING

SW 2132-10 BLACK SATIN

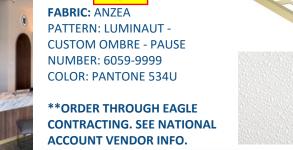
SHERWIN WILLIAMS

MATTE FINISH



DRAPERY-1 **CUSTOM DRAPERY (FLOOR TO** CEILING - LENGTHS VARY BY SITE) AND BLACK TRACK







NOTE: DUE TO CONDENSATION AND SALT BUILD UP IN TREATMENT ROOMS, BASE PAINT SPEC MUST BE: BENJAMIN MOORE -AURA BATH & SPA, SHERWIN WILLIAMS, -EMERALD, OR APPROVED EQUAL.



UPGRADED WALL FINISH



LIMEWASH PAINT (PT-1ALT) OPTION TO FINISH WALLS TYPICALLY DESIGNATED WITH PT-1 IN HIGH-QUALITY LIMEWISH. MUST HIRE SKILLED TRADESMAN WITH REPUTABLE SOURCES TO COMPLETE WORK. BASE COLOR, BM OC-24

Portola Paints, Color = Eastwood

NURSE ROOM WALL FINISH - ONLY -**REQUIRED**



EPOXY WALL FINISH - CLEAR COAT ALL WALLS IN NURSE ROOM ONLY.

CLICK HERE TO BE DIRECTED TO **VFNDOR**

Paint Sheens: Wood Base - Semi-Gloss HM Door Frames - Semi-Gloss Wood Painted Doors - Semi-Gloss Clear Stained Wood Doors - Semi-Gloss

WALL TILE

STANDARD WALL TILE INCLUDES CT-1A (ZL11 GESSO/"WHITE") 4X4 WALL TILE IN THERAPY ROOM SHOWERS AND CT-1B (ZL06 CHINA/"DARK BLUE") 4X4 WALL TILES IN BATHROOM.

UPGRADE OPTION

OPTION TO USE BELOW ELONGATED OPTIONS, VERTICAL-STACKED INSTALL:



CT-3A **WOW TILF** POTTERY, NATURAL **MATTE FINISH** 2"X6" (W25)

*USF IN THERAPY ROOM SHOWERS

(GT-1 Grout, SpecCeramic Warm Gray #643)

UPGRADED LOBBY TILE



OPTIONAL LOBBY TILE UPGRADE

12x24 Star Vulcan Tile

Stacked install pattern with long VENDOR: Tribeca Stone dimension of tile running with the long dimension of the room

GROUT: SPEC CERAMIC #60 CHARCOAL

Vendor Details:

104 Reade St., Suite LL1 New York, NY 10013 (215) 518-3669

Michael Cohen: michael@tribecastone.com Marino Catano: marino@tribecastone.com Stacey Lerea: stacy@tribecastone.com



Natural Marble - Arabescato Corchia or Calacatta Apuano (2CM or 3/4" thick, Polished)

SPECIAL FINISH, RECEPTION DESK &

RETAIL MILLWORK COUNTERTOP

MAGNIFICA ENCODE PORCELAIN
BY BEDRODIAN TILE & STONE
COLOR: ARABESCATO NERO
60" X 127", 12MM HONED

**UPGRADE OPTION:
USE STONE TO CREATE CUSTOM ADA
FLOATING BATHROOM SINK. SEE
ENLARGED BATHROOM DETAILS.



CABINET HARDWARE
H-1, LOBBY/RETAIL MILLWORK
PURE BRASS MATTE FINGER PULLS
5" HOLE CENTER.
AMAZON.COM (OR SIMILAR)

CABINET HARDWARE
H-2, B.O.H. MILLWORK
PEAHA BLACK CABINET PULLS,
BLACK. 3" HOLE CENTERS.
AMAZON.COM (OR SIMILAR)



PL-1
PLASTIC LAMINATE,
"WOOD" MILLWORK
FINISH. WALL FEATURE AT
CURVED WALL OF LOBBY.
SEE MILLWORK DETAILS.

FORMICA PLASTIC LAMINATE BEIGE ELM 5794-NG, NATURAL GRAIN



PL-2
PLASTIC LAMINATE,
COUNTERTOP AND TOEKICK IN BACK OF
HOUSE/NURSE CABINETS.
SEE MILLWORK DETAILS.

FORMICA COLORCORE2 MOUSE 928C-58, MATTE FINISH



WD-1 WOOD, BODY OF RECEPTION DESK SEE MILLWORK DETAILS.

SURFACING SOLUTIONS PROFILE 383 SOLID WOOD TAMBOUR.



PL-3
PLASTIC LAMINATE,
TOE-KICK AT RECEPTION
DESK. SEE MILLWORK
DETAILS.

FORMICA DECO METAL LAMINATE BRUSHED BRASS, M6423



MT - 1 BRUSHED BRASS





DOOR FRAMES TRUDOOR KD HALLOW METAL DRYWALL FRAME

*PAINT FRAME TO MATCH ADJACENT WALL COLOR. SPRAY APPLIED IN FIELD.



INTERIOR DOORS

WHITE OAK DOORS – VERTICAL GRAIN SOLID OAK PLAIN SLICED WHITE OAK RAW VENEER 1/16" BEVELLED ON TWO EDGES B2E 345 161

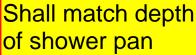
*ALL DOORS TO THERAPY ROOMS, NURSE & BATHROOM TO BE FINISHED WITH CLEAR STAIN.

**ALL OTHER DOORS
(B.O.H./NON-PUBLIC) TO BE
PAINTED TO MATCH WALL
COLOR



DOOR HARDWARE

KWIKSET MILAN
720MILRDT – PASSAGE
(CLOSETS/UTILITY)
730MILRDT – TREATMENT
ROOMS
740MILDT – LOCK FUNCTION
(NURSE ROOM)
FINISH: 514





GLASS SHOWER PANEL

X 78" FRAMELESS FIXED GLASS PANEL WITH SATIN BRASS HARDWARE:



Picture may not match selected options

DOOR HINGES

HAGER BB1279 4.5X4.5 BALL BEARING HINGES. FINISH: 693

Same as Assa Abloy/McKinney T2714



2257

FLOOR BUMPER EMTEK

2557 CYLINDER FLOOR BUMPER

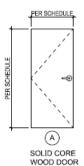
FINISH: US19



DOOR SCHEDULE										
			DOOR			FRAME				
DOOR TAG	TYPE	WIDTH		THICK.	MATERIAL(S)	TYPE	MATERIAL	FINISH	HARDWARE SET	REMARKS
NURSE	Α	3' - 0"	7' - 0"	0' - 1 3/4"	SC WD VENEER	KD	METAL	PAINT	1	PAINT TO MATCH ADJACENT SURFACE
CRYO	Α	3' - 0"	7' = 0"	0' - 1 3/4"	SC WD VENEER	KD	METAL	CLEAR STAIN	1	
MECHANICAL	A	2' - 0"	7' - 0"	0' - 1 3/4"	SC WD VENEER	KD	METAL	PAINT	3	PAINT TO MATCH ADJACENT SURFACE
SAUNA	A	3' - 0"	7' - 0"	0' - 1 3/4"	SC WD VENEER	KD	METAL	CLEAR STAIN	1	
LIGHT THERAPY	A	~~~~	7' - 0"	0' - 1 3/4"	SC WD VENEER	KD	METAL	CLEAR STAIN	1	
FLOAT CORRIDOR	A	4'-0"	8' - 0"	0' - 1 3/4"	SC WD VENEER	KD	METAL	CLEAR STAIN	1	DOOR FRAME TO BE FILLED W/ ACOUSTICAL FOAM
FLOAT	Α	4'-0"	8' - 0"	0' - 1 3/4"	SC WD VENEER	KD	METAL	CLEAR STAIN	1	DOOR FRAME TO BE FILLED W/ ACOUSTICAL FOAM
FLOAT FILTER	Α	W.W.	7' - 0"	0' - 1 3/4"	SC WD VENEER	KD	METAL	PAINT	3	PAINT TO MATCH ADJACENT SURFACE
OFFICE	A	3' - 0"	7' - 0"	0' - 1 3/4"	SC WD VENEER	KD	METAL	PAINT	2	PAINT TO MATCH ADJACENT SURFACE
RESTROOM	Α	3' - 0"	7' - 0"	0' - 1 3/4"	SC WD VENEER	KD	METAL	CLEAR STAIN	1	
STORAGE	А	3' - 0"	7' - 0"	0' - 1 3/4"	SC WD VENEER	KD	METAL	PAINT	2	PAINT TO MATCH ADJACENT SURFACE
EMP. / LAUNDRY	Α	3' - 0"	7' - 0"	0' - 1 3/4"	SC WD VENEER	KD	METAL	PAINT	2	PAINT TO MATCH ADJACENT SURFACE

*ALL DOOR HANDLES TO BE LEVER TYPE, FINISH FOR ALL HARDWARE TO BE BLACK OR GOLD, SEE HARDWARE SPECIFICATIONS

<mark>3'-6"</mark>



SET #1 - TREATMENT ROOMS / RESTROOM:

1-1/2 FULL MORTISE HINGES 1 PRIVACY LOCKSET

1 CYLINDER 1 FLOOR STOP

6 DOOR SILENCERS

ACOUSTICAL THRESHOLD AND SEAL KIT

*AT FLOAT ROOMS AND FLOAT ROOM HALLWAY ONLY

SET #2 - EMPLOYEE / LAUNDRY / STORAGE:

1-1/2 FULL MORTISE HINGES 1 PASSAGE LOCKSET 1 CYLINDER

1 FLOOR STOP 6 DOOR SILENCERS

SET #3 - OFFICE / MECH / FLOAT FILTER:

1-1/2 FULL MORTISE HINGES

1 CLASSROOM LOCKSET

1 CYLINDER 1 FLOOR STOP

6 DOOR SILENCERS

BRASS

BRASS

ONLY)

THE SPECIFICATIONS BELOW ARE THE MINIMUM STUDIO STANDARDS FOR DESIGN AND SPACE PLANNING. ADDITIONAL CRITERIA MAY BE REQUIRED BY LOCAL OR STATE JURISDICTION.

Grab Bar Specialists Natural Teak Wood Rectangular Fold Down Shower Seat w/ Legs - Length to be compliant with ADA Stds. for Accessible Design 610.3



RAIN SHOWER HEAD (BOTH ADA AND NON ADA) KOHLER, SKU# 76464-G-2MB 8" AWAKEN RAINHEAD 1.75 GPM



ADA HAND SHOWER KOHLER, SKU# 22172-2MB **PURIST SUPPLY ELBOW WITH CHECK VALVE** BRASS



ADA HAND SHOWER, VALVE KOHLER. SKU# K-11748-KS-NA 1/2" pressure-balancing valve with push-button diverter and screwdriver stops

ADA HAND SHOWER.

SHOWER SEAT

MNF. BUILD

MATTE BRASS

DREAMLINE SEAT



SHOWER ARM (BOTH ADA AND NON ADA) KOHLER, SKU# 10124-2MB **RIGHT ANGLE SHOWER ARM**



ADA HAND SHOWER KOHLER, SKU# 975-2MB STILLNESS®/PURIST WM HAND SHOWER HOLDER **BRASS**



SIZE: 20W140 **ADA GRAB BAR** KOHLER PURIST® 42" GRAB BAR

MODEL#.SKU:SHST-02-TN



SHOWER TRIM (NON ADA ONLY) KOHLER, SKU# K-TS14423-4-Purist COMPONENTS RITETEMP SEQUENTIAL, VLV TR



ADA HAND SHOWER KOHLER, SKU# 9514-2MB MASTER SHOWER 60" HOSE **BRASS**



ADA GRAB BAR KOHLER PURIST® 36" GRAB BAR MATTE BRASS



BRASS

SHOWER VALVE (NON ADA

UNIVERSAL RITETEMP

THERM VLV KIT, STOP

KOHLER. SKU# K-8304-KS-NA



ADA HAND SHOWER KOHLER, SKU# 26311-2MB STATEMENT™ ADA HANDSHOWER ADAPTER **BRASS**



ADA GRAB BAR KOHLER PURIST® 24" GRAB BAR MATTE BRASS



ADA HAND SHOWER KOHLER, SKU# 21335-2MB SHIFT™ PLUS ROUND MF HNDSHWR, 2.5GPM **BRASS**



ADA GRAB BAR KOHI FR PURIST® 18" GRAB BAR MATTE BRASS



AND NON ADA) KOHLER CLEARFLO SQUARE **DESIGN TILE-IN SHOWER** DRAIN MODEL:K-9135-2MB MATTE BRASS

SHOWER DRAIN (BOTH ADA



ADA HAND SHOWER PRESSURE BALANCE TRIM KOHLER, SKU# K-T14501-4-2MB COMPONENTS® RITETEMP ® SEQUENTIAL VLV TR **BRASS**

Purist

USE GRAB BAR SIZES AS REQUIRED PER LOCAL JURISDICTION.



SHOWER AMENITIES DISPENSER SPAZA TRIPLE VERSION FOR SHAMPOO/CONDITIONER/ **BODYWASH W/ HUNTER** AMENITIES - ONE PER SHOWER. **SEE PAUSE PURCHASING **GUIDE FOR DETAILS**

GC INSTALLS SHOWER DISPENSER BUT FRANCHISEE NEEDS TO PURCHASE VIA HUNTER AMENITES.

Show round drain to match model number



OPTION TO UPGRADE VANITY IN RESTROOM

TO CUSTOM STONE (PORCELAIN) VANITY. SEE

ENLARGED BATHROOM SPECS FOR DETAILS.

THE SPECIFICATIONS BELOW ARE THE MINIMUM STUDIO STANDARDS FOR DESIGN AND SPACE PLANNING. ADDITIONAL CRITERIA MAY BE REQUIRED BY LOCAL OR STATE JURISDICTION.



ADA TOILET Kohler, SKU# 5172-0 SAN SOUCI™ CH 1-PC EB. 1.28 TOILET



BATHROOM VANITY THE BATH OUTLET ADA COMPLIANT WALL MOUNT WHITE CERAMIC SINK SKU: SCARABEO 5151



BATHROOM FAUCET KOHLER, SKU# 22975-2MB CRUE® BAR FAUCET MATTE BRASS



TOILET PAPER HOLDER Kohler, SKU# 78384-2MB COMPONENTS COVERED TP ASSEMBLY, MATTE BRASS



BATHROOM VANITY DRAIN

KOHLER, SKU# 7124-A-2MR Discontinued **CLICKER DRAIN WITH OVERFLOW** MATTE BRASS

Kohler K-25322-2MB



TOILET SEAT COVER DISPENSER

LAVEX JANITORIAL STAINLESS STEEL SURFACE MOUNTED **TOILET SEAT COVER DISPENSER**



BATHROOM VANITY DRAIN

KOHLER, SKU#7124-A-2MB CLICKER DRAIN WITH OVERFLOW MATTE BRASS



IN WALL PAPER TOWEL DISPENSER & TRASH RECEPTACLE

BOBRICK B-3940 CLASSIC SERIES STAINLESS STEEL RECESSED CONVERTIBLE PAPER TOWEL DISPENSER / WASTE RECEPTACLE



BATHROOM ADA LAV PROTECTOR

PLUMEREX TRAP GEAR SOFT ADA UNDER-LABATORY **PROTECTOR**



BATHROOM VANITY P-TRAP **OPTIONAL UPGRADE IN **NON-ADA BATHROOM**

KOHLER, SKU# 9033-2MB CONTEMPORARY ROUND **BOTTIF TRAP** MATTE BRASS

Recessed Paper Towel Dispenser Bobrick B-359033.MBLK (Matte Black Finish)





NURSE/B.O.H. FAUCET KOHLER, SKU# 22974-VS CRUE® TOUCHLESS PULL DOWN FAUCET SATIN NICKEL



MOP SINK
E.L. MUSTEE 63M 24" WHITE
FIBERGLASS MOP SINK

REGENCY WALL MOUNTED

MOP SINK FAUCET WITH 6

1/2" SWING SPOUT, 8"

BRFAKFR

CENTERS, AND VACUUM

MOP SINK FAUCET



COMMERCIAL WASHER
E-SERIES SOFT MOUNT
WASHER, EXTRACTOR, 40LB
CAPACITY, GRAVITY DRAIN,
TOP DISPENSER, EXTERNAL
DOSING WITH 4, CHEMICAL
SIGNALS, INTELI CONTROL,
208-240/60/1 VOLTAGE.
**ORDER WITH 8" RISER



NURSE DROP-IN SINK KOHLER, TOCCATA™25" X 22" X 6" TOP-MOUNT SINGLE-BOWL KITCHEN SINK, K-4011-4-NA STAINLESS STEEL

Kohler K-3894-4-NA

MOP & BROOM HOLDER
16" MOP AND BROOM RACK



COMMERCIAL DRYER
PRODRY2+ DRYING
TUMBLER, CG55-65+,
ELECTRIC, MICROPROCESSOR
CONTROL, REVERSING,
INVERTER DRIVE, 236240v/50-66HZ/3,
GALVANIZED CYLINDER WITH



RETAIL FRIDGE – LOBBY
MT34-1W Marketeer Glass
Door Merchandiser in
WHITE
Hydrocarbon Series
39.5"x27.5"x79"
Click HERE for specs & to
purchase

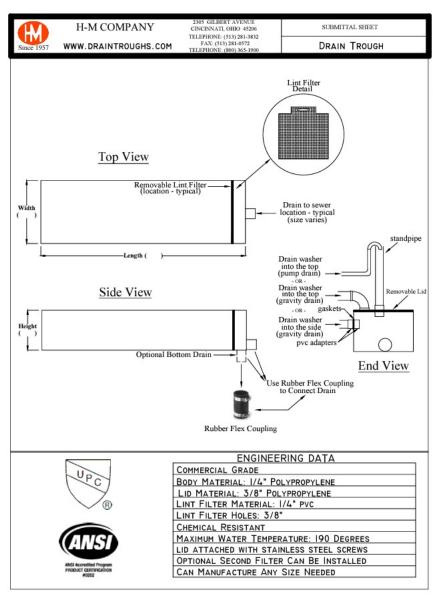
**ELECTRICAL ENGINEER
REQUIRED TO VERIFY SPEC
PER SITE SPECIFIC POWER
AVAILABLE AND
COMMUNICATE TO REP'M/

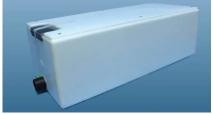
Recommended to buy the gas model if gas is available in space

NOTE: PURCHASE WASHER/DRYER THROUGH GIRBEAU. USE THIS LINK TO FIND A LOCAL DISTRIBUTOR IN YOUR AREA:

https://gnalaundry.com/distributor-locator.html







DRAIN TROUGH https://draintroughs.com/

Optional - Only used at washing machine if required by local code jurisdiction

EQUIPMENT PLAN



- 1 FLOAT TANK REVOLUTION FLOAT ORB
- 2 FLOAT MICRON FILTER
- 3 LIGHT THERAPY NEO LIGHT BED
- 4 ADA SAUNA CLEAR LIGHT SANCTUARY RETREAT (ADA)
- 5 SAUNA, NON-ADA CLEAR LIGHT SANCTUARY C
- 6 COLD PLUNGE, ALL COLD PLUNGE, COLD STOIC 2.0

- 7 CRYOTHERAPY CRYOBUILT, EVEREST
- 8 NURSE, MEDICAL HOOD SENTRY AIR SYSTEMS, FUME HOOD
- 9 NURSE/B.O.H., REFRIGERATOR
- 10 RETAIL REFRIGERATOR BEVERAGE-AIR MARKETEER MT34
- 11 IV AREA INVACARE IV STAND
- 12 LAUNDRY WASHER/DRYER, LG 30" FRONT LOAD GAS OR ELEC.

SEE ENLARGED PLANS FOR SPECIFICATION DETAILS AND ORDERING INSTRUCTIONS WITH CONTACT INFORMATION

EXPECTED EQUIPMENT LEADTIMES:

SAUNA'S/CLEAR LIGHT EQUIPMENT = 16-20 WEEKS
ALL OTHER LEADTIMES = 12-16 WEEKS



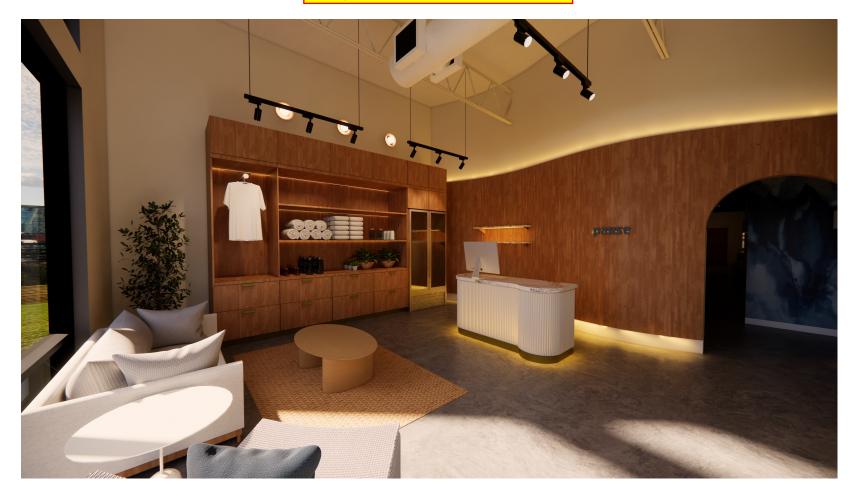
ENLARGED PLANS AND DETAILS

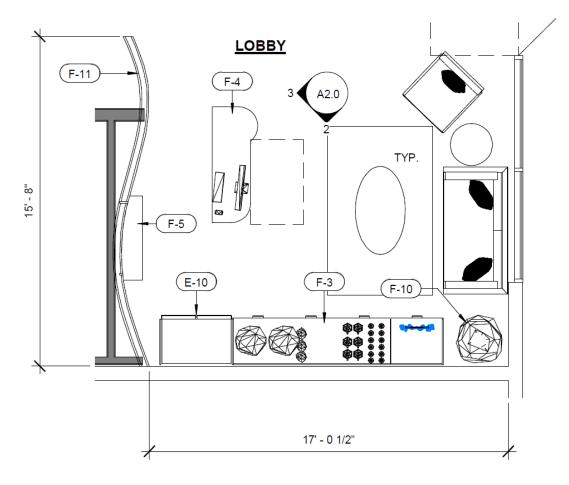
LOBBY/RETAIL

THE SPECIFICATIONS BELOW ARE THE MINIMUM STUDIO STANDARDS FOR DESIGN AND SPACE PLANNING. ADDITIONAL CRITERIA MAY BE REQUIRED BY LOCAL OR STATE JURISDICTION.

LOBBY/RECEPTION

Track lighting tracks and heads to be white, not black





DESIGN COMPONENTS MUST INCLUDE:

- RECEPTION DESK SEE MILLWORK DETAILS
- DIRECT LINE OF SIGN FROM RECEPTION DESK TO ENTRY DOOR
- LOUNGE SEATING IN WAITING AREA FOR 4-6 PEOPLE
- ORGANIC/CURVED FEATURE WALL SEPARATING LOBBY/RECEPTION FROM THERAPY ROOMS WITH ARCHED OPENING TO CORRIDOR
- FLOATING RETAIL SHELVES IN CURVED WALL
- FIXED 12'-3" LINEAR RETAIL FIXTURE SEE MILLWORK DETAILS
- ILLUMINATED INTERIOR SIGNAGE BEHIND DESK

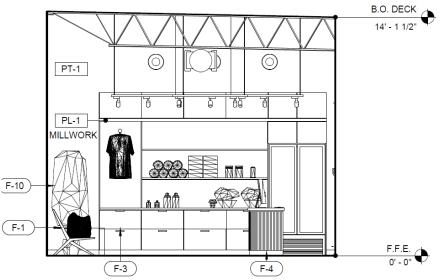
	LOBBY / RETAIL SCHEDULE				
TAG	COUNT	DESCTIPTION			
F-1	4	LOBBY CHAIR			
F-2	1	LOBBY SIDE TABLE			
F-3	1	RETAIL MILLWORK			
F-4	1	RECEPTION DESK			
F-5	2	RETAIL SHELVING			
F-6	4	IV OTTOMAN			
F-7	4	IV LOUNGE CHAIR			
F-8	4	IV LAMP			
F-9	2	IV CURTAIN			
F-10	2	PLANTER			
F-11	1	CURVED "WOOD" WALL - MILLWORK			
F-12	2	CORRIDOOR BENCH			
F-13	9	MILLWORK VANITY			
F-14	8	FOOT STOOL			
F-15	22	SINGLE ROBE HOOK			
F-16	4	SHOWER W/ FRAMLESS GLASS PANEL			
F-17	2	ADA SHOWER			
F-18	4	TOWEL HAMPER			



ENLARGED PLANS AND DETAILS

LOBBY/RETAIL

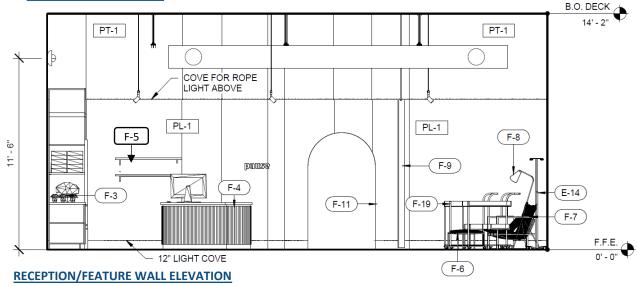
THE SPECIFICATIONS BELOW ARE THE MINIMUM STUDIO STANDARDS FOR DESIGN AND SPACE PLANNING. ADDITIONAL CRITERIA MAY BE REQUIRED BY LOCAL OR STATE JURISDICTION.



SEE PAGE 16 FOR LIGHT COVE AT LOBBY FEATURE WALL DETAILS

LOBBY / RETAIL SCHEDULE				
TAG	COUNT	DESCTIPTION		
F-1	4	LOBBY CHAIR		
F-2	1	LOBBY SIDE TABLE		
F-3	1	RETAIL MILLWORK		
F-4	1	RECEPTION DESK		
F-5	2	RETAIL SHELVING		
F-6	4	IV OTTOMAN		
F-7	4	IV LOUNGE CHAIR		
F-8	4	IV LAMP		
F-9	2	IV CURTAIN		
F-10	2	PLANTER		
F-11	1	CURVED "WOOD" WALL - MILLWORK		
F-12	2	CORRIDOOR BENCH		
F-13	9	MILLWORK VANITY		
F-14	8	FOOT STOOL		
F-15	22	SINGLE ROBE HOOK		
F-16	4	SHOWER W/ FRAMLESS GLASS PANEL		
F-17	2	ADA SHOWER		
F-18	4	TOWEL HAMPER		

RETAIL WALL ELEVATION





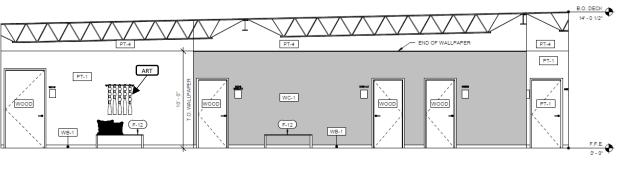
ENLARGED PLANS AND DETAILS CORRIDOR

THE SPECIFICATIONS BELOW ARE THE MINIMUM STUDIO STANDARDS FOR DESIGN AND SPACE PLANNING. ADDITIONAL CRITERIA MAY BE REQUIRED BY LOCAL OR STATE JURISDICTION.



DESIGN COMPONENTS MUST INCLUDE:

- MINIMUM CORRIDOR WIDTH = 4'-6"
- WALLS TO BE FINISHED UP TO 10'-0" AFF. ABOVE 10'. PAINT WALL, CEILING, ANY EXPOSED DUCTWORK, ETC., PT-4. THE INTENT IS TO SET A DARK/INTIMATE ATMOSPHERE FOR GUESTS AND PROVIDE PRIVACY FROM LOBBY FOR GUESTS RECEIVING MULTIPLE TREATMENTS.
- WC-1, OPTION TO INSTALL AS 8X8 MURAL OR OPTION TO EXTEND WALLPAPER ON REPEAT DOWN EXTENDED LENGTH OF CORRIDOR. SHOULD START AND STOP AT AN INSIDE CORNER.
- DOORS TO PUBLIC SPACES ARE TO BE WOOD W/CLEAR STAIN.
- DOORS TO PRIVATE/B.O.H. TO BE PAINTED TO MATCH WALL COLOR.
- ALL DOOR FRAMES TO BE PAINTED TO MATCH WALL COLOR.
- ALL WALL BASE (WB-1) TO BE PAINTED TO MATCH ADJACENT WALL COLOR.



	F-13		9	MILLWORK VANITY
	F-14		8	FOOT STOOL
	F-15	- 2	22	SINGLE ROBE HOOK
F.F.E.	F-16		4	SHOWER W/ FRAMLESS GLASS PANEL
0'-0"	F-17		2	ADA SHOWER
0-0	F-18		4	TOWEL HAMPER
		E	EQU	IPMENT SCHEDULE
	TAG	COUNT		DESCRIPTION
D. DECK	E-1	2	FLOAT:	TANK
- 9 1/2" V	E-2	2	FLOAT	MICRON FILTER
	E-3	1	NEO LIG	SHT - LIGHT BED
	E-4	1	SAUNA	(ADA) - CLEAR LIGHT SANCTUARY RETREAT
	E-5	3	SAUNA	- CLEAR LIGHT SANCTUARY C
	E-6	4	COLD F	LUNGE
	E-7	1	CRYO C	CHAMBER - CRYOBUILT
	E-8	1	FUME H	IOOD - SENTRY AIR SYSTEMS
	E-9	1	UNDER	COUNTER REFRIDGERATOR
	E-10	1	REAIL F	REFIGERATOR - BEVERAGE AIR MARKETEER MT34
	E-12	2	WASHE	R / DRYER
	E-13	7	FLOOR	DRAIN
	E-14	4	IV STAN	ID
	E-15	1		MOUNTED MOP SINK
	E-16	1	WATER	HEATER

F-1

F-2 F-3

F-4

F-5

F-6

F-7

F-8

F-9

F-10

F-12

LOBBY / RETAIL SCHEDULE

LOBBY CHAIR LOBBY SIDE TABLE

RETAIL MILLWORK

RECEPTION DESK

RETAIL SHELVING

IV LOUNGE CHAIR

CORRIDOOR BENCH

CURVED "WOOD" WALL - MILLWORK

IV OTTOMAN

IV CURTAIN

PLANTER

IV LAMP

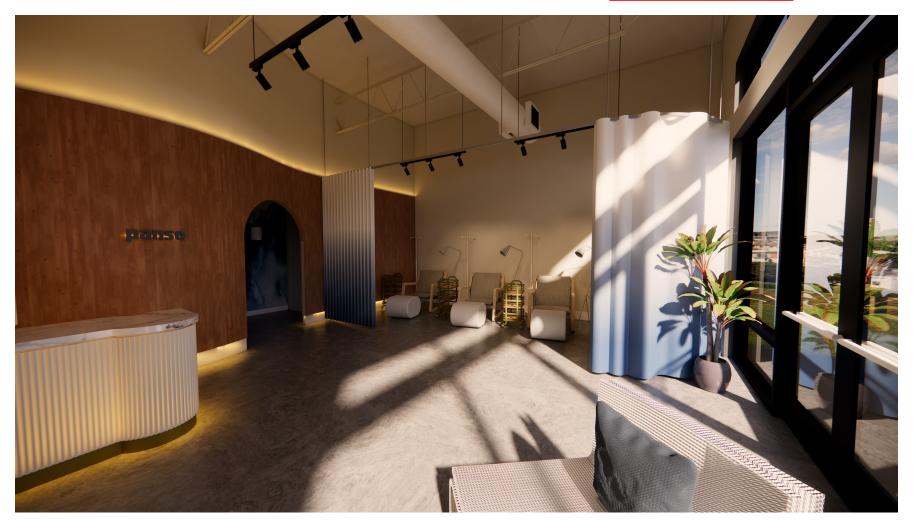
	PT4		B.O. DECK 12' - 9 1/2"
PT-1 ART W0000	P7-1	PT-1 PT-1	F.F.E. 07-07

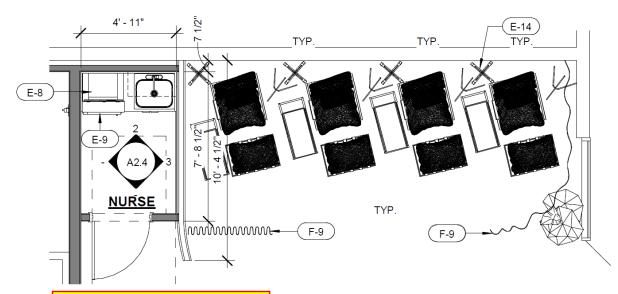
CORRIDOR - SOUTH

IV LOUNGE

NOTE: TRACK LIGHTS TO BE WHITE IN IV LOUNGE

Curtain track to be white





New Fridge: Accucold Model #ARG6PV (32.5"H x 23.38"W x 24.38"D)

ENLARGED FLOOR PLAN







USP 797 Compliant

FUME HOOD

Countertop needs to fit 25"W sink and 32"W hood plus ADA clearances for sink

DESIGN COMPONENTS MUST INCLUDE: IV LOUNGE

- IV AREA MUST INCLUDE "PRIVATE" SEATING FOR 3-4 GUESTS. GUESTS WILL OFTEN WORK FROM LAPTOPS/CELL PHONES DURING THEIR THERAPY SESSION AND REQUIRE A SENSE OF PRIVACY AND SECLUSION.
- MINIMUM DISTANCE BETWEEN STATIONS IS 4'-10"
- EACH STATION INCLUDES:
 - (1) LOUNGE CHAIR + OTTOMAN
 - (1) SIDE TABLE
 - (1) IV WALL HOOK
 - (1) FLOOR LAMP
 - (1) SIDE TABLE
 - (1) PILLOW + BLANKET

SEE FURNITURE & ACCESSORY SPECS.

NURSES ROOM

NEED A PRIVATE ROOM ADJACENT TO THE IV TREATMENT AREA FOR THE ONSITE NURSE TO MEDICALLY PREPARE VITAMIN TREATMENTS PER FEDERALLY REGULATED STANDARDS.

REQUIRED EQUIPMENT INCLUDES

- (1) ONE CABINET (FIXED LENGTH SEE
 MILLWORK DETAILS) WITH SINK AND FAUCET
- ONE LINDERCABINET REFRIGERATOR.
 STAINLESS STEELE, NO ICE MAKER,
 TEMPERATURE CONTROLLED
- (1) ONE USP 797 COMPLIANT FUME HOOD.

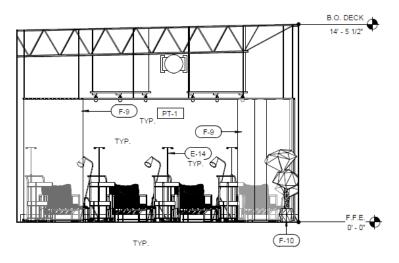
 MODEL #AC632LFCPI. PAUSE HQ HAS

 PREFERRED PRICING THROUGH VENDOR.

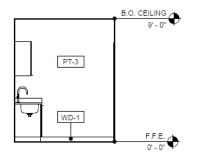
 EMAIL KAYLEIGH.DAVIS@PAUSESTUDIO.COM

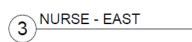
 TO ORDER

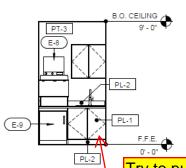




4 LOBBY - NORTH







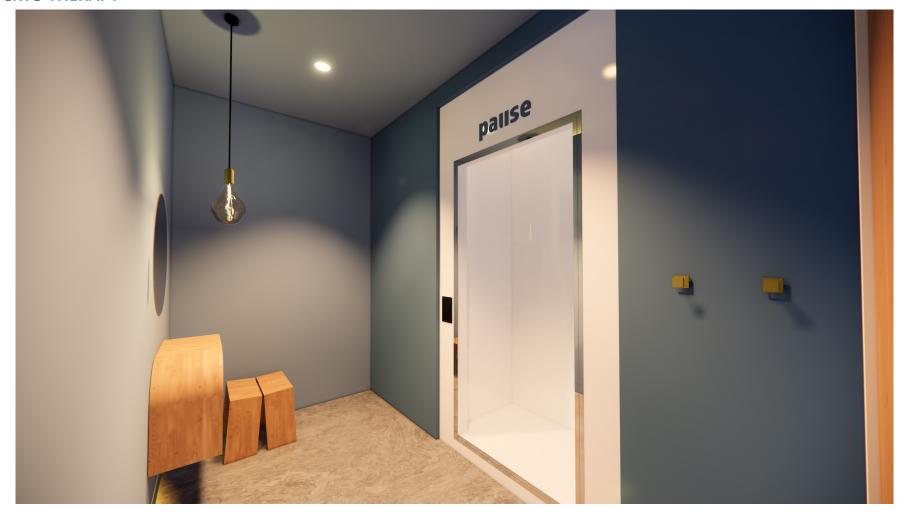
Try to put ref. on right side since the door swings out to the right and it can't be switched

NURSE - NORTH

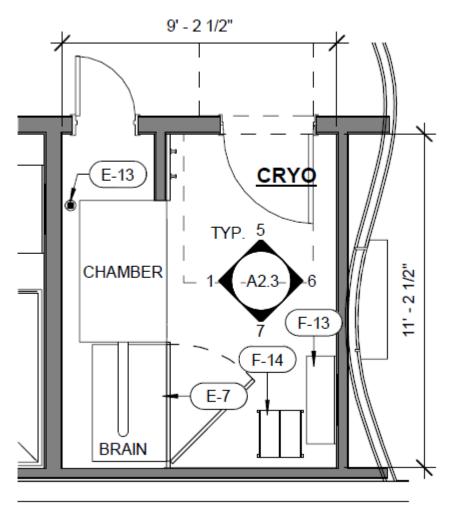
LOBBY / RETAIL SCHEDULE				
TAG	COUNT	DESCTIPTION		
F-1	4	LOBBY CHAIR		
F-2	1	LOBBY SIDE TABLE		
F-3	1	RETAIL MILLWORK		
F-4	1	RECEPTION DESK		
F-5	2	RETAIL SHELVING		
F-6	4	IV OTTOMAN		
F-7	4	IV LOUNGE CHAIR		
F-8	4	IV LAMP		
F-9	2	IV CURTAIN		
F-10	2	PLANTER		
F-11	1	CURVED "WOOD" WALL - MILLWORK		
F-12	2	CORRIDOOR BENCH		
F-13	9	MILLWORK VANITY		
F-14	8	FOOT STOOL		
F-15	22	SINGLE ROBE HOOK		
F-16	4	SHOWER W/ FRAMLESS GLASS PANEL		
F-17	2	ADA SHOWER		
F-18	4	TOWEL HAMPER		

EQUIPMENT SCHEDULE					
TAG	COUNT	DESCRIPTION			
E-1	2	FLOAT TANK			
E-2	2	FLOAT MICRON FILTER			
E-3	1	NEO LIGHT - LIGHT BED			
E-4	1	SAUNA (ADA) - CLEAR LIGHT SANCTUARY RETREAT			
E-5	3	SAUNA - CLEAR LIGHT SANCTUARY C			
E-6	4	COLD PLUNGE			
E-7	1	CRYO CHAMBER - CRYOBUILT			
E-8	1	FUME HOOD - SENTRY AIR SYSTEMS			
E-9	1	UNDERCOUNTER REFRIDGERATOR			
E-10	1	REAIL REFIGERATOR - BEVERAGE AIR MARKETEER MT34			
E-12	2	WASHER / DRYER			
E-13	7	FLOOR DRAIN			
E-14	4	IV STAND			
E-15	1	FLOOR MOUNTED MOP SINK			
E-16	1	WATER HEATER			

CRYO THERAPY







ENLARGED FLOOR PLAN

DESIGN COMPONENTS MUST INCLUDE:

FLOOR PLAN: THE INTENSE AND EXCITING USE OF THIS ROOM HAS GUESTS SOMETIMES SCREAMING — LITERALLY. IT IS IMPERATIVE THAT THIS ROOM BE AS FAR AWAY FROM THE FLOAT ROOMS AS POSSIBLE TO ENSURE ANY NOISE COMING FROM CRYO DOESN'T DISRUPT THE SENSORY DEPRIVATION EXPERIENCE OF THE FLOAT THERAPY.

REQUIRED EQUIPMENT INCLUDES

- (1) VANITY SEE MILLWORK DETAILS
- (1) ROUND VANITY MIRROR SEE FFE SPECS
- (2) WALL HOOK(S) LOCATED ADJACENT TO ENTRY TO CRYO CHAMBER
- (1) BENCH/STOOL NEAR VANITY
- (1) LAUNDRY HAMPER FOR TOWELS
- (1) CRYOBUILT EVEREST CRYO UNIT ORDER UNIT IN WHITE

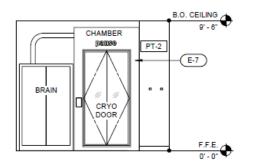
THE CRYOBUILT "CHAMBER" AND "BRAIN" ARE THE ONLY SPECIFIED EQUIPMENT THAT WILL BE INSTALLED BY THE MANUFACTURER. MAKE SURE TO NOTE THIS IN THE CONSTRUCTION DOCUMENTS SO THE PROJECT'S GC CAN COORDINATE INSTALLATION WITH THE CRYOBUILT TEAM. IN ACCORDANCE WITH YOUR PROJECTS SCHEDULE.

SEE SPECS FOR INSTALLATION GUIDELINES, SIZE REQUIREMENTS AND UTILITY SPECIFICATIONS. <u>IF CHILLED WATER LOOP IS AVAILABLE, WE CAN FOREGO THE CONDENSER IN PLACE OF **CRYOBUILT** WATER COOLED CONDENSER WHICH IS LOCATED IN THE CRYOBRAIN.</u>

THE CRYO CHAMBER REQUIRES A DATA CONNECTION.

THE ROOM ALSO REQUIRES AN CONTROL PANEL (MUCH LIKE AN IPAD) THAT MUST BE WALL MOUNTED AT 48" AFF USING DOUBLE SIDED VELCRO, LOCATED TO THE LEFT OF THE CHAMBER OPENING.

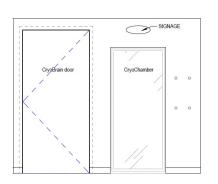
THE "CHAMBER" REQUIRES A FLOOR SINK/DRAIN LOCATED IN THE BACK-RIGHT CORNER OF THE UNIT. THE PURPOSE OF THE "MECHANICAL" ROOM IS ESSENTIALLY A POINT OF MAINTENANCE ACCESS FOR THE DRAIN AND TO HIDE IT FROM GUESTS.



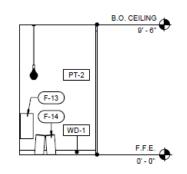
CRYO - WEST (ARCHITECTURE)

TAG	COUNT	DESCTIPTION	
F-1	4	LOBBY CHAIR	
F-2	1	LOBBY SIDE TABLE	
F-3	1	RETAIL MILLWORK	
F-4	1	RECEPTION DESK	
F-5	2	RETAIL SHELVING	
F-6	4	IV OTTOMAN	
F-7	4	IV LOUNGE CHAIR	
F-8	4	IV LAMP	
F-9	2	IV CURTAIN	
F-10	2	PLANTER	
F-11	1	CURVED "WOOD" WALL - MILLWORK	
F-12	2	CORRIDOOR BENCH	
F-13	9	MILLWORK VANITY	
F-14	8	FOOT STOOL	
F-15	22	SINGLE ROBE HOOK	
F-16	4	SHOWER W/ FRAMLESS GLASS PANEL	
F-17	2	ADA SHOWER	
F-18	4	TOWEL HAMPER	

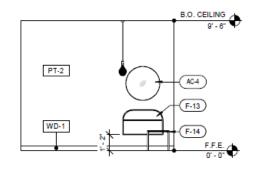
	E	EQUIPMENT SCHEDULE
TAG	COUNT	DESCRIPTION
E-1	2	FLOAT TANK
E-2	2	FLOAT MICRON FILTER
E-3	1	NEO LIGHT - LIGHT BED
E-4	1	SAUNA (ADA) - CLEAR LIGHT SANCTUARY RETREAT
E-5	3	SAUNA - CLEAR LIGHT SANCTUARY C
E-6	4	COLD PLUNGE
E-7	1	CRYO CHAMBER - CRYOBUILT
E-8	1	FUME HOOD - SENTRY AIR SYSTEMS
E-9	1	UNDERCOUNTER REFRIDGERATOR
E-10	1	REAIL REFIGERATOR - BEVERAGE AIR MARKETEER MT34
E-12	2	WASHER / DRYER MARKET TO THE STATE OF THE ST
E-13	7	FLOOR DRAIN
E-14	4	IV STAND
E-15	1	FLOOR MOUNTED MOP SINK
E-16	1	WATER HEATER



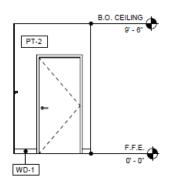
R CRYO - WEST (MILLWORK)



7 CRYO - SOUTH



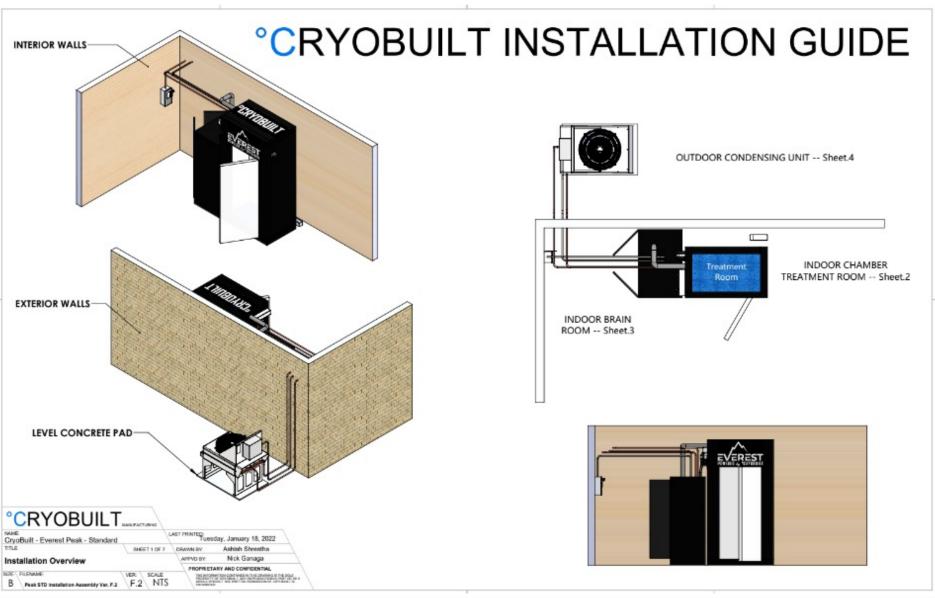
CRYO - EAST

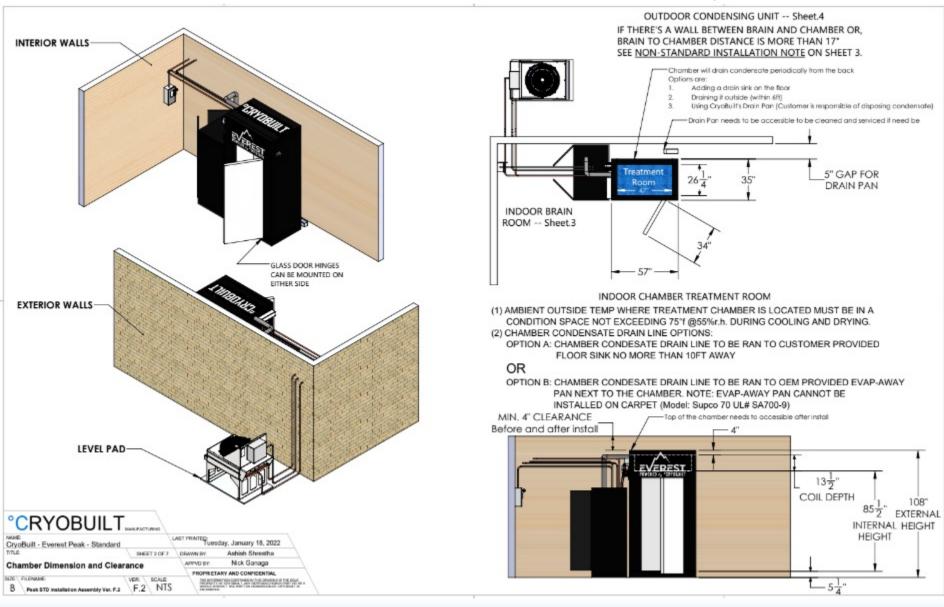


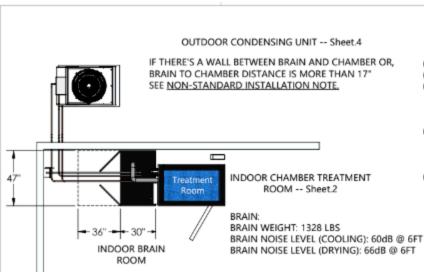
(5) CRYO - NORTH

INTERIOR ELEVATIONS









NON-STANDARD INSTALLATION NOTE:

- (1) CUSTOMER PROVIDE 1x 4" PUNCH THROUGH HOLE FOR REFRIGERATION LINES
- (2) ELECTRICAL PREPARATION IS NOT INCLUDED IN NON-STANDARD INSTALLATION
- (3) CUSTOMER PROVIDED 1" CONTROL CONDUIT INCLUDING THE FOLLOWING CONDUCTOR:
 - 7x 12ga.CONDUCTORS (STRANDED WIRES)
 - 2x 12ga, NEUTRALS
 - 1x 12ga. GROUNDS
- (4) CUSTOMER PROVIDED 1" LOW VOLTAGE CONDUITS

NOTE:

CONTROL WIRES PROVIDED BY OEM.

TO BE INSTALLED BY CUSTOMER

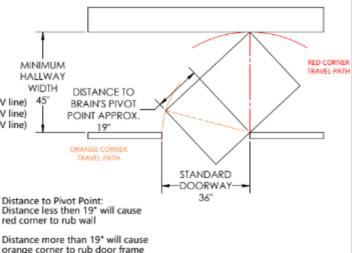
(5) ALL FINAL CONTROL AND LOW VOLTAGE CONNECTIONS TO BE COMPLETED BY OEM INSTALLATION TECHNICIAN

MIN 3' CLEARANCE NEEDED IN FRONT OF BRAIN OR AS REQUIRED BY LOCAL CODE

Top of the brain needs to be accessible after install

(1) CUSTOMER PROVIDED CATS/6 INTERNET READY CONNECTION.

- (2) COMPUTER POWER AND CONTROL CIRCUITS.
- 1x 30A 120V CIRCUIT FROM BUILDING PANEL PROVIDED BY CUSTOMER
- (3) MAIN ELECTRICAL TIE-IN FROM BUILDING PANEL PROVIDED BY CUSTOMER
 - 208-230V/1PH -- 90A Breaker with 30A Breaker (110V line)
 - 208-230V/3PH -- 70A Breaker with 30A Breaker (110V line)
 460-480V/3PH -- 40A Breaker with 30A Breaker (110V line)
 - NO ALUMINUM CONDUCTORS
- (4) CUSTOMER PROVIDED <u>FUSED</u> DISCONNECT AT THE BRAIN PER BUILDING CODE AS NECESSARY. <u>NOTE</u>: BRAIN COMES STANDARD WITH A BUILT IN NON-FUSED DISCONNECT



BELOW IS MINIMUM HALLWAY WIDTH TO TURN INTO A STANDARD 36" DOOR OPENIING

CRYOBUILT

NAME
CryoBuilt - Everest Peak - Standard

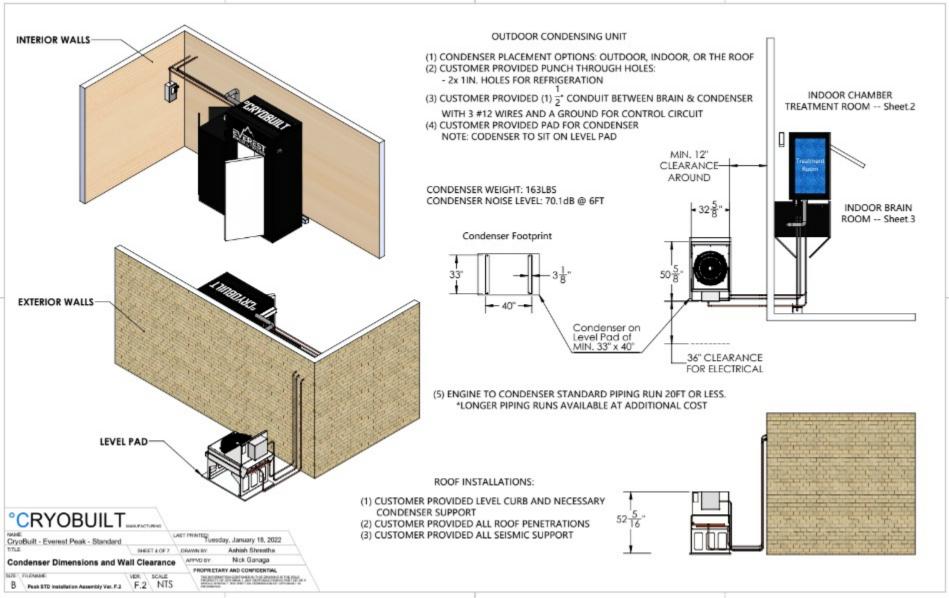
TITLE
SHEET SCF 7

DRAWN BY
Ashieh Shreetha

Brain Dimension and Clearance
Brain Dimension and Clearanc

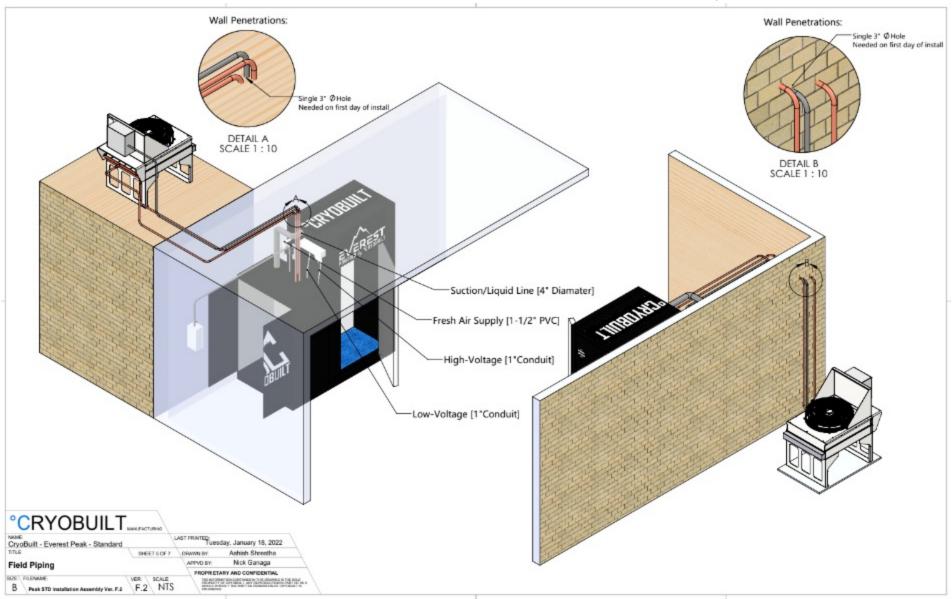
ENLARGED PLANS AND DETAILS

THE SPECIFICATIONS BELOW ARE THE MINIMUM STUDIO STANDARDS FOR DESIGN AND SPACE PLANNING. ADDITIONAL CRITERIA MAY BE REQUIRED BY LOCAL OR STATE JURISDICTION



ENLARGED PLANS AND DETAILS CRYO THERAPY

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*CRYOBUILT INSTALLATION GUIDE - SUMMARY

INDOOR CHAMBER TREATMENT ROOM

BRAIN: °CRYOBUILT EVEREST - PEAK

BRAIN WEIGHT: 1328 LBS

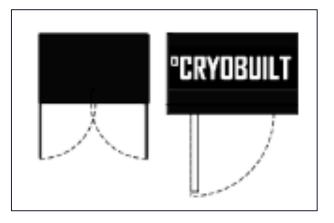
BRAIN NOISE LEVEL (COOLING): 60dB @ 6FT BRAIN NOISE LEVEL (DRYING): 66dB @ 6FT

CONDENSER WEIGHT: 163LBS

CONDENSER NOISE LEVEL: 70.1dB @ 6FT

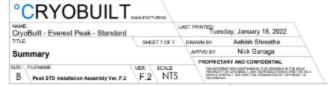
TOTAL ESTIMATED ENERGY CONSUMPTION: DAILY AVERAGE: 96 Kw.day (based on 12 hrs run)

COOLING (avg): 8 Kw/hr DRYING (avg): 1.5 Kw/hr

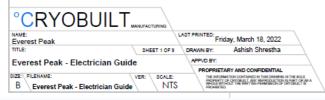


PREFERRED INSTALLATION METHOD:

DESIGN MUST ACCOMMODATE DRAIN IN FLOOR SINK AT RIGHT/REAR CORNER OF CRYOBUILT UNIT. BEST TO LOCATE IN "MECHANICAL" ROOM, OPEN TO CRYO UNITS BUT ONLY ACCESSIBLE FROM HALLWAY TO MANAGE THE DRAIN.



Everest Peak Electrician Guide





Electrical Intro

Before your Everest system can be installed, Cryobuilt will require to have your site prepped with a few electrical requirements prior to install.

Having your site prepared with the electrical pre-requisites will ensure a smooth and standard install. Please note that the Everest system is not plug in unit as it will need to be hardwired to your building electrical panel. One of the first requirements is to make sure you are able to work with a licensed electrician that can help prep and guide you.

Establishing Power and Phase

Once you have an electrician available working with you. You will need to confirm what power and phase is supplied by your building/site.

Our system comes standard at 208V-230V and 3PH power. However we can configure the Everest system to match your building/site after you confirm with your electrician what power and phase is supplied. Once power and phase has been confirmed, this can be submitted by filling out the first pre-install form provided, as a link, in your intro email or in the install checklist pdf.

Power and Phase options

The power and phase options the system can operate with are as listed below:

Please note the voltage provided below are ranges the Everest system can operate with

- 208V-230V and 3PH
- 208V-230V and 1PH
- 3. 460V-480V and 3PH (Will require a longer a lead time due to the nature of this build. Locations that provide 460V-480V usually already have 208V-230V)

Once you have established what power and phase is supplied at the site, reference the corresponding pages for what requirerments are needed:

208V-230V and 3PH (Page 4)

208V-230V and 1PH (Page 5)

460V-480V and 3PH (Page 6)

Internet

The Everest system will require a hardline internet connection. A CAT5/6 ethernet cable, from your router, with a RJ45 connector must be ready to be plugged into the top of the brain prior to install. If internet is not available during install, the Everest system will not operate and can void your warranty.

Install

Once your install date has been confirmed, your electrician will need to be onsite to make the final terminations on the first day of install and the second day too if the condenser is located on the roof. Please ensure that your building has power during install. If power is not provided, startup cannot occur and will render install incomplete. A change order will be issued if a return trip is required. On page 7, it will show the cutouts to help the electrician line up the conduits on top of the brain.

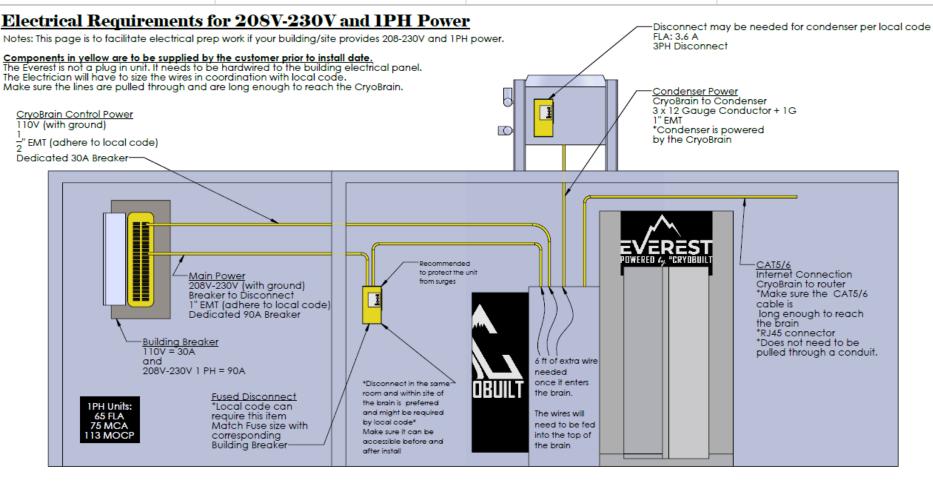
Page 8 and 9 provide a summary of the electrical prep work.





ENLARGED PLANS AND DETAILS

THE SPECIFICATIONS BELOW ARE THE MINIMUM STUDIO STANDARDS FOR DESIGN AND SPACE PLANNING. ADDITIONAL CRITERIA MAY BE REQUIRED BY LOCAL OR STATE JURISDICTION.



Note: The Electrician has to be present on the first day of install to terminate power to the brain and then the condenser to the brain.

2nd day too if the condenser is on the roof or placed in an abnormal location

CRYOBUILT
MANUFACTURING

SME:
Everest Peak

Everest Peak - Electrician Guide

DIZE:
FILENAME:
B Everest Peak - Electrician Guide

NTS

SPH is our standard build. We can accommodate for 1PH but the first form needs to filled for our manufacture team to configure the brain to match the buildings power.

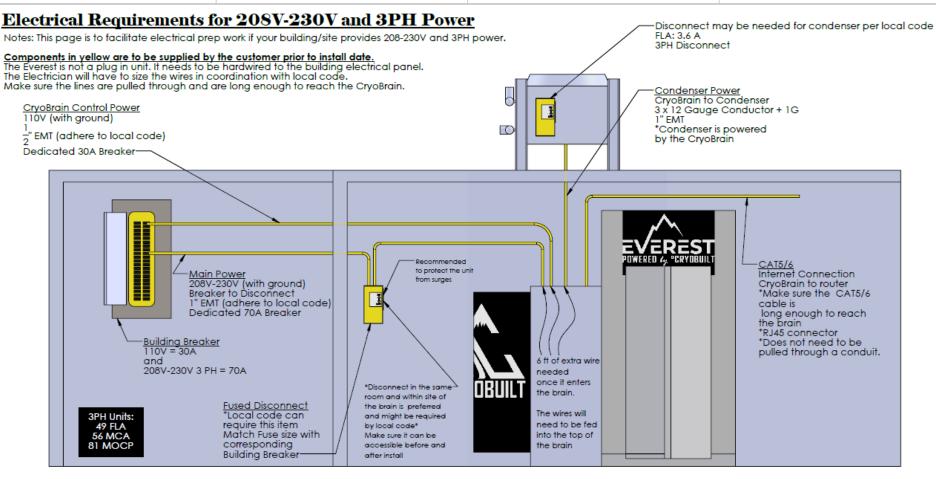
SPH is our standard build. We can accommodate for 1PH but the first form needs to filled for our manufacture team to configure the brain to match the buildings power.

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Note: The Electrician has to be present on the first day of install to terminate power to the brain and then the condenser to the brain.

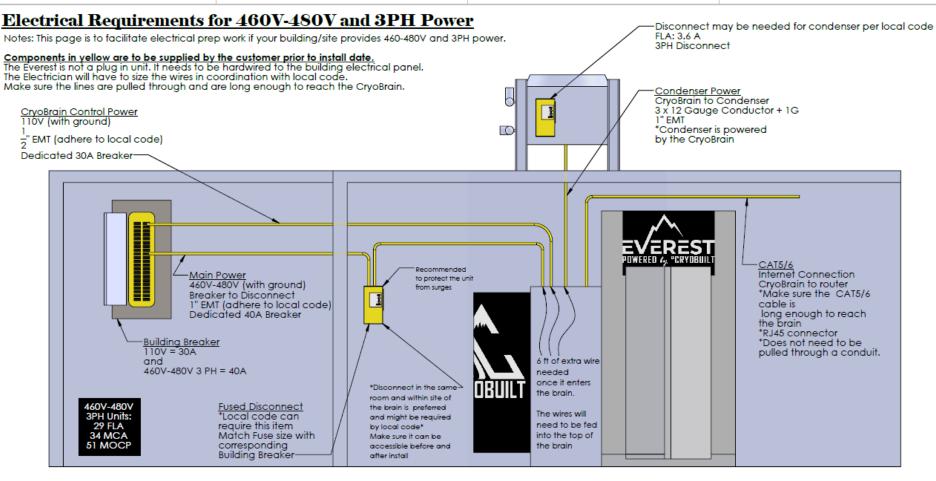
2nd day too if the condenser is on the roof or placed in an abnormal location

°CRYOBUILT, 3PH is our standard build. We can accommodate for 1PH but the first form needs to filled for LAST PRINTED: our manufacture team to configure the brain to match the buildings power. Friday, March 18, 2022 Everest Peak Ashish Shrestha SHEET 4 OF 9 DRAWN BY Everest Peak - Electrician Guide PROPRIETARY AND CONFIDENTIAL SIZE*\ FILENAME* SCALE: THE INFORMATION CONTAINED IN THIS DRAWING IS THE SOLE PROPERTY OF CRYOSULT, ANY REPRODUCTION IN PART OR AS A WHOLE WITHOUT THE WRITTEN PERMISSION OF CRYOSULT IS B | Everest Peak - Electrician Guide NTS



ENLARGED PLANS AND DETAILS CRYO THERAPY

THE SPECIFICATIONS BELOW ARE THE MINIMUM STUDIO STANDARDS FOR DESIGN AND SPACE PLANNING. ADDITIONAL CRITERIA MAY BE REQUIRED BY LOCAL OR STATE JURISDICTION.



Note: The Electrician has to be present on the first day of install to terminate power to the brain and then the condenser to the brain.

2nd day too if the condenser is on the roof or placed in an abnormal location

460V units require a longer lead time as it is not our standard build. Most locations with 460V should have 208-230V.

CRYOBUILT

MAME:
Everest Peak

TITLE:

SHEET 6 0F9

DRAWN BY:
Ashish Shrestha

Everest Peak - Electrician Guide

DIZE: FILENAME:
B Everest Peak - Electrician Guide

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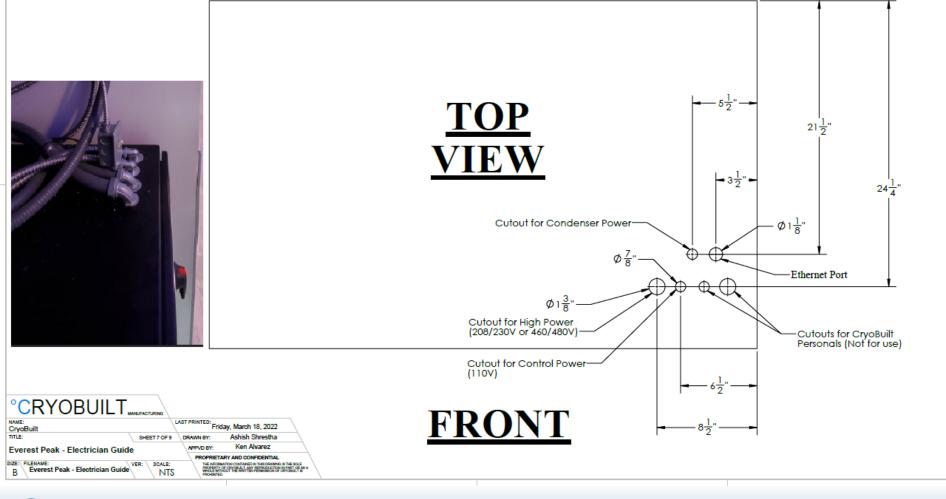
A60V Uniti

A700 Uniti
Friday, March 18, 2022

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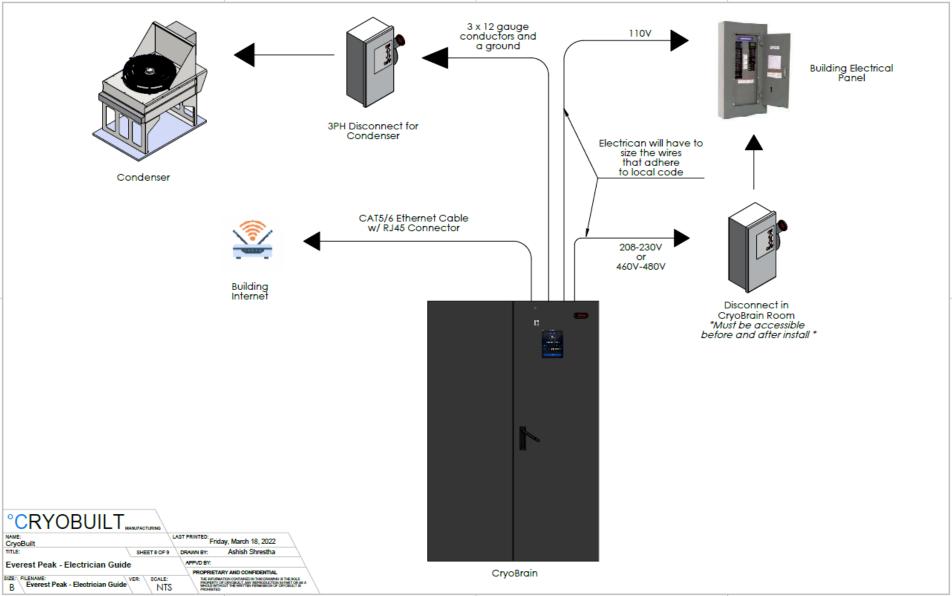


Electrical Landing Points on top of the Brain Electrician will need to run lines to top of the Brain to terminate power in the Brain.



ENLARGED PLANS AND DETAILS CRYO THERAPY

THE SPECIFICATIONS BELOW ARE THE MINIMUM STUDIO STANDARDS FOR DESIGN AND SPACE PLANNING. ADDITIONAL CRITERIA MAY BE REQUIRED BY LOCAL OR STATE JURISDICTION.





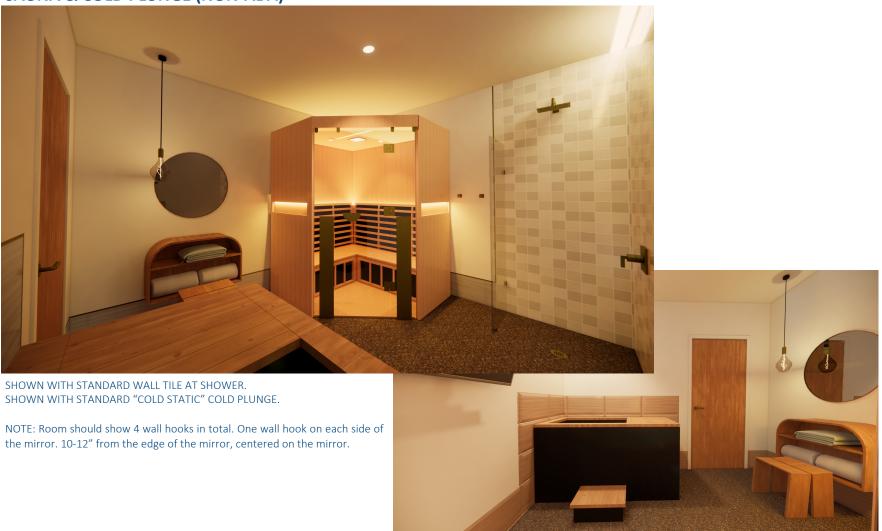
Summary:

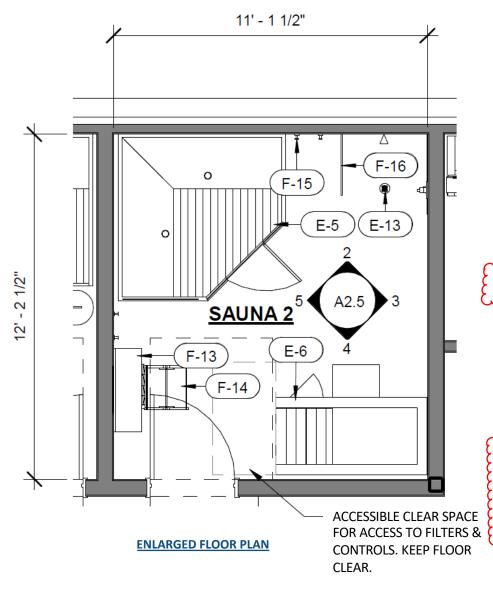
- 1. You will need to check and verify with a licensed electrician what your building/site provides in terms of power and phase.
- 2. Cryobuilt manufacturing will build the unit in order to match the power and phase provided by the customers' building/site.
- 3. The building electrical panel will need room for a 110V line and a 208V-230V or 460V-480V line.
- 4. The 3 options are 208V-230V 3PH, 208V-230V 1PH, or 460V-480V 3PH (460V-480V units will require a significantly longer lead time as they are not our standard build).
- 5. The Everest unit can operate in the range of 208V-230V or 460V-480V.
- 6. This info will need to be filled out in the pre-install forms in order for manufacturing to start building the unit to match the power and phase. *We need form 1 submitted as soon as possible*
- 7. The Everest system needs to be hardwired to the building panel. "It is not a plug in unit"
- 8. There are a total of two lines that will connect to the Cryobrain from the building electrical panel. There is a 110V line and a corresponding building power line (208/230V or 460/480V).
- 9. The two lines need to be sized by the electrician to adhere local code.
- 10. The 208/230V or 460/480V line will need to have its own dedicated breaker. Please refer to the corresponding page for each power/phase, listed in the table of contents, in this guide for the right breaker size. With this line, we also recommend an external fused disconnect to protect your system from surges. Please match the fuse with the corresponding breaker size.
- 11. The 110V line will need a dedicated 30A breaker.
- 12. The condenser will require 3 x 12 gauge conductors and a ground. A disconnect for the condenser is recommend and can be required by local code.
- 13. To prepapre your site for install, the site will need to have the 208/230V or 460/480V line pulled and set with the external disconnect ahead of install.
- 14. Internet will need to be availble as a hardline connection. A CAT5/6 cable will be need to plug into the top of the brain. This needs to be ready prior to install.
- 15. Once an install date has been confirmed, the electricain provided by the customer needs to present day one of install to terminate power from the building to the brain. In addition, will need to connect the condenser to the brain.
- 16. The wires will need enter through the top of the brain.
- 17. If the condenser is set to be placed on the roof or in an abnormal location, the electrician will need to return the second day of install to connect the condenser to the brain.

CRYOBUILT	
AME: Everest Peak	ST PRINTED: Friday, March 18, 2022
ITLE: SHEET 9 OF 9	DRAWN BY: Ashish Shrestha
Everest Peak - Electrician Guide	APPVD BY: PROPRIETARY AND CONFIDENTIAL
ZE:\FILENAME: VER: SCALE: B Everest Peak - Electrician Guide NTS	THE INFORMATION CONTAINED IN THE DRAWING IS THE SOUR PROFESTY OF CRYOSULT, ANY REPRODUCTION IN PART OF AS A WALLE WITHOUT THE WRITTEN PERMISSION OF CRYOSULT IS PROHESTED.



SAUNA & COLD PLUNGE (NON-ADA)





DESIGN COMPONENTS MUST INCLUDE:

REQUIRED EQUIPMENT INCLUDES

- (1) VANITY SEE MILLWORK DETAILS
- (1) ROUND VANITY MIRROR SEE FFE SPECS
- (4) WALL HOOK(S) 2 ON EACH SIDE OF VANITY AND 2 BY SHOWER.
- (1) BENCH/STOOL NEAR VANITY
- (1) LAUNDRY HAMPER FOR TOWELS
- (1) SAUNA CLEAR LIGHT SANCTUARY C
- (1) COLD PLUNGE COLD STOIC 2.0 Clcepod Plus

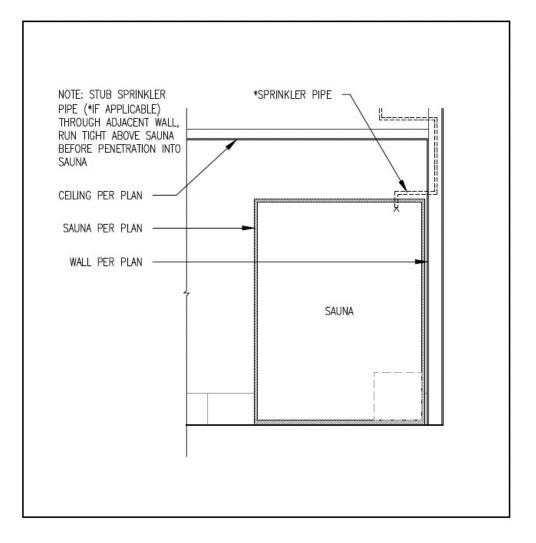
**COLD PLUNGE MUST BE INSTALLED 4-5" AWAY FROM WALL SO ELECTRICAL OUTLET AND PLUG CAN BE ACCESSED. INSTALL OUTLET PROTECTORS ON ALL OUTLETS FOR COLD PLUNGES: TAYMAC ML500W **LOCATE POWER OUTLET FOR SAUNA NEAR THE FRONT ON EITHER SIDE SO THE POWER CORD CAN BE ACCESSED/UNPLUGGED AS NEEDED.

EXTEND WALL TILE AROUND COLD PLUNGE TANK BY MIN. 10" AT TOP AND SIDES TO PROTECT WALLS FROM SPLASHING WATER.

WHEN DESIGNING THE ROOM SIZE FOR THE SAUNA/COLD PLUNGE THERAPY, THE GOAL IS TO KEEP THE ROOM SIZE AS EFFICIENT AS POSSIBLE. TYPICALLY, BETWEEN 135 AND 150 SF. THE STANDARD SPECIFICATION FOR THE COLD PLUNGE TANK IS THE "COLD STOIC," (64" LONG X 33" WIDE X 34.25" HIGH). IT IS ENCOURAGED TO PROVIDE AT LEAST ONE OF THE LARGER "SIBERIAN" COLD PLUNGE (80" LONG X 33 5/8" WIDE X 37" HIGH) WHERE SPACE ALLOWS.

PAY CLOSE ATTENTION TO THE ORIENTATION OF THE COLD PLUNGE UNIT WITHIN THE ROOM. THEY CANNOT BE MIRRORED/FLIPPED TO ACCOMMODATE THE LAYOUT. THERE IS AN ACCESS PANEL ON THE SHORT/RIGHT SIDE OF THE UNIT THAT REQUIRES 27" OF CLEARANCE AND A SMALL ACCESS PANEL ON THE FRONT/FACE THAT REQUIRES 15" OF CLEARANCE.

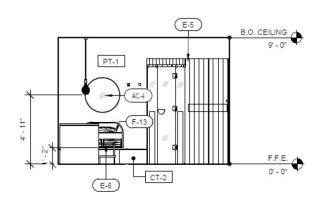
SEE SPECS FOR INSTALLATION GUIDELINES, SIZE REQUIREMENTS AND UTILITY SPECIFICATIONS.



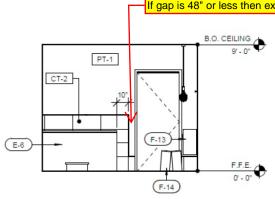
SPRINKLER DETAIL IN SAUNA ROOMS- IF REQUIRED



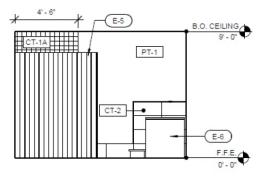
If gap is 48" or less then extend the 4'H tile to the door frame



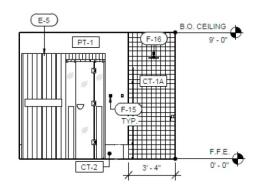
5 SAUNA 2 - WEST



A SAUNA 2 -SOUTH



3 SAUNA 2 - EAST



SAUNA 2 - NORTH

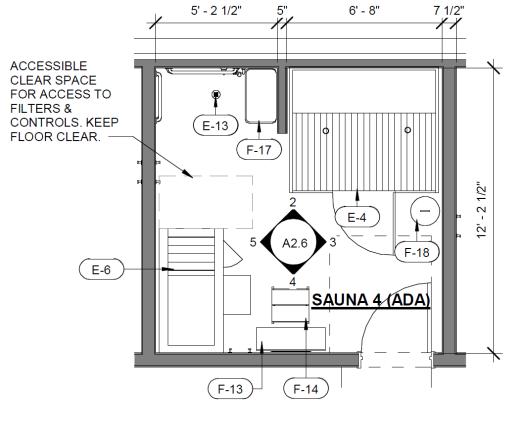
LOBBY / RETAIL SCHEDULE				
TAG	COUNT	DESCTIPTION		
F-2				
F-3	1	RETAIL MILLWORK		
F-4	1	RECEPTION DESK		
F-5	2	RETAIL SHELVING		
F-6	4	IV OTTOMAN		
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F-17	2	ADA SHOWER		
F-18	4	TOWEL HAMPER		
F-19	4	IV CART		

	EQUIPMENT SCHEDULE				
TAG	COUNT	DESCRIPTION			
E-1	2	FLOAT TANK			
E-2	2	FLOAT MICRON FILTER			
E-3	1	NEO LIGHT - LIGHT BED			
E-4	1	SAUNA (ADA) - CLEAR LIGHT SANCTUARY RETREAT			
E-5	3	SAUNA - CLEAR LIGHT SANCTUARY C			
E-6	4	COLD PLUNGE			
E-7	1	CRYO CHAMBER - CRYOBUILT			
E-8	1	FUME HOOD - SENTRY AIR SYSTEMS			
E-9	1	UNDERCOUNTER REFRIDGERATOR			
E-10	1	REAIL REFIGERATOR - BEVERAGE AIR MARKETEER MT34			
E-12	2	WASHER / DRYER L			
E-13	7	FLOOR DRAIN			
E-14	4	IV STAND			
E-15	1	FLOOR MOUNTED MOP SINK			
E-16	1	WATER HEATER			
E-17	1	A/V CONTROL & RACK			

INTERIOR ELEVATIONS

SAUNA & COLD PLUNGE (ADA)





ENLARGED FLOOR PLAN

DESIGN COMPONENTS MUST INCLUDE:

REQUIRED EQUIPMENT INCLUDES

- (1) VANITY SEE MILLWORK DETAILS
- (1) ROUND VANITY MIRROR SEE FFE SPECS
- (4) WALL HOOK(S) 2 ON EACH SIDE OF VANITY AND 2 BY SHOWER.
- (1) BENCH/STOOL NEAR VANITY
- (1) LAUNDRY HAMPER FOR TOWELS
- (1) SAUNA CLEAR LIGHT SANCTUARY C
- (1) COLD PLUNGE COLD STOIC Z.0 CICEPOD Plus

**COLD PLUNGE MUST BE INSTALLED 4-5" AWAY FROM WALL SO ELECTRICAL OUTLET AND PLUG CAN BE ACCESSED. INSTALL OUTLET PROTECTORS ON ALL OUTLETS FOR COLD PLUNGES: TAYMAC ML500W

**LOCATE POWER OUTLET FOR SAUNA NEAR THE FRONT ON EITHER SIDE SO THE POWER CORD CAN BE ACCESSED/UNPLUGGED AS NEEDED.

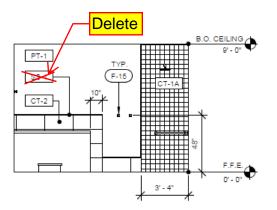
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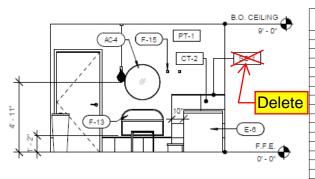
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SEE SPECS FOR INSTALLATION GUIDELINES, SIZE REQUIREMENTS AND UTILITY SPECIFICATIONS.





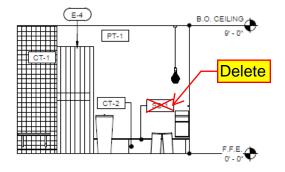
5 SAUNA (ADA) - WEST



(4) SAUNA (ADA) - SOUTH



	EQUIPMENT SCHEDULE				
TAG	COUNT	DESCRIPTION			
E-1	2	FLOAT TANK			
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E-16	1	WATER HEATER			
E-17	1	A/V CONTROL & RACK			



3 SAUNA (ADA) - EAST

	B.O. CEILING
CT-1A	9' - 0"

PT-1 (E4)

SAUNA (ADA) - NORTH

INTERIOR ELEVATIONS



SAUNAS

CLEARLIGHT SANCTUARY

BUILT-IN CHARGING AND AUDIO STATION Charge your tablet or smartphone inside the sauna and connect your favorite audio device with Bluetooth or the included MP3 jack.

BUILT-IN ERGONOMIC BACKREST

Relax close to the soothing infrared heat against the Chiropractor designed built-in ergonomic backrest.

BEAUTIFUL ACCENT LIGHTS

Energy efficient LED lights highlight the beauty of your sauna while providing gentle ambient lighting.

COMBINATION DOOR HANDLE/TABLET CRADLE FOR EASY MEDIA VIEWING

Place your tablet on the door handle for easy viewing of your favorite shows or movies.

ITALIAN INSPIRED DESIGN AND GLASS ROOF

The open feel and beautiful design of your Sanctuary sauna will compliment every room.

THERAPEUTIC FAR INFRARED HEATERS

Our exclusive True Wave™ combination carbon/coramic low EMF / low ELF heaters surround you in healing infrared heat.

TRUE WAVE™ FULL SPECTRUM HEATERS Our full spectrum near mid and

far infrared heaters deliver over 20 times the power of the nearest leading competitor. Our patented heating system allows for the deepest penetration with peak performance for the best results.

DOCTOR DESIGNED ERGONOMIC BENCH

Relay in comfort, with our reversible bench. The extra deep bench is ergonomic on one side and flat on the other for maximum comfort. The bench can be flipped at any time.

DESIGN COMPONENTS MUST INCLUDE:

240 VOLTS

3,220 WATTS

13.5 AMPS

PLUGS INTO A 240V OUTLET.

PLUG: NEMA 6-15P

LOCATE POWER TOWARDS FRONT OF SAUNA ON EITHER SIDE FOR **EASY ACCESS.

**WHEN ORDERING ALL CLEARLIGHT EQUIPMENT, REMIND THE REP TO INCLUDE ONE(1) "PAUSE" GLASS SIGN PER SAUNA BEING ORDERED AND ONE(1- TOTAL PER LOCATION) "PAUSE SAUNA PARTS KIT." PARTS KIT IS DETAILED IN THE PAUSE PURCHASING GUIDE. COST PER KIT WILL BE INCLUDED. WITH SAUNA ORDER AND WILL HELP WITH THE MAINTENANCE POST CONSTRUCTION, COST PER KIT. \$125.

ALL SAUNA ELECTRICAL OUTLETS NEED TO BE ACCESSIBLE FOR TROUBLESHOOTING. RECOMMEND PLACING THE OUTLET NEAR THE FRONT SIDE WALLS WHERE THE SAUNA IS TO BE INSTALLED OR RUN AN EXTENSION CORD IF OUTLETS CANNOT BE RELOCATED.

ENHANCED AUDIO SOUND SYSTEM



Bluetooth and AUX inputs makes it easy to connect and listen to your audio



Never Fail™ digital keypad controls temperature, time, lights, heater intensity and reservation mode

DIGITAL KEYPAD CONTROLS





5

Your Sanctuary sauna comes standard with our healing Chromotherapy. Choose from one of twelve colors or auto-cycle through all color tones

TABLET / SMARTPHONE CONTROL (optional)



Log in from your Android tablet or smartphone and remotely operate your sauna.

Eco-Certified wood choices:

1. Mahogany Exterior/Cedar Interior

2. Basswood Exterior/Interior Tongue & Groove Construction Weight: 640 lbs

Exterior Rack Walls: 71° Side Walls: 38° Front Wall: 47° Height: 77°

Interior Height: 74"

Width: 685 Depth: 68*

Heaters True Wave ** Carbon/Ceramic Far infrared and full spectrum heaters Power: 240V / 3.220W / 13.5A

Limited Lifetime Warranty Cabinerry & Glass Electrical Heaters

© 2022 Clearlight Infrared Saunas + 1077 Eastshore Hwy + Berkeley, CA 94710

800.798.1779 · www.infraredsauna.com



SAUNAS

CLEARLIGHT SANCTUARY RETREAT

ADA-COMPLIANT FULL SPECTRUM SAUNA Our True Wave TH heating technology is now available in our ADA compliant Sanctuary Retreat.

TRUE WAVE'N FULL SPECTRUM HEATERS Our full spectrum near, mid and far infrared heaters deliver over 25 times the power of the nearest leading competitor. Our patent pending heating system allows for the deepest penetration with peak performance for

BEAUTIFUL ACCENT LIGHTS

the best results

Energy efficient LED lights highlight the beauty of your sauna while providing gentle ambient lighting.

INTERIOR MID-LEVEL CONTROL PANEL

The interior electronic control panel has been positioned heater high. This allows full sauna control from a seated position





ITALIAN INSPIRED DESIGN AND GLASS ROOF The open feel and beautiful design of your Sanctuary sauna

THERAPEUTIC FAR INFRARED HEATERS Our exclusive True Wave TV combination carbon/ceramic low FME / low FLE heaters surround you in healing infrared heat.

STEEL VERTICAL DOOR HANDLES Our ADA compliant high-quality steel door handles offer a sleek and

TWO REMOVABLE BASSWOOD BENCHES Relax in comfort with two removable 34.5" benches or remove the benches for easy wheel chair access.

PORTABLE WOOD WHEELCHAIR RAMP A durable 1:12 wheelchair ramp makes entering and exiting the sauna easy and safe.

ENHANCED AUDIO SOUND SYSTEM



Bluetooth and AUX inputs makes it easy to connect and listen to your audio

DIGITAL KEYPAD CONTROLS

Never Fail™ digital

keypad controls

temperature, time.

lights, heater intensity

and reservation mode



Your Sanctuary sauna healing Chromotherapy, Choose from one of twelve colors or auto-cycle through all color tones.

COLOR LIGHT THERAPY



TABLET / SMARTPHONE CONTROL (aptional) Log in from your comes standard with our Android tablet or 00 smartphone and

Eco-Certified wood choices:

1. Mahogany Exterior/Cedar Interior 2. Basswood Exterior/Interior

Tongue & Groove Construction Weight: 780 lbs

Evention Width: 76.5° Depth: 64.5* Height: 85.5" Door Width: 36"

.

Interior Width: 71° Depth: 61" Height: 81* Bench: Two

34.5''x 22"x19" Basswood benches

Ramp Width: 28" Denth: 36" Elevated Height: 2.25" Bottom Height: 1/2"

True Wave™ Carbon/Ceramic Far Infrared and Full Spectrum Heaters Power: 240V / 3.610W / 15.1A

Limited Lifetime Residential Warranty Cabinetry & Glass Heaters Controls

remotely operate your

© 2022 Clearlight Infrared Saunas + 1077 Eastshore Hwy + Berkeley, CA 94710

800.798.1779 · www.infraredsauna.com

DESIGN COMPONENTS MUST INCLUDE:

240 VOLTS

3,610W WATTS

15.1 AMPS

PLUGS INTO A 240V OUTLET

PLUG: NEMA 6-20P

LOCATE POWER TOWARDS FRONT OF SAUNA ON EITHER SIDE FOR **EASY ACCESS.

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ALL SAUNA FLECTRICAL OUTLETS NEED TO BE ACCESSIBLE FOR TROUBLESHOOTING. RECOMMEND PLACING THE OUTLET NEAR THE FRONT SIDE WALLS WHERE THE SAUNA IS TO BE INSTALLED OR RUN AN EXTENSION CORD IF OUTLETS CANNOT BE RELOCATED.

Needs to be replaced with Floorless retreat info



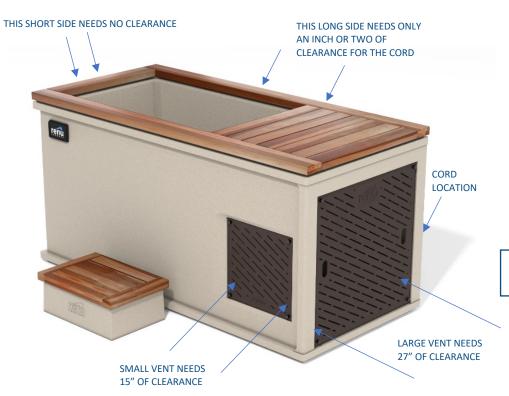
SAUNA BLUETOOTH BOARDS

THE BLUETOOTH BOARDS THAT COME WITH THE SAUNAS NEED TO BE REPLACED WITH THE PREPROGRAMMED OPTIONS AS SHOWN BELOW.

CLEARLIGHT WILL SEND YOU A PREPROGRAMMED BOARD PER SAUNA ORDERD IN A SEPARATE SHIPMENT. PLEASE INSTALL THESE ONES INSTEAD. THE LAST DIGIT OF THE LABEL SHOULD CORRESPOND TO THE SAME ROOM NUMBER. BASED ON LAST DIGIT. EXAMPLE: SP0301 – INSTALL IN SAUNA 1 AND SP0302 – INSTALL IN SAUNA 2.









To be replaced with Cold Tubs Icepod Plus

INSTALL WATERPROOF OUTLET PROTECTORS ON ALL OUTLETS FOR COLD PLUNGES.

RECOMMEND: TAYMAC ML500W

DESIGN COMPONENTS MUST INCLUDE:

TANK DIMENSIONS:

COLD STOIC [™] (STANDARD SIZE) PLUNGE TANK:

BODY MEASUREMENTS:

64" LONG X 33" WIDE X 34 1/4" HIGH

EMPTY WEIGHT: APPROX 375 LB (WITH NO WATER & NON-PALLETIZED) FILLED WEIGHT (WITH 80 US GALLONS): APPROXIMATELY 1,050 LBS

STEP MEASUREMENTS:

STEP BODY: 18" WIDE X 12" DEEP X 6" TALL STEP DECK: 20" WIDE X 14" DEEP X 1 1/2" TALL

TOTAL HEIGHT: 7 1/2" TALL

WATER TANK MEASUREMENTS:

36" LONG X 24" WIDE X 30" HIGH

FILLED CAPACITY: 75-95 US GALLONS (DEPENDING ON FILL LEVEL)

TOTAL CAPACITY: 112 US GALLONS

OPTION TO UPGRADE TO LARGER <u>"SIBERIAN COLD PLUNGE"</u> IF SPACE ALLOWS. 80" LONG X 33.5/8" WIDE X 72" HIGH.

NECESSARY EQUIPMENT:

STANDARD 110V 3-PRONG PLUG. CORD IS 10 FEET LONG BUT APPROXIMATELY 30 INCHES ARE INSIDE UNIT, SO PLAN ON ROUGHLY 7.5 FEET OF USABLE CORD.

ACCESSIBLE WATER SOURCE TO FILL TANK (JUST A HOSE, NOT A HARD LINE)

USABLE DRAIN: TANK IS SET UP WITH HOSE BIBB AND CAN CONNECT TO ANY REGULAR GARDEN HOSE TO EASILY DRAIN TANK

TEMPERATURE RANGE:

THE CHILLER SETTINGS RANGE FROM 39-90 DEGREES FAHRENHEIT, ALTHOUGH THERE IS NO HEATING ELEMENT SO THE WARMEST THE WATER WILL GET WOULD BE AMBIENT TEMPERATURE.

TYPICAL POWER CONSUMPTION (WITH CHILLER RUNNING):

350-500 WATTS @ 3-5 AMPS

TO ORDER, CONTACT: 714.617.2007

WWW.RENUTHERAPY.COM

CLEARLIGHT SAUNA AFTER DELIVERY INSTALLATION INSTRUCTIONS

ONE (1) GLASS PAUSE PLAQUE TO BE INSTALLED IN EACH SAUNA. <u>Plaques are</u> part of the initial Sauna order but are delivered separately from the saunas.



PLACEMENT: Opposite wall from the control panel. Centered above back rest.

HARDWARE NEEDED:

- Four (4) 1 and 1/2 (18 gauge) socket wood screws
- Eight (8) 1/8th rubber (black) gaskets

DIRECTIONS:

- CLEAN BOTH SIDES OF PLAQUE BEFORE INSTALLATION.
- ENSURE PLAQUE IS INSTALLED RIGHT SIDE UP AND RIGHT SIDE OUT
- level plaque at desired height level, on wood panel
- Use stud/electrical finder to ensure not to drill through electrical wires within wood panel
- Use electrical drill (with smaller drill bit than the size of screw) to mark and drill holes where installation screws are going to be positioned
- Prepare/pre-stage screws and gaskets on plaque prior to installing and screwing in installation screws
- Pre-stage one screw and two gaskets per plaque hole: ensuring that there is one gasket on either side of plaque... and introduce screw through first gasket; plaque; and second gasket
- Make sure all four (4) plaque holes are pre-stage before final installation of plaque on to wood panel
- Align all four (4) installation screw tips on to alignment pre drilled holes
- Use electrical drill with right size socket tip to drill in installation screws
- Make sure that installation screws are not over tighten as they may break/crack plaque

CLEARLIGHT SAUNA AFTER DELIVERY INSTALLATION INSTRUCTIONS

FOUR (4) EXTRA WOOD BEAMS WILL BE PROVIDED AND USED TO REINFORCE THE SAUNA BENCH.







SEAL THE FRONT/EXPOSED PERIMETER OF EACH SAUNA WITH 100% CLEAR SILICONE.

PROCESS:

- CLEAN AND DRY AREA(S) TO BE SEALED
- APPLY A "THICK" LAYER OF SILICONE BETWEEN SAUNA WOOD BASE AND FLOOR

COLD STOIC 2.0

AFTER DELIVERY INSTALLATION INSTRUCTIONS

EACH COLD PLUNGE WILL COME WITH ONE STEP. RECOMMEND TO INSTALL RISERS UNDERNEATH EACH STEP.





Is this still needed with Cold Tubs?



COLD PLUNGE

AFTER DELIVERY INSTALLATION INSTRUCTIONS

• SCREW IN FOUR (4) OAK WOOD PIECES (3"X1"X33") TO BOTTOM OF EACH COLD PLUNGE AND INSTALL ROLLERS ON EACH OF THE FOUR (4) WOOD PIECES, PER COLD PLUNGE. **CURRENT PICTURE DOES DEPICT THE TOTAL AMOUNT OF ROLLERS, BUT FOUR ARE NEEDED (NOT THREE).



APPLIANCE ROLLER BASE MOVER
EXTENSIBLE WITH REMOVABLE
JACK 1100 LB LOAD CAPACITY FIT
FOR WASHING MACHINES
REFRIGERATORS DRYERS
DISHWASHERS AND OTHER HEAVY
OBJECTS 2 PACK







Is this still needed with Cold Tubs?

COLD PLUNGE

AFTER DELIVERY INSTALLATION INSTRUCTIONS

• INSTALL IPAD WALL MOUNT AS PER THE DIAGRAM BELOW. MOUNT NEEDS TO BE INSTALLED 25" FROM THE END OF THE WOOD BREATH DECK SIDE OF THE PLUNGE. ALL HARDWARE COMES WITH EACH IPAD WALL MOUNT.







IPAD WALL MOUNTS ARE SUPPLIED BY THE FRANCHISEE. PLEASE REFERENCE THE PAUSE PURCHASING GUIDE FOR VENDOR AND SPEC.

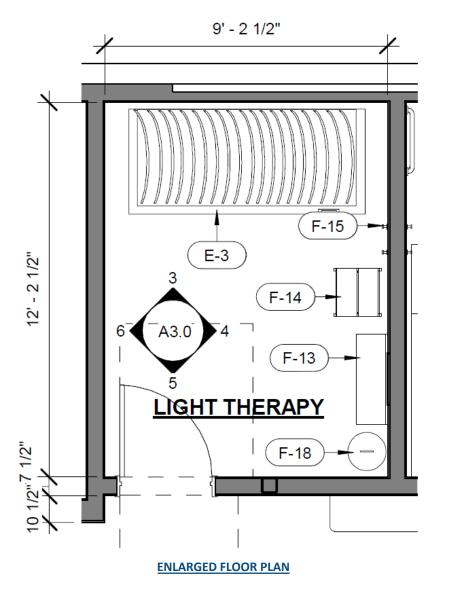
LIGHT THERAPY

Note: LT – 5 Light to be behind light bed only. Not on the sides.



SHOWN WITH OPTIONAL UPGRADE (WC-1) WALLPAPER AS ACCENT WALL.





DESIGN COMPONENTS MUST INCLUDE:

REQUIRED EQUIPMENT INCLUDES

- (1) VANITY SEE MILLWORK DETAILS
- (1) ROUND VANITY MIRROR SEE FFE SPECS
- (2) WALL HOOK(S) LOCATED ADJACENT TO ENTRY OF SAUNA & NEAR COLD PLUNGE
- (1) BENCH/STOOL NEAR VANITY
- (1) LAUNDRY HAMPER FOR TOWELS
- (1) NEO SCIENCE, LIGHT THERAPY BED

WHEN DESIGNING THE LIGHT THERAPY ROOM, THE ROOM NEEDS TO BE A MINIMUM OF 9'-2.5" WIDE. THE INTENT IS THAT THE BED IS TO BE CENTERED ON THE REAR WALL/OPPOSITE THE DOOR. THE BED ITSELF IS ON MOVABLE/ROLLING CASTERS. THE REASON FOR THE 9'-2.5" DIMENSION IS THAT THE BED REQUIRES 15" OF CLEARANCE ON THE "LEFT" FOR ACCESS TO THE ON/OFF SWITCH AND CONTROLS, WHICH IS LOCATED AT THE BACK OF THE UNIT. WHEN ACCESS TO THE CONTROLS IS NEEDED, YOU CAN SIMPLY PUSH THE BED OVER TO THE "RIGHT" AND GAIN ACCESS WITH THAT 15" CLEARANCE. OTHERWISE, YOU CAN MOVE THE BED AND LOCK THE WHEELS SO IT APPEARS CENTERED.

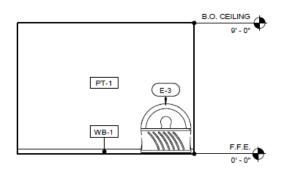
SEE SPECS FOR INSTALLATION GUIDELINES, SIZE REQUIREMENTS AND UTILITY SPECIFICATIONS **HERE.**

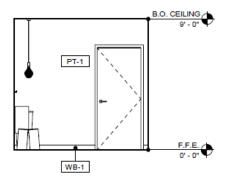
NOTE: Plug & Outlet are to be provided by Electrical. Vendor does not supply

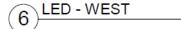
NEMA L6-30R Outlet Required ENLARGED PLANS AND DETAILS

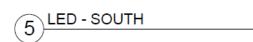
LIGHT THERAPY

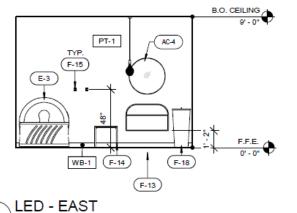
THE SPECIFICATIONS BELOW ARE THE MINIMUM STUDIO STANDARDS FOR DESIGN AND SPACE PLANNING. ADDITIONAL CRITERIA MAY BE REQUIRED BY LOCAL OR STATE JURISDICTION.

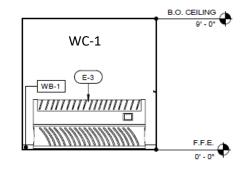












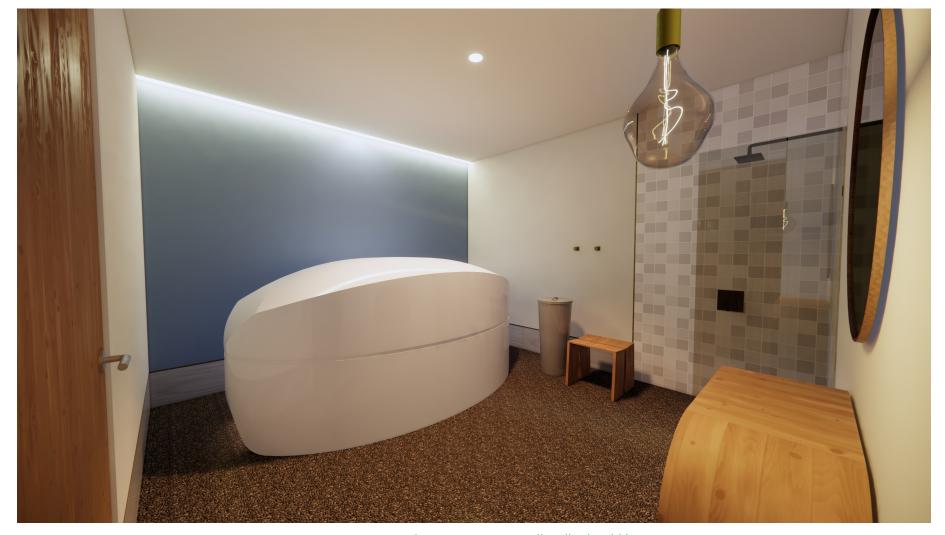
(3)	LED -	NORTH	

LOBBY / RETAIL SCHEDULE		
TAG	COUNT	DESCTIPTION
F-1	4	LOBBY CHAIR
F-2	1	LOBBY SIDE TABLE
F-3	1	RETAIL MILLWORK
F-4	1	RECEPTION DESK
F-5	2	RETAIL SHELVING
F-6	4	IV OTTOMAN
F-7	4	IV LOUNGE CHAIR
F-8	4	IV LAMP
F-9	2	IV CURTAIN
F-10	2	PLANTER
F-11	1	CURVED "WOOD" WALL - MILLWORK
F-12	2	CORRIDOOR BENCH
F-13	9	MILLWORK VANITY
F-14	8	FOOT STOOL
F-15	22	SINGLE ROBE HOOK
F-16	4	SHOWER W/ FRAMLESS GLASS PANEL
F-17	2	ADA SHOWER
F-18	4	TOWEL HAMPER

	EQUIPMENT SCHEDULE			
TAG	COUNT	DESCRIPTION		
E-1	2	FLOAT TANK		
E-2	2	FLOAT MICRON FILTER		
E-3	1	NEO LIGHT - LIGHT BED		
E-4	1	SAUNA (ADA) - CLEAR LIGHT SANCTUARY RETREAT		
E-5	3	SAUNA - CLEAR LIGHT SANCTUARY C		
E-6	4	COLD PLUNGE		
E-7	1	CRYO CHAMBER - CRYOBUILT		
E-8	1	FUME HOOD - SENTRY AIR SYSTEMS		
E-9	1	UNDERCOUNTER REFRIDGERATOR		
E-10	1	REAIL REFIGERATOR - BEVERAGE AIR MARKETEER MT34		
E-12	2	WASHER / DRYER LOSS CONTROL OF CO		
E-13	7	FLOOR DRAIN		
E-14	4	IV STAND		
E-15	1	FLOOR MOUNTED MOP SINK		
E-16	1	WATER HEATER		

INTERIOR ELEVATIONS

FLOAT (NON-ADA)



Rendering is incorrect. All walls should be PT-1

NOTE: Room should have 4 wall hooks in total. 2 by the shower as shown above and 1 on each side of the vanity

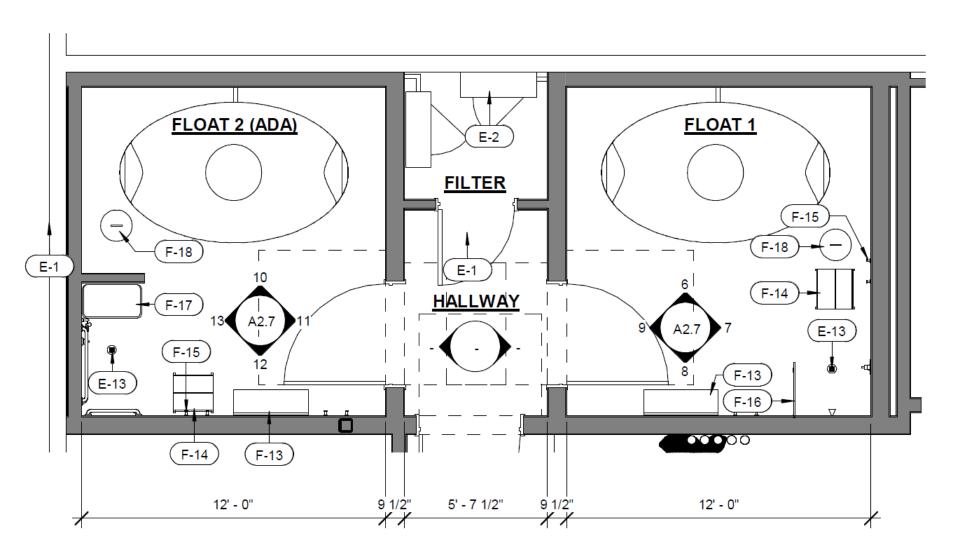


FLOAT (ADA)









DESIGN COMPONENTS MUST INCLUDE:

REQUIRED EQUIPMENT INCLUDES

- (1) VANITY SEE MILLWORK DETAILS
- (1) ROUND VANITY MIRROR SEE FFE SPECS
- (4) WALL HOOK(S) 2 ON EACH SIDE OF VANITY AND 2 BY SHOWER.
- (1) BENCH/STOOL NEAR VANITY
- (2) SHOWER (STANDARD/OR ADA)
- (1) LAUNDRY HAMPER FOR TOWELS
- (1) FLOAT TANK SUPERIOR FLOAT TANKS, REVOLUTION ORB

THE FLOAT TANK AREA DESIGNED TO BE SEPARATED INTO 3 PIECES TO MAKE INSTALLATION EASIER.

- 1 THE REMOTE FILTER
- 2 THE BOTTOM OF THE ORB
- 3 THE TOP OF THE ORB

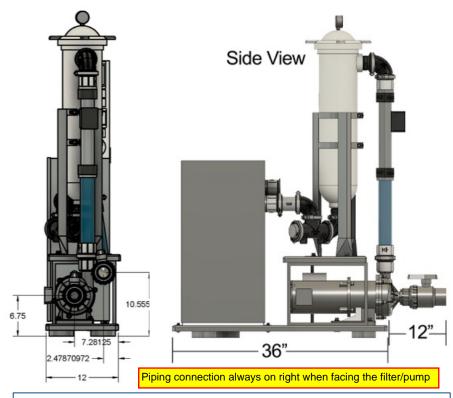
THE ORB IS DESIGNED TO MANEUVER DOWN A STANDARD 44" CORRIDOR AN THROUGH A STANDARD 36" DOOR. THAT SAID, THE PIECES ARE EXTREMELY LARGE AND TURNING CORNERS IS VERY DIFFICULT. THE MINIMUM CORRIDOR WIDTH REQUIRED FOR A PAUSE STUDIO IS 54". WHEN DESIGNING THE LAYOUT WORK TO ENSURE THERE ARE AS FEW TURNS AND CORNERS IN THE CORRIDOR AS POSSIBLE. THE GENERAL CONTRACTOR IS REQUIRED TO RECEIVE AN INSTALL THE FLOAT TANK. A FORKLIFT OR VACUUM SUCTION CUPS WITH 4-5 PEOPLE REQUIRED ONSITE TO EXTRACT THE UNIT FROM THE DELIVERY TRUCK, ASSUMING A LIFT GATE IS NOT AVAILABLE.

DOORS TO THE FLOAT ROOMS AND FLOAT CORRIDOR ARE LARGER THAN STANDARD AT 48" WIDE AND 96" TALL, TO MAKE INSTALLATION EASIER.

SEE SPECS FOR INSTALLATION GUIDELINES, SIZE REQUIREMENTS AND UTILITY SPECIFICATIONS.

42" wide doors

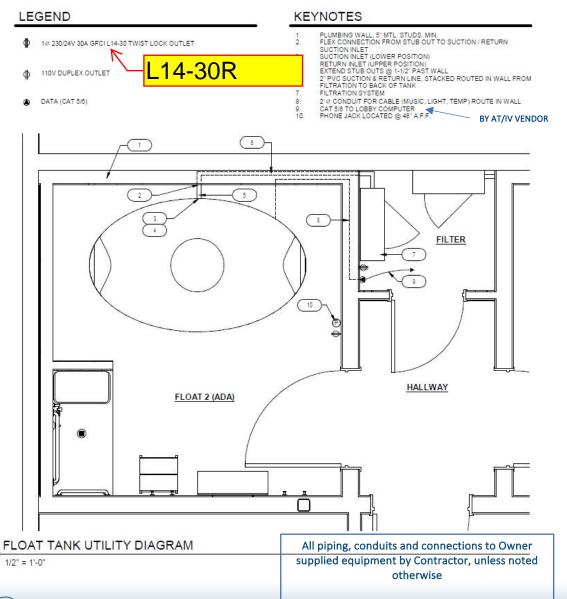
FILTRATION ROOM REQUIREMENTS:

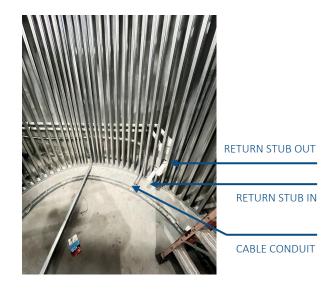


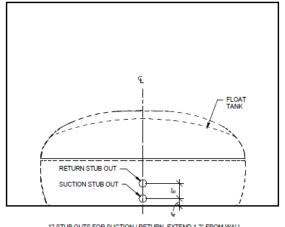
FILTER SPACING IN ADJACENT MECHANICAL ROOM - SEE NEXT PAGE

A HARDWIRED ETHERNET CABLE, CONNECTED TO THE FRONT DESK, IS REQUIRED. SEE WIRELESS NETWORK REQUIREMENTS.

BY AT/IV VENDOR







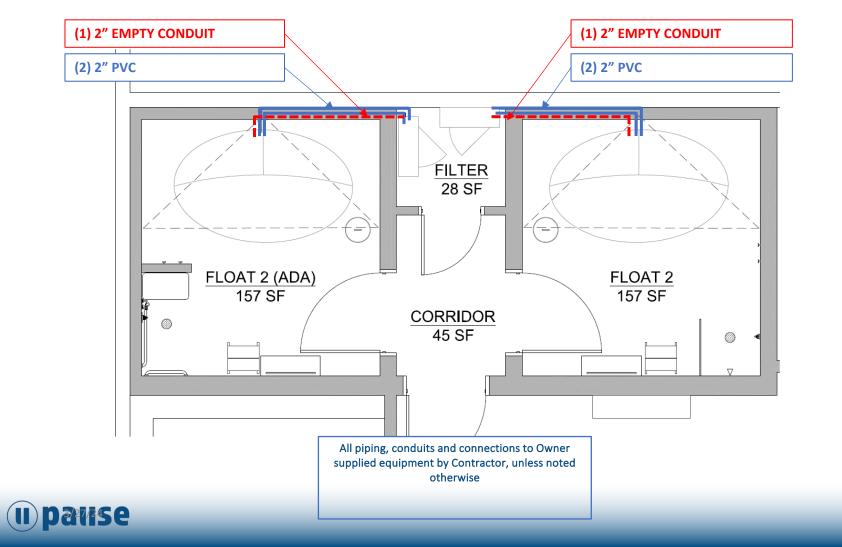
*2 STUB OUTS FOR SUCTION / RETURN. EXTEND 1-2" FROM WALL

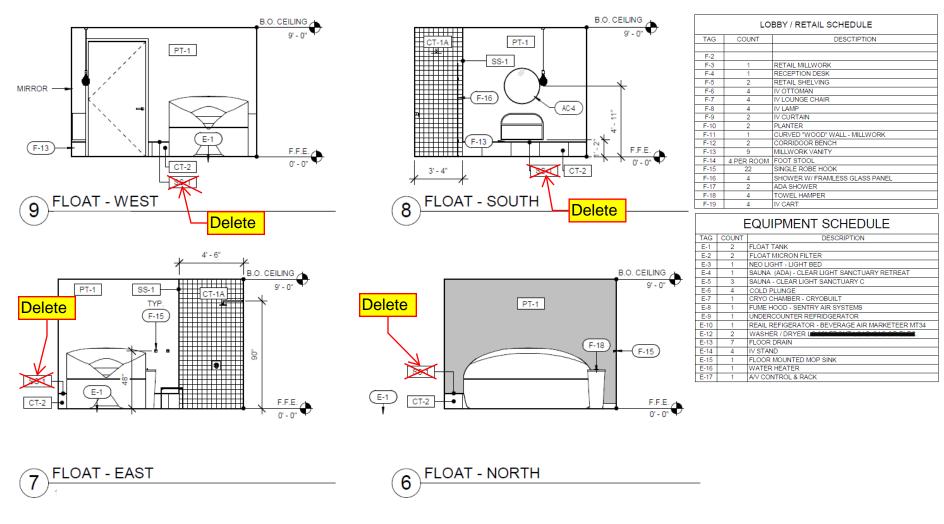




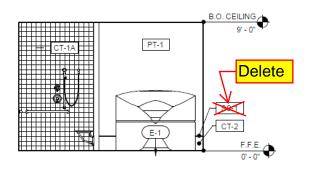
CRITICAL DESIGN DETAIL THAT IS OFTEN MISSED IN THE FLOAT ROOM:

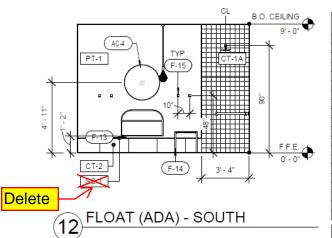
- (1) ONE EMPTY 2" CONDUIT RUN FROM REAR OF FLOAT TANK TO CORRESPONDING FILTER ROOM
- (2) TWO 2" PVC PLUMBING LINES FROM SUPPLY/RETURN FROM REAR OF FLOAT TANKS TO CORRESPONDING FILTER ROOM (SEE EXHIBIT BELOW)





INTERIOR ELEVATIONS

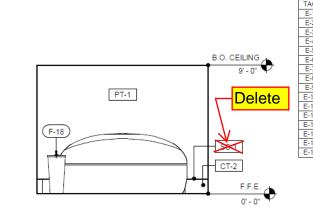




LOBBY / RETAIL SCHEDULE		
TAG	COUNT	DESCTIPTION
F-2		
F-3	1	RETAIL MILLWORK
F-4	1	RECEPTION DESK
F-5	2	RETAIL SHELVING
F-6	4	IV OTTOMAN
F-7	4	IV LOUNGE CHAIR
F-8	4	IV LAMP
F-9	2	IV CURTAIN
F-10	2	PLANTER
F-11	1	CURVED "WOOD" WALL - MILLWORK
F-12	2	CORRIDOOR BENCH
F-13	9	MILLWORK VANITY
F-14	4 PER ROOM	FOOT STOOL
F-15	22	SINGLE ROBE HOOK
F-16	4	SHOWER W/ FRAMLESS GLASS PANEL
F-17	2	ADA SHOWER
F-18	4	TOWEL HAMPER
F-19	4	IV CART

4	3	FLOAT	(ADA)	-	WEST
\ I	3				

		B.O. CEILING
PT-1		9' - 0" 🖤
(E-1)		`. <u> </u> _]
	• /	F.F.E.
'	CT-2	-Delete
FLOAT (AD	A) - FAST	



EQUIPMENT SCHEDULE				
ΓAG	COUNT	DESCRIPTION		
E-1	2	FLOAT TANK		
E-2	2	FLOAT MICRON FILTER		
E-3	1	NEO LIGHT - LIGHT BED		
E-4	1	SAUNA (ADA) - CLEAR LIGHT SANCTUARY RETREAT		
E-5	3	SAUNA - CLEAR LIGHT SANCTUARY C		
E-6	4	COLD PLUNGE		
E-7	1	CRYO CHAMBER - CRYOBUILT		
E-8	1	FUME HOOD - SENTRY AIR SYSTEMS		
E-9	1	UNDERCOUNTER REFRIDGERATOR		
-10	1	REAIL REFIGERATOR - BEVERAGE AIR MARKETEER MT34		
-12	2	WASHER / DRYER L		
-13	7	FLOOR DRAIN		
-14	4	IV STAND		
-15	1	FLOOR MOUNTED MOP SINK		
-16	1	WATER HEATER		
-17	1	A/V CONTROL & RACK		

10 FLOAT (ADA) - NORTH

INTERIOR ELEVATIONS

E-1

FLOAT ROOMS:

https://aquaspafloatcenter.com/wp-content/uploads/2019/09/superior-float-tanks-floating-explained.pdf



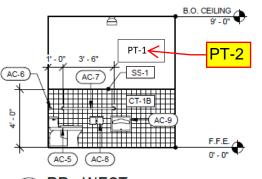
RESTROOM

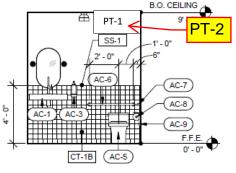


SHOWN WITH STANDARD WALL TILE.

Rendering is incorrect. Walls should be PT-1 PT-2

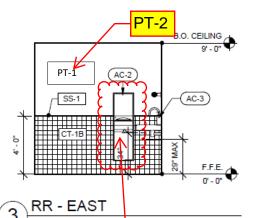


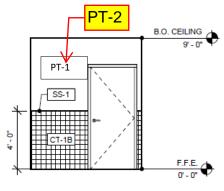




(<u>5</u>)	RR - WEST
9	1/4" = 1'-0"

	RR - SOUTH	
\ -+ /	1/4" = 1'-0"	



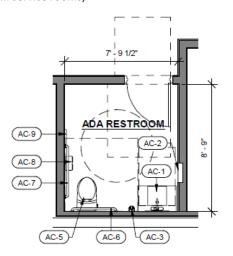


RR - NORTH

Has changed to a recessed paper towel dispenser only

		RESTROOM ACCES	SSORY SCHEDULE
TAG	COUNT	DESCRIPTION	TYPE
AC-1	1	BATHROOM VANITY	SCARABEO 5151 359033
AC-2	1	PAPER TOWEL DISPENSER	BOBRICK B-3940 S.S.
AC-3	1	SOAP DISPENSER	SOHO DISPENSER - 301-STD-BLACK
AC-5	1	ADA TOILET	KOHLER - 5172-0 SAN SOUCI CH 1-PC
AC-6	1	36" ADA GRAB BAR	KOHLER PURIST 36" GRAB BAR - MATTE BRASS
AC-7	1	42" ADA GRAB BAR	KOHLER PURIST 24" GRAB BAR - MATTE BRASS
AC-8	1	TOILET PAPER DISPENSER	KOHLER - 78384-BL - MATTE BRASS
AC-9	1	TOILET SEAT COVER DISPENSER	LAVEX S.S. SORPACE MOUNTED TOILET SEAT COVER DISPENSER

Note: Install wall hook on back of door. (owner supplied and part of FFE order. Same wall hooks in service rooms)



Waiting for Brand to decide if they want Black or Brass



/ 1/4" = 1'-0"



1/4" = 1'-0"

UPGRADED BATHROOM VANITY & SINK

PAUSE FRANCHISEES HAVE THE OPTION TO UPGRADE THE BATHROOM LAVATORY WITH A CUSTOM FLOATING MARBLE VANITY USING **SF-1**.



SF-1 SPECIAL FINISH

MAGNIFICA ENCODE PORCELAIN
BY BEDRODIAN TILE & STONE
COLOR: ARABESCATO NERO
60" X 127", 12MM HONED

Natural marble, either Arabescato Corchia or Calacatta Apuano 2 cm (3/4"), polished finish



UNDERMOUNT SINK

KOHLER, K-2882-0 VERTICYL 19.8125" X 15.625" RECTANGLE UNDERMOUNT SINK WITH VERTICAL SIDES & OVERFLOW

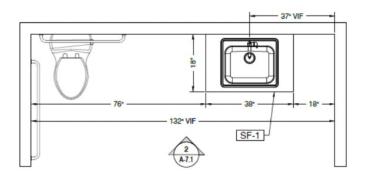


BATHROOM WALL MOUNT FAUCET & LEVER HANDLE KOHLER, SKU# T23890-2MB KOHLER, SKU# 77980-4-2MB COMPONENTS WM LAV SPOUT & COMPONENTS 1H

WM LAV HANDLE LEVER

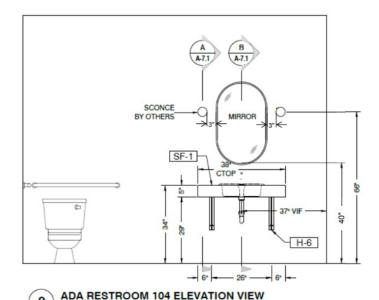


USE WITH WALL MOUNT SINK $\underline{\mathsf{NOT}}$ DECK MOUNT AS SHOW.

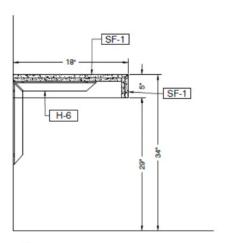




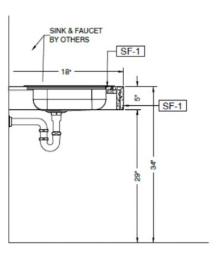
Scale: 1/2" = 1'-0"



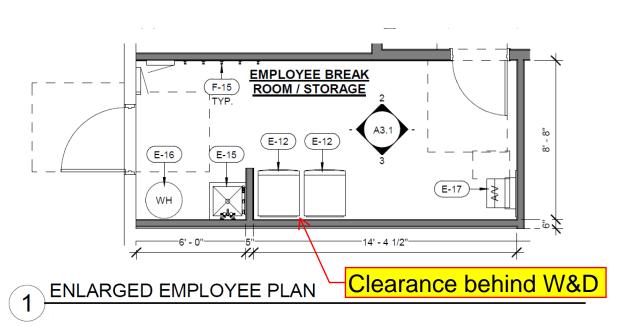
D-A25/A4.01





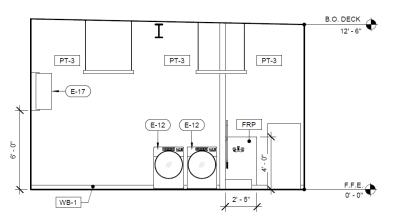


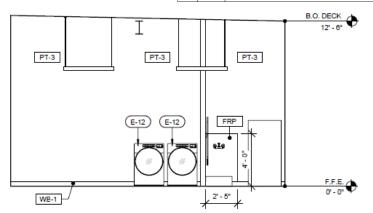




	1.0	NRRY / RETAIL COLIEDLILE
	LC	DBBY / RETAIL SCHEDULE
TAG	COUNT	DESCTIPTION
F-1	4	LOBBY CHAIR
F-2	1	LOBBY SIDE TABLE
F-3	1	RETAIL MILLWORK
F-4	1	RECEPTION DESK
F-5	2	RETAIL SHELVING
F-6	4	IV OTTOMAN
F-7	4	IV LOUNGE CHAIR
F-8	4	IV LAMP
F-9	2	IV CURTAIN
F-10	2	PLANTER
F-11	1	CURVED "WOOD" WALL - MILLWORK
F-12	2	CORRIDOOR BENCH
F-13	9	MILLWORK VANITY
F-14	8	FOOT STOOL
F-15	22	SINGLE ROBE HOOK
F-16	4	SHOWER W/ FRAMLESS GLASS PANEL
F-17	2	ADA SHOWER
F-18	4	TOWEL HAMPER
F-19	4	IV CART

EQUIPMENT SCHEDULE			
TAG	COUNT	DESCRIPTION	
E-1	2	FLOAT TANK	
E-2	2	FLOAT MICRON FILTER	
E-3	1	NEO LIGHT - LIGHT BED	
E-4	1	SAUNA (ADA) - CLEAR LIGHT SANCTUARY RETREAT	
E-5	3	SAUNA - CLEAR LIGHT SANCTUARY C	
E-6	4	COLD PLUNGE	
E-7	1	CRYO CHAMBER - CRYOBUILT	
E-8	1	FUME HOOD - SENTRY AIR SYSTEMS	
E-9	1	UNDERCOUNTER REFRIDGERATOR	
E-10	1	REAIL REFIGERATOR - BEVERAGE AIR MARKETEER MT34	
E-12	2	WASHER / DRYER L	
E-13	7	FLOOR DRAIN	
E-14	4	IV STAND	
E-15	1	FLOOR MOUNTED MOP SINK	
E-16	1	WATER HEATER	
E-17	1	A/V CONTROL & RACK	



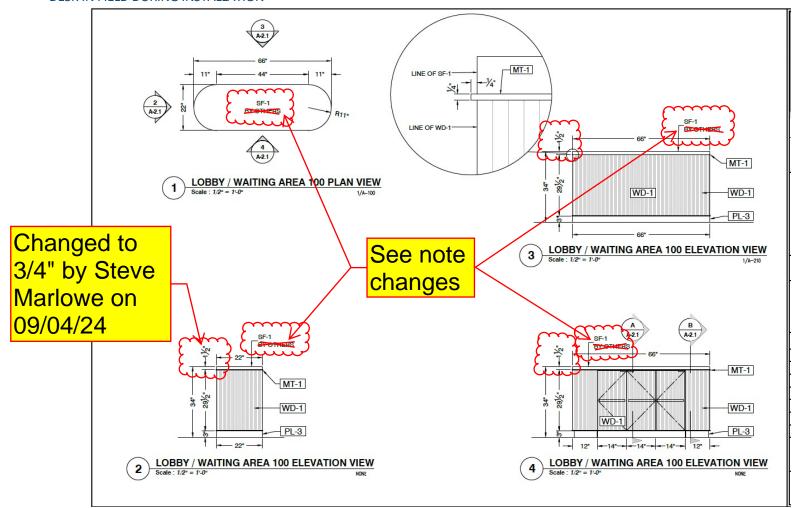


EMPLOYEE - NORTH

3 EMPLOYEE - SOUTH

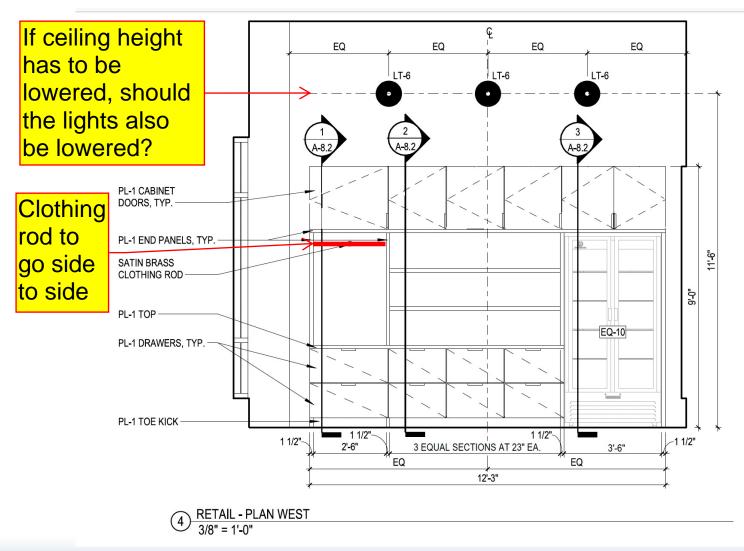
MILLWORK – RECEPTION DESK

**NOTE – ADD WHITE 2" GROMMET AT TOP OF DESK IN FIELD DURING INSTALLATION



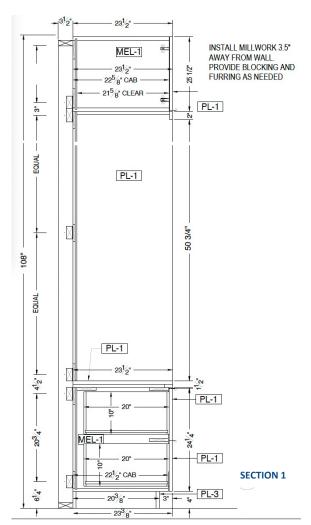
MILLWORK - RETAIL WALL (ELEVATIONS)

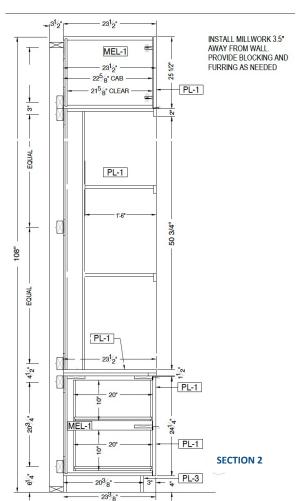
NOTE: PROVIDE BACKING BELOW GYP. BD. FACE LAYERS AS REQUIRED AT ALL WALL MOUNTED FIXTURES

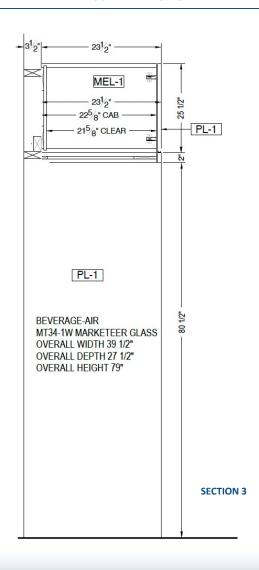


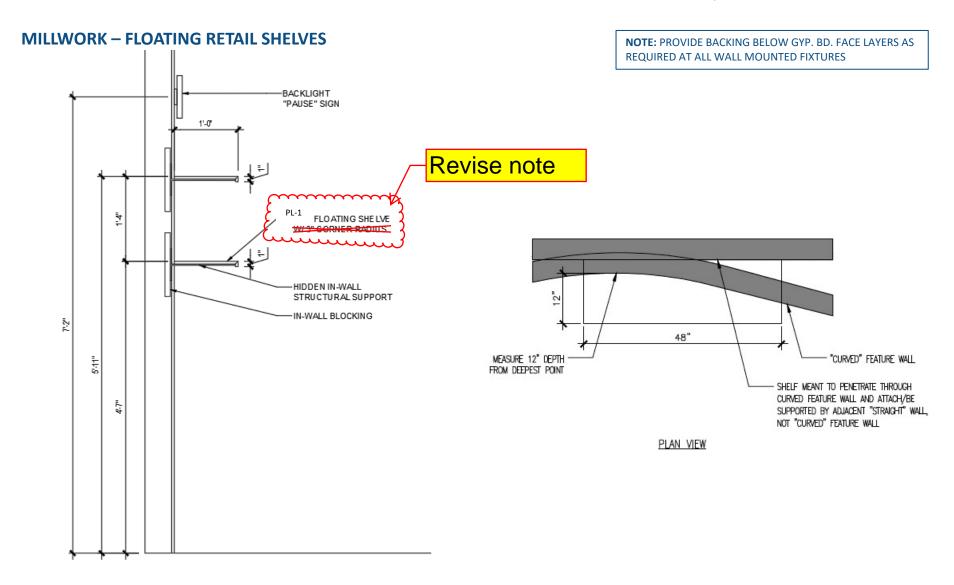
MILLWORK - RETAIL WALL (SECTIONS)

NOTE: PROVIDE BACKING BELOW GYP. BD. FACE LAYERS AS REQUIRED AT ALL WALL MOUNTED FIXTURES





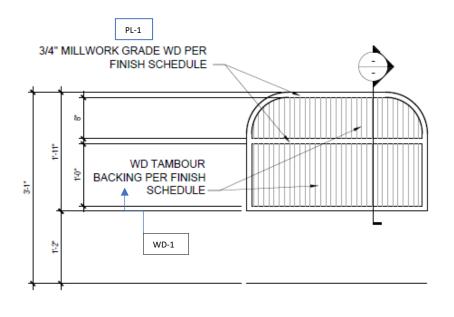


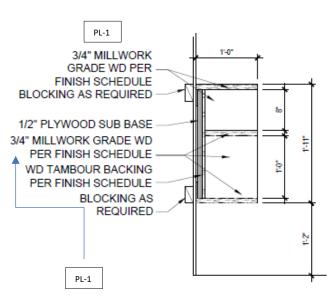


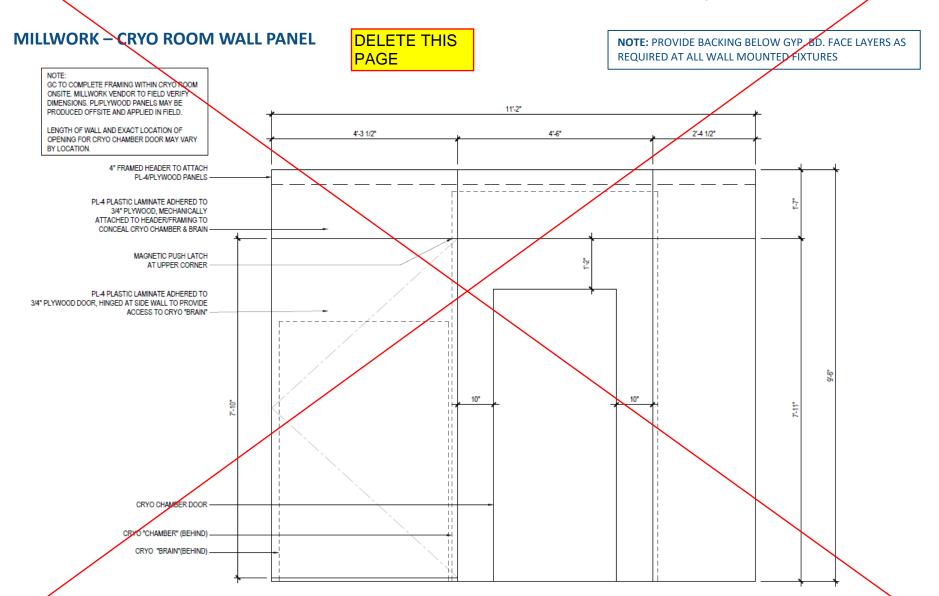


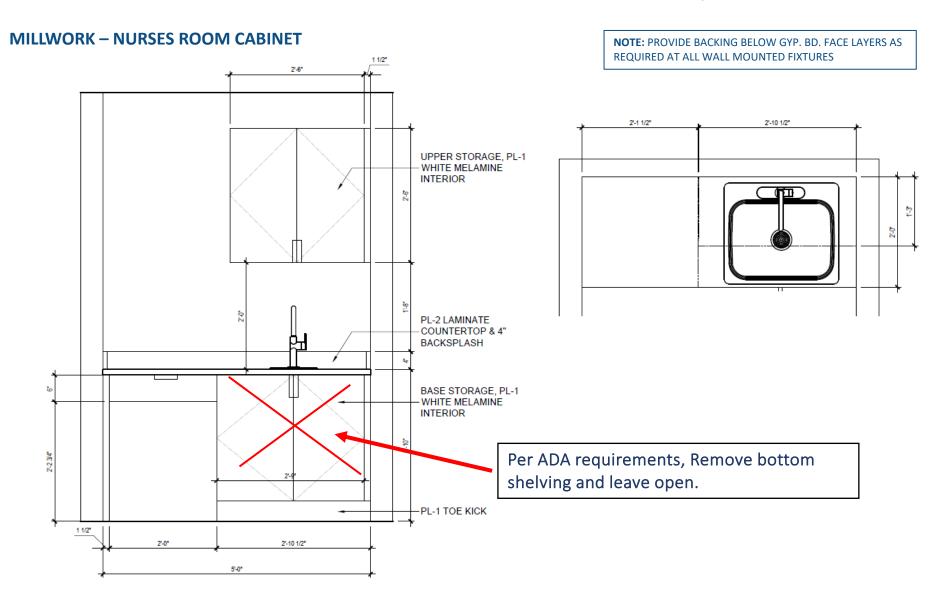
MILLWORK - THERAPY ROOM VANITY

NOTE: PROVIDE BACKING BELOW GYP. BD. FACE LAYERS AS REQUIRED AT ALL WALL MOUNTED FIXTURES





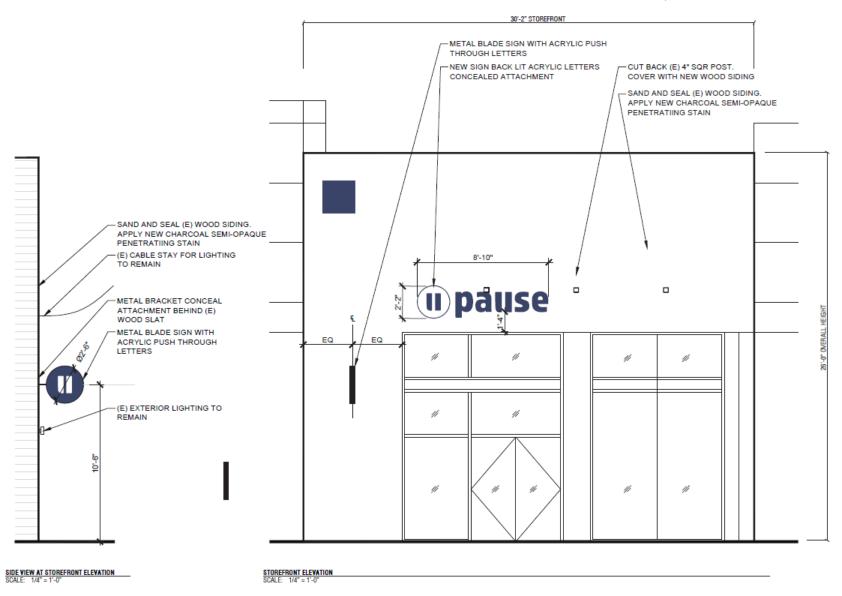




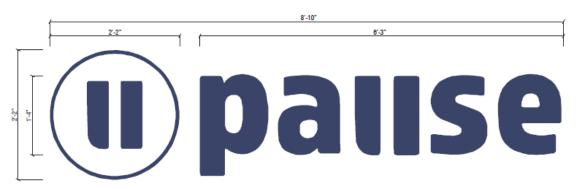
EXTERIOR SIGNAGE











SIGN SPECIFICATIONS

RETURNS: 4*DEEP .080" THK. ALUMINUM WITH PAINTED SATIN FINISH FACES: .125" THK. ALUMINUM WITH PAINTED MATTHEWS SATIN FINISH

BACKS: 3/16" THK. CLEAR ACRYLIC INTERIOR FINISH: STARBRITE WHITE

ILLUMINATION: WHITE HALO LED'S

MOUNTING: PEG-OFF 1 1/2" FROM FACE OF BUILDING WITH THRU-BOLT ATTACHMENTS. SPACERS: 1/2" DIAM. PVC PAINTED TO MATCH ADJACENT WALL (TO BE CONFIRMED)

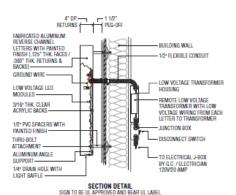
POWER SUPPLY: REMOTE 120 VOLT (1) DEDICATED 20 AMP/120 VOLT CIRCUIT REQUIRED

REVERSE CHANNEL LETTERS

SCALE: 1" = 1'-0"



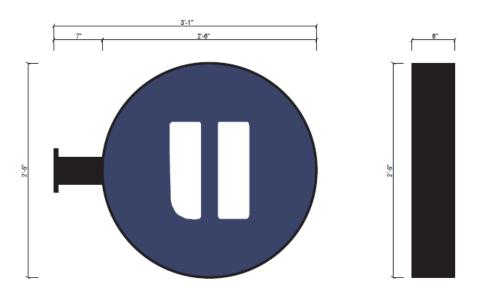
PANTONE® 534 C

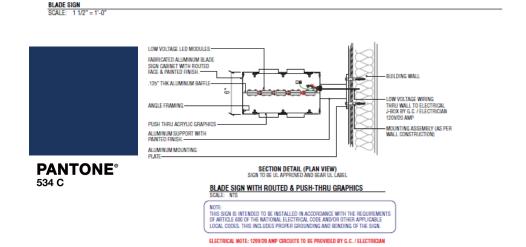


REVERSE CHANNEL LETTERS WITH LED HALO ILLUMINATION SCALE: NTS

THIS SIGN IS INTENDED TO BE INSTALLED IN ACCORDANCE WITH THE REQUIREMENTS OF ARTICLE 600 OF THE NATIONAL ELECTRICAL CODE AND/OR OTHER APPLICABLE LOCAL CODES. THIS INCLUDES PROPER GROUNDING AND BONDING OF THE SIGN.

ELECTRICAL NOTE: 120W20 AMP CIRCUITS TO BE PROVIDED BY G.C. / ELECTRICIAN





ENLARGED PLANS AND DETAILS INTERIOR SIGNAGE

THE SPECIFICATIONS BELOW ARE THE MINIMUM STUDIO STANDARDS FOR DESIGN AND SPACE PLANNING. ADDITIONAL CRITERIA MAY BE REQUIRED BY LOCAL OR STATE JURISDICTION.

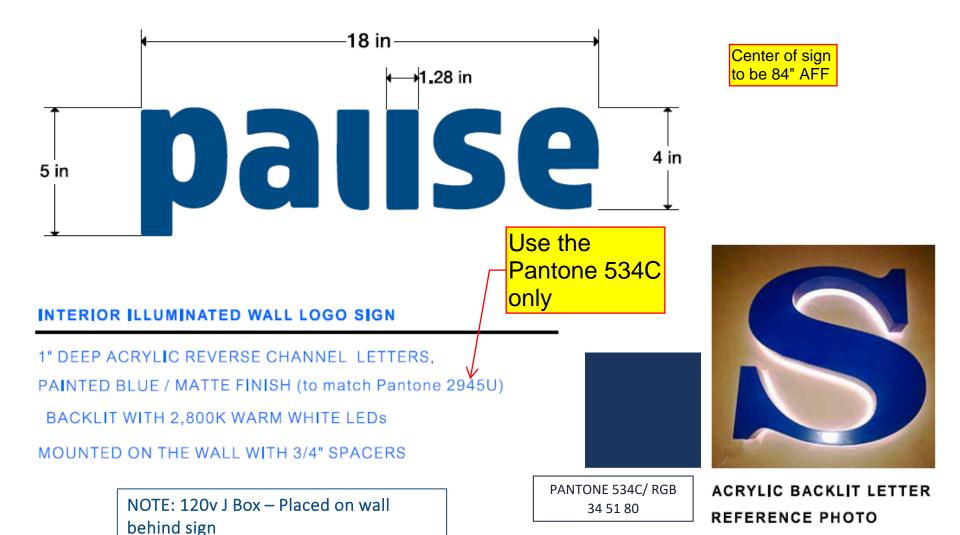
INTERIOR SIGNAGE

REFERENCE PHOTOS FROM HOLLYWOOD LOCATION









CRYOTHERAPY IN ROOM SIGNAGE - Required

Center of sign to be 100" AFF



Center over
Cryo Chamber
door - midway
between top of
door and ceiling

NOTE: 120v J Box – Placed on wall behind sign



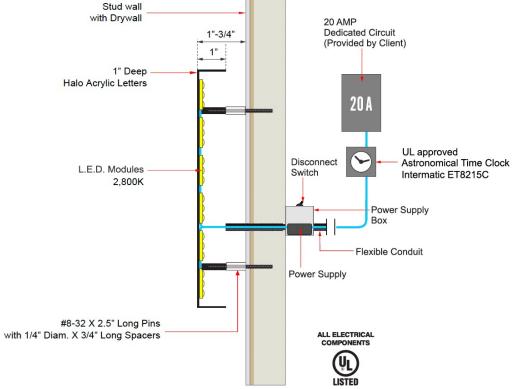
ENLARGED PLANS AND DETAILS INTERIOR SIGNAGE

THE SPECIFICATIONS BELOW ARE THE MINIMUM STUDIO STANDARDS FOR DESIGN AND SPACE PLANNING. ADDITIONAL CRITERIA MAY BE REQUIRED BY LOCAL OR STATE JURISDICTION.

CRYOTHERAPY IN ROOM SIGNAGE - Required

INTERIOR ILLUMINATED SIGN ATTACHMENT





Center of sign to be 108" AFF

OPTIONAL ADDITIONAL IN STUDIO SIGNAGE

Pause Button to be placed above the arch way. This sign is in addition to the PAUSE wall logo behind the reception desk.

Use the Pantone 534C only

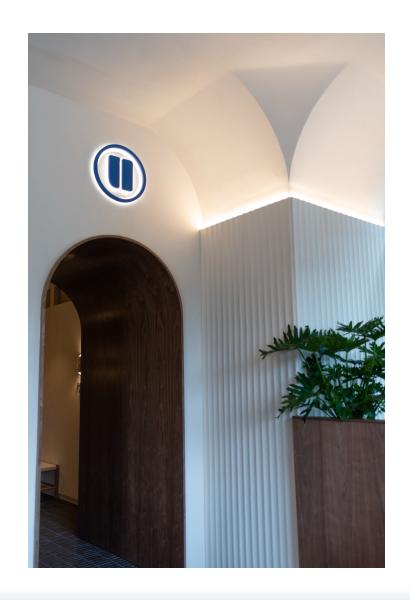
LOBBY WALL LOGO SIGN

18" DIAMETER "DOT" LOGO

1" DEEP ACRYLIC REVERSE CHANNEL LETTERS,
PAINTED BLUE / MATTE FINISH / TO MATCH PMS 2945U

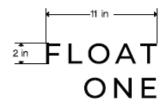
BACKLIT WITH 2,800K WARM WHITE LEDS
MOUNTED ON THE WALL WITH 3/4" SPACERS

NOTE: 120v J Box – Placed on wall behind sign



Wall Mounted 4" from bottom of wall sconce light to top of letters





SAUNA TWO FLOAT TWO

SAUNA THREE



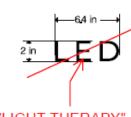
SAUNA FOUR

Room name lettering should be centered line to line

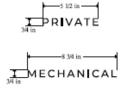


WALL SIGNS

1/4" THICK ALUMINUM LETTERS < PAINTED MATTE BLACK STUD MOUNTED WITH 1/4" SPACERS



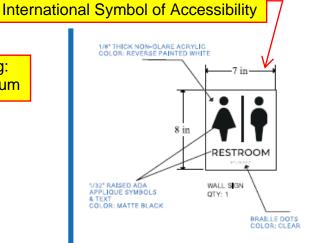
Font for Lettering: Montserrat Medium



Brand does not require any signs on the Cryo mechanical door or linen closet doors

DOOR SIGNS

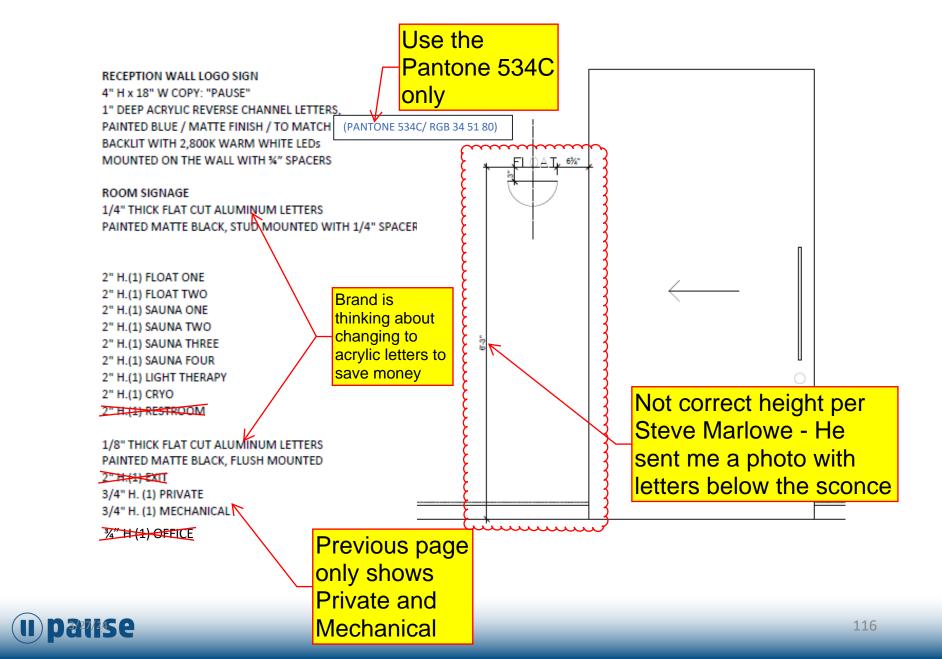
1/8" THICK ALUMINUM LETTERS PAINTED MATTE BLACK DIRECT MOUNT/ NO SPACERS



Most jurisdictions should require the



Brand is thinking about changing to acrylic letters to save money

















Room name lettering should be centered line to line